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Acknowledgements

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Coming up on September

White butterflies, with single black fingerpaint eyes on their wings, dart and settle, eddy and mate over the green tangle of vines in Labor Day morning steam

The year grinds into ripeness and rot, grapes darkening, pears yellowing, the first Virginia creeper twining crimson, the grasses, dry straw to burn.

The New Year rises, beckoning across the umbrellas on the sand.

I begin to reconsider my life.

What is the yield of my impatience? What is the fruit of my resolve?

I turn from my frantic white dance over the jungle of productivity and slowly a niggun slides, cold water down my throat.

I rest on a leaf spotted red.

Now is the time to let the mind search backwards like the raven loosed to see what can feed us. Now, the time to cast the mind forward to chart an aerial map of the months.

The New Year is a great door that stands across the evening and Yom Kippur is the second door. Between them are song and silence, stone and clay pot to be filled from within myself.

I will find there both ripeness and rot, what I have done and undone, what I must let go with the waning days, and what I must take in. With the last tomatoes, we harvest the fruit of our lives.

Marge Piercy

Service for Erev Rosh Hashanah



Candle Lighting

בָּרוּדְ אַתָּה יְהֹנָה אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם, אֲשֶׁר קִדְשְׁנוּ בְּמִצְוֹתָיו, וְצִוְנוּ לְהַדְלִיק נֵר (שֵׁל שַׁבָּת) וְשֵׁל יוֹם טוֹב.

Baruch atah Adonai Eloheinu melech ha'olam, asher kidshanu b'mitzvotav v'tzivanu l'hadlik ner (shel Shabbat v') shel Yom Tov.

Blessed are You, Adonai our God, Ruler of the Universe, who makes our lives sacred with commandments and bids us to kindle the light of (the Sabbath and) the holiday.

Shehecheyanu

ּנְבֶרֶךְ אֶת מַעְיָן חַיֵינוּ, שֶׁהֶחֶיָנוּ וִקִיּמָנוּ וִהִגִּיעַנוּ לַזִּמֵן הַזֵּה.

N'varech et ma'ayan chayeinu,

N'varech et ma'ayan chayeinu, Shehecheyanu v'kiy'manu v'higiyanu lazman hazeh, Shehecheyanu v'kiy'manu v'higiyanu lazman hazeh.

Let us bless the wellspring of life, Who has given us life, sustained us and brought us to this season.

Music: Linda Hirschhorn Words: Marcia Falk

Barchu, Dear One

Barchu, Dear One, Shechina, Holy Name When I call on the light of my soul, I come home.

Barchu - Call to Prayer

בַּרְכוּ אֶת יְהֹנָה הַמְבֹּרָדְ

Leader: Barchu et Adonai ham'vorach

Bless the Eternal, the Source of all Blessing.

בָּרוּךְ יְהֹנָה הַמְּבֹרָךְ לְעוֹלָם וָעֶד

All: Baruch Adonai ham'vorach le'olam va'ed

Blessed is the Eternal, the Source of all Blessing, forever.

בָּרוּךְ יִהֹנָה הַמִּבֹרָךְ לִעוֹלָם וָעֵד.

Leader: Baruch Adonai ham'vorach le'olam va'ed

Blessed is the Eternal, the Source of all Blessing, forever.

Praying the Sunset Prayer

I'll let you in on a secret

about how one should pray the sunset prayer.

It's a juicy bit of praying,

like strolling on grass,

nobody's chasing you, nobody hurries you.

You walk toward your Creator

with gifts in pure, empty hands.

The words are golden

their meaning is transparent,

it's as though you're saying them

for the first time.

If you don't catch on

that you should feel a little elevated,

you're not praying the sunset prayer.

The tune is sheer simplicity,

you're just lending a helping hand

to the sinking day.

It's a heavy responsibility.

You take a created day

and you slip it

into the archive of life,

where all our lived-out days are lying together.

The day is departing with a quiet kiss.

It lies open at your feet

while you stand saying the blessings.

You can't create anything yourself, but you

can lead the day to its end and see

clearly the smile of its going down.

See how whole it all is,

not diminished for a second,

how you age with the days

that keep dawning,

how you bring your lived-out day

as a gift to eternity.

Jacob Glatstein (Translated from Yiddish by Ruth Whitman)

Ma'ariv Aravim

בַּרוּךְ אַתָּה יָהוָה, הַפַּעֵרִיב עַרָבִים.

Baruch atah Adonai hama'ariv aravim.

Blessed are You, Adonai, who brings on evening.

Ahavat Olam: We are Loved

We are loved by an unending love. We are embraced by arms that find us even when we are hidden from ourselves.

We are touched by fingers that soothe us even when we are too proud for soothing. We are counseled by voices that guide us even when we are too embittered to hear.

We are loved by an unending love.

We are supported by hands that uplift us even in the midst of a fall.

We are urged on by eyes that meet us
even when we are too weak for meeting.

We are loved by an unending love.

Embraced, touched, soothed, and counseled, ours are the arms, the fingers, the voices; ours are the hands, the eyes, the smiles; We are loved by an unending love.

Rabbi Rami Shapiro

Shema

שְׁמַע יִשְּׁרָאֵל, יְהֹנָה אֱלֹהֵינוּ, יְהֹנָה אֱחָד.

Shema Yisrael, Adonai Eloheinu, Adonai echad.

Listen, Israel - the Eternal is God, the Eternal is one.

בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד.

Baruch sheim k'vod malchuto le'olam va'ed.

Blessed is the name and glory of God's realm, forever.

ּוְאָהַבְתָּ אֵת יְהֹנָה אֱלֹהֶידְּ, בְּכָל לְבָבְדְּ, וּבְכָל נַפְשְׁדְּ, וּבְכָל מְאֹדֶדְ. וְהָיוּ הַדְּבָרִים הָאֵלֶּה, אֲשֶׁר אָנֹכִי מְצַוְּדְּ הַיּוֹם, עַל לְבָבֶדְ. וְשִׁנַּנְתָּם לְבָנֵידְּ, ְוְדַבֵּּרְתָּ בָּם, בְּשִׁבְתִּךְּ בְּבֵיתֶךְ, וּבְלֶכְתְּךְ בַדֶּרֶךְ, וּבְשָׁכְבְּךְּ, וּבְקוּמֶךּ. וּקְשַׁרְתָּם לְאוֹת עַל יָדֶךְ, וְהָיוּ לְטֹטָפֹת בֵּין עִינֶיךְ. וּכְתַבְתָּם עַל מְזֻזוֹת בֵּיתֶךְ וּבִשְּׁעָרֵיךְ.

V'ahavta eit Adonai Elohecha b'chol l'vavcha uv'chol nafshecha uv'chol me'odecha. Vhayu had'varim ha'eileh asher anochi m'tzavcha hayom al l'vavecha. V'shinantam l'vanecha v'dibarta bam b'shivtecha b'veitecha uv'lechtecha vaderech uv'shochbecha uvekumecha. Uk'shartam le'ot al yadecha v'hayu l'totafot bein einecha. Uch'tavtam al mezuzot beitecha uvisharecha.

Love your God with every heartbeat
with every breath,
with every conscious act.
Keep in mind the words I command you today.
Teach them to your children,
talk about them at work;
whether you are tired or you are rested.

Let them guide the work of your hands; keep them in the forefront of your vision.

Do not leave them at the doorway of your house, or outside your gate.

They are reminders to do all of My mitzvot, so that you can be holy for God.

I am Adonai your God.

I led you out of Egypt to become your God.

I am Adonai your God!

Mi Chamocha

מִי כָמַכָה בָּאֵלִם יִהֹוָה, מִי כָּמַכָה נֵאָדָר בַּקֹדֵשׁ, נוֹרָא תִהִלֹת, עְשֵׁה פֶּלֵא.

Mi chamocha ba'eilim Adonai. Mi kamocha nedar bakodesh. Nora tehilot osei feleh.

> ַמַלְכוּתְדְּ רָאוּ בָנֶידְּ, בּוֹקֵעַ יָם לִפְנֵי מֹשֶׁה, זֶה אֵלִי עָנוּ וְאָמְרוּ: יִהֹוָה יִמְלוֹדְּ לִעוֹלַם וַעֵד.

Malchutecha ra'u vanecha bokea yam lifnei Moshe uMiryam, zeh Eli anu v'amru: Adonai yimloch l'olam va'ed.

Who is like You, O God, among the gods that are worshipped? Who is like You, majestic in holiness, awesome in splendor, working wonders?

Your children witnessed Your sovereignty, the sea splitting before Moses and Miriam. "This is our God!" they cried out, "Adonai will reign forever!"

Ufros Aleynu וּפָרוֹשׁ עַלֵינוּ סְכַּת שָׁלוֹמֵדּ

*Ufros Aleynu Sukkat Shlomecha*Spread over us your canopy of peace

Amidah

אַדנָי שְפָתַי תִּפְתָּח וֹפִי יַגִּיד תְּהַלֶּתֶךּ

Adonai sefatai tiftach, ufi yagid tehilatecha.

Open my lips, Eternal One, and let my mouth declare Your praise.

בָּרוּדְּ אַתָּה יְהֹנָה אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וְאִמוֹתֵינוּ, אֱלֹהֵי אַבְּרָהָם אֱלֹהֵי יִצְחָק וֵאלֹהֵי יַצְקֹב,אֱלֹהֵי שָׁרָה, אֱלֹהֵי רִבְקָה, אֱלֹהֵי רָחֵל, ואֱלֹהֵי לֵאָה. הָאֵל הַנָּדוֹל הַנִּבּוֹר וְהַנּוֹרָא אֵל עֶלְיוֹן גּוֹמֵל חֲסָדִים טוֹבִים וְקוֹנֵה הַכֹּל וְזוֹכֵר חַסְדֵי אָבוֹת וִאִפָּהוֹת וּמֵבִיא נִּאֻלָּה לִבְנֵי בִנֵיהֵם לִמַעַן שִׁמוֹ בָּאַהֵבָה:

Baruch atah Adonai, Eloheinu vEilohei avoteinu v'imoteinu, Elohei Avraham, Elohei Yitzchak, vEilohei Yaakov; Elohei Sarah, Elohei Rivka, Elohei Rachel, vEilohei Leah. Ha'Eil hagadol hagibor v'hanora, Eil elyon, gomeil chasadim tovim, v'konei hakol, v'zocher chasdei avot v'imahot, umeivi ge'ulah livnei v'neihem l'ma'an sh'mo b'ahavah.

Blessed are You, Adonai our God and God of our ancestors; God of Abraham, God of Isaac and God of Jacob; God of Sarah, God of Rebecca, God of Rachel and God of Leah. God the great, the mighty and the awesome, God on high, who rewards righteous goodness, maker of all, who remembers the righteousness of our ancestors and brings redemption before them, for the sake of Your name, in love.

Zochreinu l'chayim, melech chafeitz ba'chayim, v'chatveinu b'seifer hachayim l'man'cha Elohim chayim.

Remember us for life, Sovereign who wishes us to live. Write us in the Book of Life for Your sake, Eternal God.

ָמֶלֶדְ עוֹזֵר וּמוֹשִׁיעַ וּמָגֵן: בָּרוּדְ אַתָּה יְהֹוָה מָגֵן אַבְּרָהָם וְעֶזְרַת שָּׁרָה.

Melech ozer umoshi'ah umagein. Baruch atah Adonai, magein Avraham v'ezrat Sarah. Sovereign, helper, deliverer and guardian, blessed are You Adonai, shield of Abraham, helper of Sarah.

אַתָּה גִּבּוֹר לְעוֹלָם אֲדֹנָי מְחֵיֶה הַכֹּל אַתָּה רַב לְהוֹשִׁיעַ: מוֹריִד הֲטַל מְכַלְכֵּל חַיִּים בְּחֶסֶד מְחַיֵּה מֵתִים בְּרַחֲמִים רַבִּים סוֹמֵךְ נוֹפְלִים וְרוֹפֵּא חוֹלִים וּמַתִּיר אֲסוּרִים וּמְקַיֵּם אֱמוּנָתוֹ לִישֵׁנֵי עָפָר, מִי כָמְוֹךְּ בַּעַל גְּבוּרוֹת וּמִי דְּוֹמֶה לָּךְ מֶלֶךְ מֵמִית וּמְחַיֶּה וּמַצְמִיחַ יְשׁוּעָה

Atah gibor l'olam Adonai, m'chayei hakol Atah rav l'hoshia. Morid ha'tal. M'chalkeil chayim b'chesed, m'chayei hakol b'rachamim rabim, someich noflim v'rofei cholim, umatir asurim, um'kayeim emunato lisheinei afar. Mi chamocha ba'al g'vurot umi domeh lach melech meimit um'chayeh umatzmi'ach y'shuah.

You are forever powerful, Almighty One, abundant in Your saving acts. You send down the dew. In loyalty, You sustain the living, nurturing the life of every thing, upholding those who fall, healing the sick, freeing the captive and remaining faithful to all life held dormant on the earth. Who can compare to You, Almighty God? Who can compare to You, source of all mercy, remembering all creatures mercifully, decreeing life. Faithful are You in giving life to every living thing.

מִי כָמְוֹךָּ אַב הָרַחֲמִים זוֹכֵר יִצוּרָיו לְחַיִּים בְּרַחֲמִים

Mi chamocha av harachamim, zocher y'tzurav l'chayim b'rachamim;
Who is like You, merciful parent, who remembers God's creatures for life with mercy?

וְגֵאֵמֵן אַתַּה לְהַחֵיות הַכֹּל. בַּרוּדְ אַתַּה יְהוָה מְחַיֵּה הַכֹּל.

V'ne'eman atah lehachayot hakol. Baruch atah Adonai m'chayei hakol. Blessed are You, the fountain of life, who gives and renews life.

אַתָּה קָדוֹשׁ וְשִׁמְדּ קָדוֹשׁ וּקְדוֹשִׁים בְּכָל יוֹם יְהַלְלְוּדְּ סֶּלָה. בָּרוּדְ אַתָּה יִהֹוָה הַמֵּלֵדְ הַקַּדוֹשׁ.

Atah kadosh v'shimcha kadosh u'kedoshim b'chol yom yehalelucha selah. Baruch atah Adonai ha'melech hakadosh.

Holy are You. Your name is holy. And all holy beings hail you each day.

(On Shabbat, include the words in parenthesis)

אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וְאִמוֹתֵינוּ (רְצֵה בִמְנוּחָתֵנוּ) קַדְּשִׁנוּ בְּמִצְוֹתֶיךּ וְתֵן חֶלְקֵנוּ בְּתוֹרָתֶדּ, שַּבְּעֵנוּ מִטּוּבֶדְּ וְשַׂמְּחֵנוּ בִּישׁוּעָתֶדְּ וְטַהֵּר לִבְּנוּ לְעָבְדְּדְּ בָּצֵמֶת (וְהַנְּחִילֵנוּ יְהֹוָה אֱלֹהֵינוּ בְּאַהֲבָה וּבְרָצוֹן שַׁבַּת קַדְשֶׁדְּ וְיָנְוּחוּ בוֹ יִשְּׁרָאֵל מְקַדְּשֵׁי שְׁמֶדְּ) כִּי אַתָּה אֱלֹהִים אֱמֶת וּדְבָרְדְּ אֱמֶת וְקַיָּם לָעִד. בָּרוּדְ אַתָּה יְהֹוָה מֶלֶדְ עַל כָּל הָאֶרֶץ, מְקַדֵּשׁ (הַשַּׁבָּת וְ) יִשְּׂרָאֵל וְיוֹם הַזּּכֵּרוֹן. Eloheinu vei'elohei avoteinu v'imoteinu, (r'tzei vimnuchateinu). Kad'sheinu b'mitzvotecha, v'tein chelkeinu b'toratecha. Sab'einu mituvecha, v'sam'cheinu bishuatecha. V'taheir libeinu l'avd'cha be'emet (v'hanchileinu, Adonai Eloheinu, b'ahavah uv'ratson Shabbat kadshecha, v'yanuchu vo Yisrael m'kad'shei sh'mecha), ki atah Elohim emet ud'varcha emet v'kayam la'ad. Baruch atah Adonai, m'kadesh (haShabat v')Yisrael v'Yom HaZikaron.

Our God, God of our ancestors, (take pleasure in our rest), enable us to realize holiness through Your commandments, give us our portion in your Torah, let us enjoy the good things of Your world, and gladden us with your salvation. Refine our hearts to serve You truthfully (and help us to perpetuate, Eternal One, our God, with love and with desire, Your holy Shabbat, and may all your people Israel, and all who treat Your name as holy, find rest and peace on this day), for You are a God of truth, and Your word is truthful and endures forever. Blessed are You, Eternal One, the sovereign power over all the earth, who raises up to holiness (Shabbat) the people Israel and the Day of Remembrance.

רְצֵה יְהֹנָה אֱלֹחֵינוּ בְּעַמְּךּ יִשְּׂרָאֵל וּתְפִּלֶּתָם בְּאַהֲבָה תְּקַבֵּל בְּרָצוֹן וּתְהִי לְרָצוֹן תָּמִיד עֲבוֹדַת יִשְׂרָאֵל עַמֶּך: אֵל קָרוֹב לְכֹל קֹרְאָיו פְּנֵה אֶל עֲבדֶיךּ וְחָנֵנוּ שְׁפוֹדְ רוּחִדְּ עַלִינוּ.

Retzei adonai eloheinu b'amcha yisrael u'tefilatam b'ahavah tekabeil b'ratzon u'tehi l'ratzon tamid avodat yisrael amecha. Eil karov l'chol korav p'nei el avdecha v'chonenu shefoch ruchacha aleinu.

Be pleased, Adonai our God, with Your people Israel and accept our prayer in love, and may You find pleasure always in our worship. God who is near all who call, turn toward us and be gracious to us by sending Your spirit to us.

מוֹדִים אֲנַחְנוּ לָךְ שָׁאַתָּה הוּא יְהֹנָה אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וְאִמוֹתֵינוּ לְעוֹלָם מוֹדִים אֲנַחְנוּ לָךְ שָׁאַנוּ אַתָּה הוּא לְדוֹר וָדוֹר: נוֹדֶה לְּךְ וּנְסַפֵּר תְּהַלֶּתֶךְ עַל חַיְּינוּ הַמְּסוּרִים בְּיָדֶךְ וְעַל נִשְׁמוֹתֵינוּ הַפְּקוּדוֹת לָדְ וְעַל נִפֶּיךְ שֶׁבְּכָל יוֹם עִמְנוּ חַיְּינוּ הַפְּקוּדוֹת לָדְ וְעַל נִפְּיך שָׁבְּכָל יוֹם עִמְנוּ וְעַל נִפְּלְאוֹתֵיךְ וְטוֹבוֹתֶיךְ שֶׁבְּכָל עִת, עֻרֶב וְבְּקֶר וְצָהְרָיִם, הַטּוֹב כִּי לֹא כָלוּ רְעַל נִפְּלְאוֹתֶיךְ וְטוֹבוֹתְיךְ שָׁבִּי לְא תַמּוּ חֲסָדֶיְדְ, מֵעוֹלָם קוּינוּ לָדְ: וְעַל כָּלָם יִתְבָּרַךְ וְיִתְרוֹמֵם שִׁמְךְ מֵלְכָּנוּ תָּמִיד לְעוֹלָם וָעֶד: וּכְתוֹב לְחַיִּים טוֹבִים כָּל בְּנֵי בְרִיתֶדְּ: וְלֵל הַחַיִּים יוֹדְוּךְ מֶלָה וִיהַלְלוּ אֶת שִׁמְדְּ בֶּאֲמֶת הָאֵל יְשׁוּעְתֵנוּ וְעֻזְרָתֵנוּ מֻלָּה: בְּרוּךְ אַתָּה יְהֹוָה הַטּוֹב שִׁמְךְ וּלְךְּ נָאֶה לְהוֹדוֹת:

Modim anachnu lach, she'Atah hu Adonay Eloheinu vei'Elohei avoteinu v'imoteinu, l'olam va'ed. Tzur chayeinu, magein yish'einu, Atah hu l'dor vador. Nodeh l'cha u'nsappeir t'hilatecha, al chayeinu ham'surim, b'yadecha, v'al nishmoteinu, hap'kudot lach, v'al nissecha, sheb'chol yom immanu, v'al nifl'otecha v'tovotecha sheb'chol eit: erev vavoker, v'tzohorayim. Hatov ki lo chalu rachamecha. v'ham'racheim ki lo tamu chasadecha; mei'olam kivinu lach.

V'al kulam yitbarach v'yitromam shimcha, Malkeinu, tamid l'olam va'ed. Uch'tov l'chayim tovim kol b'nei v'ritecha. V'chol hachayim yoducha selah. Vihal'lu et Shimcha be'emet: HaEil y'shu'ateinu, v'ezrateinu selah. Baruch Atah, Adonai, hatov Shimcha; ul'cha na'eh l'hodot.

You are our God today as You were our ancestors' God throughout the ages; firm foundation of our lives, we are Yours in gratitude and love. Our lives are safe in Your hand, our souls entrusted to Your care. Our sense of wonder at Your miracles and kindness greet You daily at dawn, at dusk, and throughout the day.

For all these things, Your name is blessed and raised in honor always, Sovereign of ours, forever. Write down for a good life all the people of Your covenant. Let all of life acknowledge You. May all beings praise Your name in truth. O God, our rescuer and aid, blessed are You, whose name is good, to whom all thanks are due.

שָׁלוֹם רָב עַל יִשרָאֵל עַמְּךּ תָּשִים לְעוֹלֶם כִּי אַתָּה הוּא מֶלֶךְ אָדוֹן לְכָל הַשָּׁלום. וְטוֹב בְּעִינֶיךּ וּלְבָרֵךְ אֶת עַמְּדְּ יִשרָאֵל בְּכָל עֵת וּבְכָל שָׁעָה בִּשִּׁלוֹמֵךָ.

Shalom rav al Yisrael amcha tasim l'olam Ki Atah hu melech adon l'chol hashalom

V'tov b'einecha l'vareich et amcha Yisrael b'chol eit uv'chol sha'ah bishlomecha

Grant abundant peace eternally for Israel, Your people, for You are the sovereign source of all peace. So, may it be a good thing in your eyes to bless Your people Israel, and all who dwell on earth, in every time and hour, with Your peace.

בְּמֵפֶר חַיִּים בְּרָכָה וְשָׁלוֹם וּפַּרְנָסָה טוֹבָה נִזָּכֵר וְנִכָּתֵב לְפָנֵיךּ אֲנַחְנוּ וְכָל עַמִּךְ בֵּית יִשִּׁרָאֵל לְחַיִּים טוֹבִים וּלְשָׁלוֹם: בַּרוּךְ אַתָּה יִהֹוָה עֹשֵׁה הַשָּׁלוֹם.

B'seifer chayim berachah v'shalom u'farnasah tovah nizacher v'nikateiv lefanecha. Anachnu v'chol amecha beit yisrael l'chayim tovim ul'shalom. Baruch atah adonai oseh hashalom.

In the Book of Life, with blessing, peace and proper sustenance, may we be remembered and inscribed, we the house of Israel and all Your people, for a good life and for peace. Blessed are You, Compassionate One, maker of peace.

אֶלוֹהַי, נְצוֹר לְשׁוֹנִי מֵרָע וּשְּׁפָתַי מִדַּבֵּר מִרְמָה וְלִמְקַלְלֵי נַפְשִׁי תִדּוֹם. וְנַפְשִׁי כֶּעָפָּר לַכּל תִּהְיֶה. פְּתַח לִבִּי בְּתוֹרָתֶדְ וּבְמִצְוֹתֶידְ תִּרְדּוֹף נַפְשִׁי. וְכָל הַחוֹשְׁבִים עָלֵי רָעָה. מְהֵרָה הָפֵּר עֲצָתָם וְקַלְקֵל מֵחֲשַׁבְתָּם: עֲשֵׂה לְמַעַן שְׁמֶדְּ. עֲשֵׂה לְמַעַן יְמִינֶדְ. עֲשֵׂה לְמַעַן קְדֻשְּׁתֶדְ. עֲשֵׂה לְמַעַן תּוֹרָתֶדְ. לְמַעַן יִחְלְצוּן יְדִידֶידְ הוֹשִׁיעָה יְמִינְדְּ וַעֲנֵנִי: יִהְיוּ לְרָצוֹן אִמְרֵי פִי וְהָגְיוֹן לִבִּי לְפָנֶיךְ. יְהֹוָה צוּרִי וְגוֹאֲלִי: Elohai, n'tzor l'shoni meira usfatai midaber mirmah. V'lim'kal'lai nafshi tidom. V'nafshi ke'afar la'kol tihyeh. P'tach libi b'toratecha. Uv'mitzvotecha tirdof nafshi. V'chol hachoshvim alai ra'ah, m'heirah hafer atzatam v'kalkeil machashav'tam. Asei l'ma'an sh'mecha. Asei l'ma'an y'minecha. Asei l'ma'an kedushatecha. Asei l'ma'an toratecha. L'ma'an yeichaltzun y'didecha hoshi'ah y'mincha va'aneini. Yihyu l'ratzon imrei fi, v'hegyon libi l'fanecha, Adonai tzuri v'go'ali.

Dear God, protect my tongue from evil, and my lips from telling lies. May I turn away from evil and do what is good in your sight. Let me be counted among those who seek peace. May my words of prayer and my heart's meditation be seen favorably, Beloved One, my rock and my redeemer.

עוֹשֶׂה שָׁלוֹם בִּמְרוֹמִיו הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל וְעַל כָּל יוֹשְׁבֵי תָבֵל וָאָמָרוּ אַמֵּו

Oseh shalom bimromav. Hu ya'aseh shalom aleinu v'al kol Yisrael v'al kol yoshvei teiveil. V'imru: Amen.

May the One who creates harmony on high, bring peace to us and to all Israel and to all .who dwell on earth. To which we say: Amen

Tiku Shofar - Announcing Rosh Hashanah

תִּקְעוּ בַּחְדֶשׁ שׁוֹפָר, בַּכֶּסֶה לְיוֹם חַגְּנוּ. כִּי חֹק לְיִשְׂרָאֵל הוּא, מִשְׁפָּט לאלהי יעקב.

Tiku vachodesh shofar bakeseh leyom chageinu Ki chok l'yisrael hu mishpat lelohei Ya'akov

Blast piercing notes upon the shofar for the New Moon, for the full moon, for our festive holiday. For it is Israel's law, a statute of the God of Jacob.

בָּרוּךְ אַתָּה יְהֹוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשְׁנוּ בְּמִצְוֹתָיו וְצִוְּנוּ לִשְׁמְעַ קוֹל שׁוֹפָר:

Baruch ata adonai, eloheinu melech ha'olam, asher kidshanu b'mitzvotav v'tzivanu lishmoa kol shofar.

Blessed are you, Eternal One our God, the sovereign of all worlds, who raises us to holiness with your mitzvot and has commanded us to hear the shofar sound.

תַּקִיעַה. שָבַרִים.תִּרוּעַה. תִּקִיעַה

T'KIYAH - SHEVARIM T'RU'AH - T'KIYAH

תִּקִיעָה.שְׁבָּרִים. תִּקִיעָה

T'KIYAH - SHEVARIM - T'KIYAH

תִּקִיעָה. תִּרוּעָה. תִּקִיעָה

T'KIYAH - T'RU'AH - T'KIYAH

תָּקִיעָה. תָּרוּעָה. תָּקִיעָה גְּדוּלָה

T'KIYAH - T'RU'AH - T'KIYAH G'DOLA

אֲרֶשֶׁת שְּׁפָתֵינוּ יֶעֶרַב לְפָנֶיךּ אֵל רָם וְנִשָּׁא. מֵבִין וּמַאֲזִין מַבִּיט וּמַקְשִׁיב לְקוֹל תְּקִיעָתֵנוּ, וּתְקַבֵּל בְּרַחֲמִים וּבְרָצוֹן סֵדֶר שׁוֹפְרוֹתֵינוּ:

Areshet s'fateinu ye'erav lefanecha, eil ram v'nisah Areshet s'fateinu ye'erav lefanecha, eil ram v'nisah Meivin uma'azin, mabit umakshiv lekol tekiyateinu Ut'kabel b'rachamim uv'ratzon seider shofroteinu.

May the prayers of our lips be pleasing to You, O exalted God, who hears our shofar sounds. May You lovingly accept our recitation of Shofarot.

מָן הַמֵּצַר קָּרָאתִי יָהּ עָנָנִי בַּמֶּרְחַב יָהּ

Min hametzar karati yah, anani bamirchav yah.

From the narrow place I called out to Yah, who answers me from an open place.

Aleinu

עָלֵינוּ לְשַׁבֶּחַ לַאֲדוֹן הַכֹּל לָתֵת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית שֶׁכֹּא עָשְׂנוּ כְּגוֹיֵי הָאֲרָצוֹת וְלֹא שָׁמָנוּ כְּמִשְׁפְּחוֹת הָאֲדָמָה שֶׁלֹא שָׁם חֶלְקֵנוּ כָּהֶם וְגוֹרָלֵנוּ כְּכָל הֲמוֹנָם:

Aleinu l'shabei'ach la'adon hakol, la'teit gedulah l'yotser b'reishit, Shelo asanu k'goyei ha-aratzot, v'lo samanu k'mishpachot ha'adamah. Shelo sam chelkeinu kahem v'goraleinu k'chol hamonam.

It is ours to praise the beauty of the world, even as we discern its tatteredness. For nothing is whole that is not first rent and out of the torn we make whole again. May we live with promise in creation's lap, redemption budding in our hands. It is up to us to hallow creation, to respond to Life with the fullness of our lives. It is up to us to meet the world, to embrace the whole even as we wrestle with its parts.

Interpretive translation by Marcia Falk

וַאֲנַחְנוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים לִפְנֵי מֶלֶךְ מַלְכֵי הַמְּלָכִים הַקְּדוֹשׁ בַּרוּךְ הוּא

Va'anachnu korim umishtachavim umodim, lifnei melech, malchei hamlachim, hakadosh baruch hu.

Therefore we bend the knee and shake off the stiffness that keeps us from the subtle graces of life and the supple gestures of love. With reverence and thanksgiving we accept our destiny and set for ourselves the task of redemption.

Interpretive translation by Rabbi Rami Shapiro

שֶׁהוּא נוֹטֶה שָׁמֵיִם וְיוֹסֵד אָרֶץ, וּמוֹשֵׁב יְקָרוֹ בַּשָּׁמֵיִם מִמֵּעַל, וּשְׁכִינַת עֻזּוֹ בְּגָבְהֵי מְרוֹמִים, הוּא אֱלֹהֵינוּ אֵין עוֹד, אֱמֶת מַלְכֵּנוּ אֱפֶּס זוּלָתוֹ כַּכָּתוּב בְּתוֹרָתוֹ וְיָדַעְתָּ הַיּוֹם וַהֲשֵׁבֹתָ אֶל לְבָבֶךְ כִּי יְהֹוָה הוּא הָאֱלֹהִים בַּשְּׁמֵיִם מִמֵּעַל וְעַל הָאֶרֶץ מִתְּחַת אֵין עוֹד:

Shehu noteh shamayim v'yoseid aretz, umoshav y'karo bashamayim mima-al Ush'chinat uzo b'gavhei meromim. Hu eloheinu ein od. Emet malkeinu efes zulato Kaka'tuv b'torato v'yadatah hayom v'hasheivota el l'vavecha, Ki Adonai hu ha'elohim bashamayim mima'al v'al ha'aretz mitachat ein od.

[The One] who stretched out the heavens and founded the earth, whose realm embraces heaven's heights, whose mighty presence stalks celestial ramparts. This is our God; there is none else besides, as it is written in the Torah: "You shall know this day, and bring it home inside your heart, that Adonai is God in the heavens above and on the earth below. There is no other God."

וְגֶאֱמֵר וְהָיָה יְהֹוָה לְמֶלֶךְ עַל כָּל הָאֶרֶץ בַּיּוֹם הַהוּא יִהְיֶה יְהֹוָה אֶחָד וּשִׁמוֹ אֶחַד:

V'ne'emar, v'haya Adonai l'melech al kol ha'aretz. Bayom hahu, yihiyeh Adonai echad, u'shmo echad.

And it is written: "Adonai will reign as sovereign over all the earth. On that day shall Adonai be one, God's name be one!"

Mourners Kaddish

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא בְּעָלְמָא דִּי בְרָא כִרְעוּתֵהּ וְיַמְלִידְ מַלְכוּתֵהּ בְּחַיֵּיכוֹן וּבִיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְּׁרָאֵל, בַּעֲנָלָא וּבִזְמַן קָרִיב וְאִמְרוּ אָמֵן

יָהֶא שְׁמֶה רַבָּא מִבָּרַדְּ לְעָלַם וּלְעָלְמֵי עַלְמֵיָא:

יִתְבָּרַדְּ וְיִשְׁתַּבַּח וְיִתְפָּאַר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלֶּל שְׁמֵהּ דְקוּדְשָׁא, בְּרִידְ הוּא לְעָלָּא וּלְעָלָּא מִכָּל בִּרְכָתָא וְשִׁירָתָא, תֻּשְׁבְּחָתָא וְנֶחֱמָתָא, דַּאֲמִירָן בְּעָלְמָא, וְאִמְרוּ אָמֵן:

יָהֶא שָׁלַמָא רַבַּא מִן שְׁמַיָּא וְחַיִּים עַלֵּינוּ וְעַל כַּל יִשְׁרָאֵל וְאָמְרוּ אַמֶן:

עוֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל וְעַל כָּל יוֹשְׁבֵי תַבָּל וָאָמָרוּ אָמֵן

Yitgadal v'yitkadash sh'mei rabah. B'alma d'vra chirutei v'yamlich malchutei, b'chayeichon uv'yomeichon uv'chaiyei d'chol beit Yisrael ba'agalah uviz'man kariv. V'imru: Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei almaya.

Yitbarach v'yishtabach v'yitpa'ar v'yitromam v'yitnasei, v'yit'hadar v'yitaleh v'yithalal shemei d'Kudsha B'rich hu. Le'eila min mikol birchata v'shirata, tushb'chata v'nechemata da'amiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol Yisrael. V'imru: Amen.

Oseh shalom bimromav. Hu ya'aseh shalom aleinu v'al kol Yisrael v'al kol yoshvei teiveil. V'imru: Amen.

Exalted and hallowed be God's great name in the world which God created, according to plan.

May God's majesty be revealed in the days of our lifetime and the life of all Israel – speedily, imminently. To which we say: Amen.

Blessed be God's great name to all eternity.

Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort. To which we say: Amen.

May there be abundant peace from heaven, and life, for us and all Israel. To which we say: Amen.

May the One who creates harmony on high, bring peace to us and to all Israel and to all who dwell on earth. To which we say: Amen.

Oseh Shalom

עוֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל וְעַל כָּל יוֹשָׁבֵי תֵבֵל וְאָמָרוּ אָמֵן

Oseh shalom bimromav. Hu ya'aseh shalom aleinu v'al kol Yisrael v'al kol yoshvei teiveil. V'imru: Amen.

May the One who creates harmony on high, bring peace to us and to all Israel and to all who dwell on earth. To which we say: Amen.

Olam Chesed Yibaneh

Olam Chesed Yibaneh, ya da dai dai dai, ya da dai dai (4x)

We must build this world from love (justice, peace), ya da dai dai di, ya da dai dai (2x)

We will build this world from love (justice, peace), ya da dai dai dai, ya da dai dai (2x)

לְשָׁנָה טוֹבָה תִּכָּתֵבוּ וְתִחָתֵמוּ

L'shana tova tikateivu v'teichateimu!

May a good year be written and sealed for you!

V'shamru

ְוְשָׁמְר,וּ בְנֵי־יִשְּׁרָאֵל אֶת־הַשַּׁבָּת לַעֲשֹּוְת אֶת־הַשַּׁבָּת לְדֹרֹתָם בְּרִית עוֹלֶםּ:בֵּינִי וּבֵין בְּנֵי יִשְׂרָאֵל אוֹת הָוָא לְעֹלֶם כִּי־שֵׁנֶשֶׁת יָמִים עָשָׂה יְהנָה אֶת־הַשָּׁמַיִם וְאֶת־הָאָּרֶץ וּבַיּוֹם הַשְׁבִיעִי שָׁבַת וַיִּנָּפָשׁ

V'shamru v'nei Yisrael et HaShabbat, laasot et HaShabbat l'dorotam b'rit olam. Beini u'vein b'nei Yisrael ot hi l'olam, ki sheishet yamim asah Adonai et hashamayim v'et haaretz, u'vayom hashvi-i shavat vayinafash.

The people of Israel shall keep Shabbat, observing Shabbat throughout the ages as a covenant for all time. It is a sign for all time between Me and the people of Israel. For in six days Adonai made heaven and earth, and on the seventh day God ceased from work and was refreshed.

Kiddush

בָּרוּדְ אַתָּה, יְיָ, אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם, בּוֹרֵא פְּרִי הַנְּפֶּן. בָּרוּדְ אַתָּה, יְיָ, אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם, בְּוֹרֵא פְּרִי הַנְּפֶּן. בָּרוּדְ אַתָּה, יְיָ, אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם, אֲשֶׁר קְרָאָנוּ לַעֲבוֹדְתוֹ וְרוֹמְמֶנוּ בִּקְדֻשְׁתוֹ, וְקִדְּשְׁנוּ בְּמִצְוֹתִיוּ. וַתִּתֶּן־לְנוּ, יְיָ אֱלֹהֵינוּ, בְּאַהֲבָה אֶת [יוֹם הַשַּׁבָּת הַיֶּה וְאֶת יוֹם] הַיִּכְּרוֹן הַאֶּה, יוֹם [זְּכְרוֹן] תְּרוּעָה [בְּאַהֲבָה], מִקְרָא קֹדֶשׁ, זְכֶר לִיצִיאַת מִצְרָיִם. כִּי אֵלֵינוּ קַרָאת, וְאוֹתְנוּ קדִשְׁתְּ לַעֲבוֹדְתֶדְ, וּדְבָרְךְ אֱמֶת וְקַיָּם לָעַד. בָּרוּךְ אַתָּה, יְיָ, מֶלֶךְ עַל כָּל הָאָרֶץ, מְקַדֵּשׁ [הַשַּׁבָּת לַוִינוּם הַוִּבְּרָך.

Baruch atah, Adonai, Eloheinu melech haolam, borei p'ri hagafen. Baruch atah, Adonai, Eloheinu melech haolam, asher kera'anu la'avodato, v'rom'manu bikdushato, v'kid'shanu b'mitzvotav. Vatiten-lanu, Adonai Eloheinu, b'ahavah et Yom [haShabbat hazeh v'et Yom] HaZikaron hazeh: yom [zichron] t'ruah [b'ahavah], mikra-kodesh, zeicher litziat Mitzrayim. Ki eleynu karata v'otanu kidashta la'avodatecha; udvar'cha emet v'kayam laad. Baruch atah, Adonai, melech al kol haaretz, m'kadeish [haShabbat v'] Yisrael v'Yom HaZikaron.

Blessed are you, the Boundless One, our God, the sovereign of all worlds, who creates the fruit of the vine. Blessed are you, the Holy One, our God, the sovereign of all worlds, who has called us to your service and made us holy with your mitzvot, and given us, Kind One, our God, in love this day of (the Shabbat, and of) remembering, a day for (calling to mind) the sounding of the shofar (with love), a holy convocation, a remembrance of the going-out from Egypt. For you called to us and made us holy for your service, and your word is truth and stands forever. Blessed are you, Eternal One, who raises up to holiness (Shabbat,) the people Israel, and the Day of Memory.

HaMotzi

ַבָּרוּךְ אַתָּה יְהֹוָה אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם, הַמּוֹצִיא לֶחֶם מִן הָאָרֶץ.

Baruch atah Adonai Eloheinu melech ha'olam, hamotzi lechem min ha'aretz.

Blessed are You, Adonai our God, sovereign of all, who brings forth bread from the earth.

Apples and Honey

בָּרוּדְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם, בּוֹרֵא פְּרִי הָעֵץ

Baruch atah Adonai, Eloheinu Melech ha'olam, borei pree ha'etz.

Blessed are you, the Bountiful One, sovereign of all worlds, for creating the fruit of the tree.

יְהִי רָצוֹן מִלְּפָנֶיךּ, יְהֹוָה אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וְאִמוֹתֵינוּ , שֶׁתְּחַדֵּשׁ עָלֵינוּ שָׁנָה טוֹבָה וּמְתוּקָה.

Y'hi ratzon milfanecha, Adonai Eloheinu vei'elohei avoteinu v'imoteinu, shet'chadeish aleinu shanah tovah um'tukah.

May it be Your will, Adonai, our God and the God of our ancestors, that You renew for us a good and sweet year.

Service for Rosh Hashanah Morning



Ma Tovu

מַה טבו אהַלֵיך יַעַקב משְׁכְּנֹתֵיךְ יִשְׁרָאֵל

Mah tovu ohalecha Ya'akov, mishkenotecha Yisrael.

How goodly are your tents, O Jacob, your dwelling places, O Israel.

Birchot HaShachar - Morning Blessings

בָּרוּף אַתָּה יְהֹוָה אֱלֹהֵינוּ מֶלֶף הָעוֹלֶם אֲשֶׁר נָתַן לַשֶּׂכְוִי בינה להַבחִין בּין יוֹם וּבין לַילָה

Baruch atah Adonai Eloheinu melech ha'olam asher natan lasechvi vinah l'havchin bein yom uvein lailah.

For the ability to distinguish day from night.

בָּרוּךְ אַתָּה יִהוָה אֱלֹהֵינוּ מֵלֶךְ הָעוֹלֶם רוֹקַע הָאָרֵץ עַל הַמָּיִם:

Baruch atah Adonai Eloheinu melech ha'olam roka ha'aretz al hamayim.

For placing us in an ordered universe.

בַּרודְ אַתַּה יָהוָה אֱלהֵינוּ מֶלֶדְ הַעוֹלֶם פּוֹקֶחַ עוְרִים:

Baruch atah Adonai Eloheinu melech ha'olam pokei'ach ivrim.

For opening our eyes.

בָּרוּדְ אַתָּה יְהֹוָה אֱלֹהִינוּ מֶלֶדְ הָעוֹלָם מַלְבִּישׁ עֲרָמִים:

Baruch atah Adonai Eloheinu melech ha'olam malbish arumim.

For clothing our bodies.

בָּרוּדְ אַתָּה יְהֹוָה אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם מַתִּיר אֲסוּרִים:

Baruch atah Adonai Eloheinu melech ha'olam matir asurim.

For helping us break free when we are bound.

בָּרוּדְ אַתָּה יְהֹוָה אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם זוֹקֵף כְּפוּפִים:

Baruch atah Adonai Eloheinu melech ha'olam zokeif k'fufim.

For helping us rise when we have fallen.

בָּרוּדְ אַתָּה יִהוָה אֱלֹהֵינוּ מֵלֶדְ הַעוֹלֶם הַמֵּכִין מִצְעֲדֵי גָבֵר:

Baruch atah Adonai Eloheinu melech ha'olam hameichin mitzadei gaver.

For guiding us in proper paths.

בָּרוּךְ אַתָּה יִהוָה אֱלֹהֵינוּ מֵלֵךְ הָעוֹלֶם שֵׁעָשָׁה לִי כָּל צָרְכִּי:

Baruch atah Adonai Eloheinu cmelech ha'olam she'asah li kol tzarki.

For enabling us to meet our needs.

בַּרוּדְ אַתַּה יָהוָה אֱלֹהָינוּ מֶלֶדְ הַעוֹלֶם אוֹוֶר יִשְׁרָאֵל בַּגְבוּרַה:

Baruch atah Adonai Eloheinu melech ha'olam ozer Yisrael bigvurah.

For giving our people strength to endure.

בָּרוּךְ אַתָּה יִהוָה אֱלֹהֵינוּ מֵלֶךְ הָעוֹלָם עוֹטֵר יִשְׁרָאֵל בִּתִפְאָרָה:

Baruch atah Adonai Eloheinu melech ha'olam oter Yisrael b'tifarah.

For crowning Israel with splendor.

בָּרוּךְ אַתָּה יִהוָה אֱלֹהֵינוּ מֵלֶךְ הָעוֹלֶם שֵעשַׁנִי בּצַלְמוֹ:

Baruch atah Adonai Eloheinu melech ha'olam she'asani b'tzalmo.

For shaping us in your image.

בַּרוּךְ אַתָּה יִהֹוָה אֱלֹהֵינוּ מֵלֶךְ הָעוֹלָמִים שֵׁעַשַנִי בְּנֵי חוֹרִין:

Baruch atah Adonai Eloheinu melech ha'olam she'asani b'nei chorin.

For creating us to be free.

בָּרוּךְ אַתָּה יְהֹוָה אֱלֹהֵינוּ חֵי מֶלֶךְ הָעוֹלָם שֶׁעָשַׂנִי יִשְּׁרָאֵל:

Baruch atah Adonai Eloheinu melech ha'olam she'asani Yisrael.

For giving us the life of the Jewish people.

בָּרוּדְ אַתָּה יִהֹוָה אֱלֹהֵינוּ מֶלֶדְ הָעוֹלֶם הַנוֹתֵן לַיָּעֵף כְּחַ:

Baruch atah Adonai Eoheinu melech ha'olam ha'notein laya'eif koach.

For giving courage to those whom the world has tired out.

In recognition of the miracle of the human body, we acknowledge the artistic and functional brilliance of its creator:

בָּרוּךְ אַתָּה יְהֹוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלֶם, אֲשֶׁר יָצַר אֶת הָאָדָם בְּחָכְמָה, וּבָרָא בּוֹ נְקָבִים נְקָבִים חֲלוּלִים חֲלוּלִים .נְּלוּי וְיָדוּעַ לִפְנֵי כִּפֵּא כְבוֹדֶךְ, שֶׁאִם יִפְּתֵחַ אֶחָד מֵהֶם, אוֹ יִפְתֵם אֶחָד מֵהֶם, אִי אֶפְשַׁר לְהִתְקַיֵּם וְלַעֲמוֹד לְפָנֶיךְּ אַפִּלּוּ שְׁעָה אֶחָת. בָּרוּךְ אַתָּה יְהֹוָה, רוֹפָא כַל בַּשִׂר וּמִפּליא לַעשׁוֹת:

Baruch atah Adonai, Eloheinu melech haolam, asher yatzar et ha'adam b'chochma, uvara bo n'kavim n'kavim, chalulim chalulim, galu'i v'yadu'a lifnei chisei ch'vodecha, she'im yipateiach echad meihem, oh yisateim echad meihem, ee efshar l'hitkayeim v'la'amod l'fanecha, afilu sha'a echat. Baruch atah Adonai, rofei kol basar umafli la'asot.

Blessed are You, Adonai our God, Sovereign of the universe. With divine wisdom You have made our bodies, combining veins, arteries, and vital organs into a finely balanced network. Wonderous maker and sustainer of life, were one of them to fail - how well we are aware! - we would like the strength to sustain life before You. Blessed are you, Adonai, Source of our health and strength.

Kol Haneshamah - Psalm 150

הַלְלוּ יָּהׁ וּ הַלְלוּ־אֵל בְּקָדְשׁוֹ הַלְלוּהוּ בִּרְקִיעַ עַזְּוֹ: הַלְלוּהוּ בִּגְבוּרֹתָיו הַלְלוּהוּ כְּרִב גִּדְלְוֹ: Halleluyah, hallelu el b'kodsho, halleluhu birkia uzo. Halleluhu bigvurotav - halleluhu k'rov gudlo.

הַלְלוּהוּ בְּתָקַע שׁוֹפֶּר הַלְלוּהוּ בְּנָבֶל וְכִנְּוֹר: הַלְלוּהוּ בְתֹּף וּמָחוֹל הַלְלוּהוּ בְּמִנִים וְעוּגָב: Halleluhu b'teika shofar, halleluhu b'neivel v'chinor Halleluhu b'tof umachol, halleluhu b'minim v'ugav.

ַהַלְלוּהוּ בְּצִלְצְלֵי־שָׁאֲמֵע הַלְלוּהוּ בְּצִלְצְלֵי תְרוּעֶה: Halleluhu b'tzil tzelei shama, halleluhu b'tzil tzelei t'ruah

> :כְּל הַגְּשָׁמָה תְּהַלֵּל יָיה הַלְלוּ־יָה Kol haneshamah t'halleil ya, halleluyah...

Call out to God in heaven's holy place. Exclaim to God across the firmament. Shout to God for God's mighty deeds. Proclaim to God as loud as God is great. Blast out for God with piercing shofar sound. Strum to God with sweet lute and strings. Drum to God with mighty rhythm. Dance to God with joyous abandon. Sing out to the Creator with strings and husky flute! Sing out to the Eternal with cymbals that resound! Let every living thing praise God, Halleluyah.

Nishmat Kol Chai נִשְׁמַת כָּל חַי תְּבָרֵךְ אֶת שִׁמְךּ יְהֹוָה אֵלוֹהֵינוּ

Nishmat kol Chai Tevarech et shimcha Havaya Eloheynu

The Breath of all living beings Praises the Source of Life.

Hamelech

ַהַמֱלֶדְ יּוֹשֵׁב עַל כָּסֵא רָם וְנִשָּׂא:

Hamelech yoshev al kiseh ram v'nisah!

שׁוֹכֵן עַד מָרוֹם וְקָדוֹשׁ שְׁמוֹ. וְכָתוֹב רַנְּנוּ צַדִּיקִים בַּיהנָה. לַיְשָׁרִים נָאוָה תְהִלָּה: בְּפִי יְשָׁרִים תִּתְרוֹמָם. וּבְדִבְרֵי צַדִּיקִים תִּתְבָּרַדְּ. וּבִלְשׁוֹן חֲסִידִים תִּתְקַדָּשׁ. וּבְקֶרֵב קְדוֹשִׁים תִּתְהַלֶּל

Shochen ad marom v'kadosh sh'mo. V'chatuv ran'nu tzadikim ba'adonai. Lay'sharim na'ava t'hilah. B'fi y'sharim titromam. U'divrei tzadikim titbarach. U'lshon chasidim titkadash. U'v'kerev k'doshim tithalal.

The sovereign be praised who sits upon the high and lofty throne! The Shechina is our intimate forever, yet with a Name exalted and holy. SIng to Adonai, those who do justly, for praise becomes the upright.

From the mouths of the upright, comes God's praise,
Blessing is in the words of doers of justice,
Exaltation springs from the tongues of those who do more than is required.
From the innermost parts of holy people does God's holiness shine forth.

Chatzi Kaddish

יִתְגַּדַל וִיִתְקַדַשׁ שְׁמֵה רַבָּא

Yitgadal v'yitkadash sh'mei rabba

בְּעָלְמָא דִּי בְרָא כִּרְעוּתֵהּ, וְיַמְלִידְּ מַלְכוּתֵהּ בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכַל בֵּית יִשְׂרָאֵל, בַּעַגַלֵא וּבִזְמֵן קַרִיב, וְאָמָרוּ

B'alma divra chirutei v'yamlich malchutei b'chayeichon uv'yomeichon uvchayei d'chol beit Yisrael ba'agala u'vizman kariv v'imru

ָאָמֵן. יְהֵא שְׁמֵהּ רַבָּא מְבָרַדְּ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא.

Amen. Yehei sh'mei raba m'varach l'olam ulalmei almaya yitbarach.

יִתְבָּרַדְּ וְיִשְׁתַּבַּח וְיִתְפָּאַר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעֵלֶּה וְיִתְהַלָּל שְׁמֵהּ דְּקַדְשָׁא

Yitbarach v'yishtabach v'yitpa'ar v'yitromam v'yitnasei v'yit-hadar v'yit'aleh v'yithalal sh'mei d'kudsha

בָּרִידְ הוּא

B'rich hu

ָלְעֵלָּא וּלְעֵלָּא מִכָּל בִּרְכָתָא וְשִׁירָתָא תֻּשְׁבְּחָתָא וְנֶחֱמָתָא, דַּאֲמִירָן בְּעָלְמָא, וָאָמָרוּ אַמֵּן L'eila ul'eila mikol birchata v'shirata tushbechata v'nechemata da-amiran b'alma v'imru

אַמֵן

Amen.

Let God's name be made great and holy in the world that was created as God willed. May God complete the holy realm in your own lifetime, in your days, and in the days of all the house of Israel, quickly and soon. And say: Amen.

May God's great name be blessed, forever and as long as worlds endure.

May it be blessed, and praised, and glorified, and held in honor, viewed with awe, embellished, and revered; and may the blessed name of holiness be hailed, though it be higher by far than all the blessings, songs, praises, and consolations that we utter in this world. And say: Amen.

Barchu - Call to Prayer

בָּרְכוּ אֶת יִהֹנָה הַמְבֹרָדְ

Leader: Barchu et Adonai ham'vorach

Bless the Eternal, the Source of all Blessing.

בָּרוּךְ יְהֹנָה הַמְּבֹרָךְ לְעוֹלָם וָעֶד.

All: Baruch Adonai ham'vorach le'olam va'ed

Blessed is the Eternal, the Source of all Blessing, forever.

בָּרוּדְ יְהֹוָה הַמְּבֹרָדְ לְעוֹלָם וָעֶד.

Leader: Baruch Adonai ham'vorach le'olam va'ed

Blessed is the Eternal, the Source of all Blessing, forever.

Yotzer

בַּרודְ אַתָּה יְיָ אֱלֹהֵנוּ מֶלֶדְ הָעוֹלָם, יוֹצֵר אוֹר וּבוֹרֵא חשֶׁדְ, עֹשֶׂה שָׁלוֹם וּבוֹרֵא אָת הַכֹּל

Baruch ata adonai eloheinu melech ha'olam yotzer or u'voray choshech, oseh shalom u'voray et hakol.

Blessed are you, Eternal One, our God, sovereign of all worlds who fashions light and creates darkness, maker of peace and creator of all.

You are praised who rolls out the rough, raw clay of the universe into the delicate vessels of light; and from nothing at all we could perceive in a world that has turned old a shimmering new Creation right before our eyes made this moment just for us. How much of life reveals Your presence? How much Torah unfolds from each new flower, from each new wave that breaks upon the sea! You are Praised, who forms from the clay that cloaks our lives, the delicate vessels which contain our light.

Ahavah Rabbah - Great Love אהבה ורחמים חסד ושלום

Ahavah v'rachamim, chesed v'shalom Love and compassion, kindness and peace

בָּרוּךְ אַתָּה יְהֹוָה, אוֹהֵב עַמּוֹ יִשְּׁרָאֵל.

Baruch atah Adonai oheiv amo Yisrael.

Blessed are You, our God, who loves Your people Israel.

V'ahavta

Say these words when you lie down and when you rise up, when you go out and when you return. In times of mourning and in times of joy. Inscribe them on your doorposts, embroider them on your garments, tattoo them on your shoulders, teach them to your children, your neighbors, your enemies, recite them in your sleep, here in the cruel shadow of empire: *Another world is possible*.

Thus spoke the prophet Roque Dalton: *All together they have more death than we, but all together, we have more life than they.* There is more bloody death in their hands than we could ever wield, unless we lay down our souls to become them, and then we will lose everything. So instead,

imagine winning. This is your sacred task. This is your power. Imagine every detail of winning, the exact smell of the summer streets in which no one has been shot, the muscles you have never unclenched from worry, gone soft as newborn skin, the sparkling taste of food when we know that no one on earth is hungry, that the beggars are fed, that the old man under the bridge and the woman wrapping herself in thin sheets in the back seat of a car,

and the children who suck on stones, nest under a flock of roofs that keep multiplying their shelter. Lean with all your being towards that day when the poor of the world shake down a rain of good fortune out of the heavy clouds, and justice rolls down like waters.

Defend the world in which we win as if it were your child. It is your child. Defend it as if it were your lover. It is your lover.

When you inhale and when you exhale breathe the possibility of another world into the 37.2 trillion cells of your body until it shines with hope.
Then imagine more.

Imagine rape is unimaginable. Imagine war is a scarcely credible rumor That the crimes of our age, the grotesque inhumanities of greed, the sheer and astounding shamelessness of it, the vast fortunes made by stealing lives, the horrible normalcy it came to have, is unimaginable to our heirs, the generations of the free.

Don't waver. Don't let despair sink its sharp teeth Into the throat with which you sing. Escalate your dreams. Make them burn so fiercely that you can follow them down any dark alleyway of history and not lose your way. Make them burn clear as a starry drinking gourd Over the grim fog of exhaustion, and keep walking.

Hold hands. Share water. Keep imagining. So that we, and the children of our children's children may live.

Aurora Levin Morales

Shema

ָשְׁמַע יִשְׂרָאֵל, יְהֹנָה אֱלֹהֵינוּ, יְהֹנָה אֶחָד.

Shema Yisrael, Adonai Eloheinu, Adonai echad.

Listen, Israel - the Eternal is God, the Eternal is one.

בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד.

Baruch sheim k'vod malchuto le'olam va'ed.

Blessed is the name and glory of God's realm, forever.

ְאָהַבְתָּ אֵת יְהֹנָה אֱלֹהֶידְּ, בְּכָל לְבָבְדְּ, וּבְכָל נַפְשְׁדְּ, וּבְכָל מְאֹדֶדְּ. וְהָיוּ הַדְּבָרִים הָאֵלֶה, אֲשֶׁר אָנֹכִי מְצַוְּדְּ הַיּוֹם, עַל לְבָבָדְּ. וְשִׁנַּנְתָּם לְבָנֵידְּ, וְדִבַּרְתָּ בָּם, בְּשִׁבְתְּדְּ בְּבִיתֶדְּ, וּבְלֶכְתְּדְּ בַדֶּרֶדְ, וּבְשָּׁכְבְּדְּ, וּבְקוּמֶדְ. וּקְשֵּׁרְתָּם לְאוֹת עַל יָדֶדְּ, וְהָיוּ לְטֹטְפֹת בִּין עֵינֵידְ. וּכְתַבְתָּם עַל מְזָזוֹת בִּיתֶדְ וּבִשְׁעָרֶידְ.

V'ahavta eit Adonai Elohecha b'chol l'vavcha uv'chol nafshecha uv'chol me'odecha. Vhayu had'varim ha'eileh asher anochi m'tzavcha hayom al l'vavecha. V'shinantam l'vanecha v'dibarta bam b'shivtecha b'veitecha uv'lechtecha vaderech uv'shochbecha uvekumecha. Uk'shartam le'ot al yadecha v'hayu l'totafot bein einecha. Uch'tavtam al mezuzot beitecha uvisharecha.

And you must love The One, your God, with your whole heart, with every breath, with all you have. Take these words that I command you now to heart. Teach them intently to your children. Speak them when you sit inside your house or walk upon the road, when you lie down and when you rise. And bind them as a sign upon your hand, and keep them visible before your eyes. Inscribe them on the doorposts of your house and on your gates

Teach them diligently and gently to your children and all who follow. Speak of them when you are at home and when you are out, when you lie down at night and when you rise in the morning. Write them on the doorposts of your homes and on your gates as reminders of God's presence. In this way, the "Land" that is your soul will flourish for as long as you live.

- Interpretive Translation of Penultimate Section of Shema by Rabbi Leila Gal Berner

וַיְּאמֶר ו יְהֹוָה ו אֶל מֹשֶׁה לֵאמֹר. דַּבֵּר ו אֶל בְּנֵי ו יִשְׂרָאֵל וְאָמַרְתָּ אֲלֵהֶם, וְעָשׁוּ לָהֵם צִיצִת עַל כַּנְפֵי בִגְדֵיהֵם לִדֹרֹתָם, וְנָתִנוּ ו עַל צִיצִת הַכָּנָף פִּתִיל

לְמַעַן תִּזְכְּרוּ וַעֲשִּׁיתֶם וּ אֶת כָּל מִצְוֹתָי, וִהְיִיתֶם קְדֹשִׁים לֵאלֹהֵיכֶם. אֲנִי יְהֹוָה וּ אֱלֹהֵיכֶם, אֲשֶׁר הוֹצֵאתִי וּ אֶתְכֶם וּ מֵאֶרֶץ מִצְרַיִם, לִהְיוֹת לָכֶם לֵאלֹהִים, אֲנִי ו יְהֹוָה וּ אֱלֹהֵיכֶם. יְהֹוָה אֱלֹהֵיכֶם אֶמֶת.

L'ma'an tiz'k'ru va'asitem et kol mitz'votai viyitem k'doshim lei'loheichem. Ani Adonai Eloheichem asher hotzei'ti et'chem mei'eretz Mitz'rayim lih'yot lachhem leilohim. Ani Adonai Eloheichem. Adonai Eloheichem emet.

Thus may you remember to fulfill all My commandments and be holy to your God. I am Adonai your God who brought you out of the land of Egypt to be your God; I, Adonai, am your God. Truth.

Mi Chamocha

ָמִי כָמְכָה בָּאֵלִם יְהֹוָה, מִי כָּמְכָה נֶאְדָּר בַּקֹּדֶשׁ, נוֹרָא תְהִלֹת, עְשֵׁה פֶּלֶא.

Mi chamocha ba'eilim Adonai. Mi kamocha nedar bakodesh. Nora tehilot osei feleh.

Who is like You, Eternal One, among heavenly powers? Who is like You, awesome in splendor, doing wonders?" - Exodus 15.11

שִׁירָה חֲדָשָׁה שִׁבְּחוּ גְאוּלִים לְשִׁמְךּ עַל שְׂפַת הַיָּם, יַחַד כֻּלָּם הוֹדוּ וְהִמְלִיכוּ וָאַמָרוּ:

Shirah chadashah shib'chu ge'ulim l'shimcha al s'fat hayam, yachad kulam hodu v'himl'chu v'amru:

The redeemed praised You on the shore of the sea with a new song dedicated to Your name. Together they acknowledged You and declared You sovereign, saying:

יְהֹוָה יִמְלֹדְ לְעוֹלֶם וָעֵד.

Adonai yimloch l'olam va'ed.

The Eternal shall reign throughout all time.

צוּר יִשְׂרָאֵל, קוּמָה בְּעֶזְרַת יִשְׂרָאֵל, וּפְדֵה כִנְאֻמֶּךּ יְהוּדָה וְיִשְׂרָאֵל. גֹּאֲלֵנוּ יְהֹנָה צְבָאוֹת שְׁמוֹ, קְדוֹשׁ יִשְׂרָאֵל. בָּרוּדְ אַתָּה יְהֹנָה גָּאַל יִשְׂרָאֵל.

Tzur Yisrael kuma b'ezrat Yisrael uf'dei chinumecha Yehuda v'Yisrael. Go'aleinu Adonai tz'va'ot shemo kedosh Yisrael. Baruch Atah Adonai, ga'al Yisrael.

Rock of Israel, rise in support of Israel, and liberate, as You pledged, Judah and Israel. Our Redeemer - Adonai, Master of Legions, is God's Name - is the Holy One of Israel. Blessed are You Adonai, redeemer of Israel.

Amidah

אַדֹנַי שִּׁפַתֵּי תִּפְתַּח וּפִי יַגִּיד תִּהְלַּתֵּךְ

Adonai sefatai tiftach, ufi yagid tehilatecha.

Adonai, open up my lips, that my mouth declare Your praise.

בָּרוּדְ אַתָּה יְהֹנָה אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וְאִמוֹתֵינוּ, אֱלֹהֵי אַבְּרָהָם אֱלֹהֵי יִצְחָל וַאלֹהֵי שָׁרָה, אֱלֹהֵי רִבְּקָה, אֱלֹהֵי רָחֵל, ואֱלֹהֵי לֵאָה. יִצְחָל וַאלֹהֵי יַאֲלֹהֵי לְאָה. הְצִּלְהוֹ הַנְּבוֹר וְהַנּוֹרָא אֵל עֶלְיוֹן גּוֹמֵל חֲסָדִים טוֹבִים וְקוֹנֵה הַכֹּל הְאֵל הַלְנִי בְנֵיהֶם לְמַעַן שְׁמוֹ בָּאַהַבָּה: וְזוֹכֵר חַסְדֵי אָבוֹת וְאִפָּהוֹת וּמֵבִיא גְּאֻלָּה לִבְנֵי בְנֵיהֶם לְמַעַן שְׁמוֹ בָּאַהֲבָה:

Baruch atah Adonai, Eloheinu vei'Elohei avoteinu v'imoteinu, Elohei Avraham, Elohei Yitzchak, vei'Elohei Yaakov; Elohei Sarah, Elohei Rivka, Elohei Rachel, v'Elohei Leah. Ha'Eil hagadol hagibor v'hanora, Eil elyon, gomel chasadim tovin, v'konei hakol, v'zocher chasdei avot v'imahot, umeivi ge'ulah livnei v'neihem l'ma'an sh'mo b'ahavah.

Blessed are You, Adonai our God and God of our ancestors; God of Abraham, God of Isaac and God of Jacob; God of Sarah, God of Rebecca, God of Rachel and God of Leah. God the great, the mighty and the awesome, God on high, who rewards righteous goodness, maker of all, who remembers the righteousness of our ancestors and brings redemption before them, for the sake of Your name, in love.

Zochreinu l'chayim, melech chafeitz ba'chayim, v'chatveinu b'seifer hachayim l'man'cha Elohim chayim.

Remember us for life, Sovereign who wishes us to live. Write us in the Book of Life for Your sake, Eternal God.

Melech ozer umoshi'a umagein. Baruch ata Adonai, magein Avraham v'ezrat Sarah.

Sovereign, helper, deliverer and guardian, blessed are You Adonai, shield of Abraham, helper of Sarah.

אַתָּה גִּבּוֹר לְעוֹלָם אֲדֹנָי מְחַיֵה הַכֹּל אַתָּה רַב לְהוֹשִׁיעַ: מוֹריִד הֲטַל. מְכַלְכֵּל חַיִּים בְּחֶסֶד מְחַיֵּה מֵתִים בְּרַחֲמִים רַבִּים סוֹמֵךְ נוֹפְלִים וְרוֹפֵּא חוֹלִים וּמַתִּיר אֲסוּרִים וּמְקַיֵּם אֱמוּנָתוֹ לִישֵׁנֵי עָפָר, מִי כָמְוֹךְּ בַּעַל גְּבוּרוֹת וֹמִי דְּוֹמֶה לָךְ מֶלֶךְ מֵמִית וּמְחַיֶּה וּמַצְמִיחַ יְשׁוּעָה

Atah gibor l'olam Adonai, m'chayei hakol Atah rav l'hoshia. Morid ha'tal. M'chalkeil chayim b'chesed, m'chayei hakol b'rachamim rabim, someich noflim v'rofei cholim, umatir asurim, um'kayeim emunato lisheinei afar. Mi chamocha ba'al g'vurot umi domeh lach melech meimit um'chayeh umatzmi'ach y'shuah.

You are forever powerful, Almighty One, abundant in Your saving acts. You send down the dew. In loyalty, You sustain the living, nurturing the life of every thing, upholding those who fall, healing the sick, freeing the captive and remaining faithful to all life held dormant on the earth. Who can compare to You, Almighty God? Who can compare to You, source of all mercy, remembering all creatures mercifully, decreeing life. Faithful are You in giving life to every living thing.

מִי כָמְוֹךּ אַב הָרַחֲמִים זוֹכֵר יְצוּרָיו לְחַיִּים בְּרַחֲמִים

Mi chamocha av harachamim, zocher y'tzurav l'chayim b'rachamim;

Who is like You, merciful parent, who remembers God's creatures for life with mercy?

V'ne'eman Atah lehachayot hakol. Baruch Atah Adonai m'chayei hakol.

Blessed are You, the fountain of life, who gives and renews life.

אַתָּה קָדוֹשׁ וְשִׁמְךּ קָדוֹשׁ וּקְדוֹשִׁים בְּכָל יוֹם יְהַלְוּךּ שֶּלָה. בָּרוּךְ אַתָּה יְהֹוָה הַמֵּלֵךְ הַקַּדוֹשׁ.

Atah kadosh v'shimcha kadosh u'kedoshim b'chol yom yehalelucha selah. Baruch Atah Adonai ha'melech hakadosh.

Holy are You. Your name is holy. And all holy beings hail You each day.

(On Shabbat, include the words in parenthesis)

אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וְאִמוֹתֵינוּ (רְצֵה בִמְנוּחָתֵנוּ) קַדְּשֵׁנוּ בְּמִצְוֹתֵּיךּ וְתֵן חֶלְקֵנוּ בְּתוֹרָתֶדּ, שַּׁבְּצֵנוּ מִטּוּבֶדּ וְשַׂמְחֵנוּ בִּישׁוּעֶתֶדּ וְטַהֵּר לִבְּנוּ לְעָבְדְּדּ בֶּאֶמֶת (וְהַנְחִילֵנוּ יְהֹוָה אֱלֹהִינוּ בְּאַהֲבָה וּבְרָצוֹן שַׁבַּת קַדְשֶׁדּ וְיָנְוּחוּ בוֹ יִשְׁרָאֵל מְקַדְשֵׁי שְׁמֶדּ) כִּי אַתָּה אֱלֹהִים אֱמֶת וּדְבָרְדּ אֱמֶת וְקַיָּם לָעַד. בָּרוּדְ אַתָּה יְהֹוָה מֶלֶדְ עַל כָּל הָאָרֶץ, מְקַדֵּשׁ (הַשַּׁבָּת וְ) יִשְׂרָאֵל וְיוֹם הַזִּכְּרוֹן.

Eloheinu vEilohei avoteinu v'imoteinu, (r'tzei vimnuchateinu). Kad'sheinu b'mitzvotecha, v'tein chelkeinu b'toratecha. Sabeinu mituvecha, v'samcheinu bishuatecha. V'taheir libeinu l'avd'cha be'emet (v'hanchileinu, Adonai Eloheinu, b'ahavah uv'ratson Shabbat kadshecha, v'yanuchu vo Yisrael m'kad'shei sh'mecha), ki atah Elohim emet ud'varcha emet v'kayam la'ad. Baruch atah Adonai, m'kadesh (haShabat v')Yisrael v'Yom HaZikaron.

Our God, God of our ancestors, (take pleasure in our rest) enable us to realize holiness through Your commandments, give us our portion in Your Torah, let us enjoy the good things of Your world, and gladden us with Your salvation. Refine our hearts to serve You truthfully (and help us to perpetuate, Eternal One, our God, with love and with desire, Your holy Shabbat, and may all Your people Israel, and all who treat Your name as holy, find rest and peace on this day), for You are a God of truth, and Your word is truthful and endures forever. Blessed are You, Eternal One, the sovereign power over all the earth, who raises up to holiness (Shabbat) the people Israel and the Day of Remembrance.

ְרְצֵה יְהֹנָה אֱלֹהֵינוּ בְּעַמְּךּ יִשְׂרָאֵל וּתְפִּלָּתָם בְּאַהֲבָה תְּקַבֵּל בְּרָצוֹן וּתְהִי לְרָצוֹן תָּמִיד עֲבוֹדַת יִשְׂרָאֵל עַמֶּךּ: אֵל קָרוֹב לְכֹל קֹרְאָיו פְּנֵה אֶל עֲבְדֶיךְּ וְחָנֵנוּ שְפוֹדְ רוּחֲדְּ עָלֵינוּ

Retzei adonai eloheinu b'amcha yisrael u'tefilatam b'ahavah tekabeil b'ratzon u'tehi l'ratzon tamid avodat yisrael amecha. Eil karov l'chol korav p'nei el avdecha v'choneinu shefoch ruchacha aleinu.

Be pleased, Adonai our God, with Your people Israel and accept our prayer in love, and may You find pleasure always in our worship. God who is near all who call, turn toward us and be gracious to us by sending Your spirit to us.

מוֹדִים אֲנַחְנוּ לָךְ שָׁאַתָּה הוּא יְהֹוָה אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וְאִמוֹתֵינוּ לְעוֹלֶם וָעֶד, צוּר חַיָּינוּ מָגֵן יִשְׁעֵנוּ אַתָּה הוּא לְדוֹר וָדוֹר: נוֹדֶה לְּךּ וּנְסַפֵּר תְּהִלֶּתֶךּ עַל חַיָּינוּ הַמְּסוּרִים בְּיָדֶךּ וְעַל נִשְׁמוֹתֵינוּ הַפְּקוּדוֹת לָדְ וְעַל נִפֶּיךּ שֶׁבְּכָל יוֹם עִמָּנוּ וְעַל נִפְלְאוֹתֶיךּ וְטוֹבוֹתֶיךּ שֶׁבְּכָל עֵת, עֶרֶב וָבְקֶר וְצָהֲרָיִם, הַטוֹב כִּי לֹא כָלוּ רַחֲמֶיךּ וְהַמְרַחֵם כִּי לֹא תַמוּ חֲסָדֶיךָ, מִעוֹלָם קּוִּינוּ לָדְ:

ְעֵל כָּלֶּם יִתְבָּרַף וְיִתְרוֹמֵם שִׁמְףּ מַלְכֶּנוּ תָּמִיד לְעוֹלָם וָעֶד: וּכְתוֹב לְחַיִּים טוֹבִים כָּל בְּנֵי בְרִיתֶף:וְכֹל הַחַיִּים יוֹדְוּףּ שֶּלָה וִיהַלְלוּ אֶת שִׁמְףּ בֶּאֱמֶת הָאֵל יְשׁוּעָתֵנוּ וְעֶזְרָתֵנוּ סֵלָה: בָּרוּף אַתָּה יְהֹוָה הַטוֹב שִׁמְףּ וּלְףּ נָאֵה לְהוֹדוֹת:

Modim anachnu lach, she'Atah hu Adonay Eloheinu vEilohei avoteinu v'imoteinu, l'olam va'ed. Tzur chayeinu, magein yish'einu, Atah hu l'dor vador. Nodeh l'cha u'nsappeir t'hilatecha, al chayeinu ham'surim, b'yadecha, v'al nishmoteinu, hap'kudot lach, v'al nissecha, sheb'chol yom immanu, v'al nifl'otecha v'tovotecha sheb'chol eit: erev vavoker, v'tzohorayim. HaTov ki lo chalu rachamecha. v'ham'racheim ki lo tamu chasadecha; mei'olam kivinu lach.

V'al kulam yitbarach v'yitromam shimcha, Malkeinu, tamid l'olam va'ed. Uch'tov l'chayim tovim kol b'ney v'ritecha. V'chol hachayim yoducha selah. Vihal'lu et Shimcha be'emet: Ha'Eil y'shu'ateinu, v'ezrateinu selah. Baruch Atah, Adonay, hatov Shimcha; ul'cha na'eh l'hodot.

You are our God today as You were our ancestors' God throughout the ages; firm foundation of our lives, we are Yours in gratitude and love. Our lives are safe in Your hand, our souls entrusted to Your care. Our sense of wonder at Your miracles and kindness greet You daily at dawn, at dusk, and throughout the day.

For all these things, Your name is blessed and raised in honor always, Sovereign of ours, forever. Write down for a good life all the people of Your covenant. Let all of life acknowledge You. May all beings praise Your name in truth. O God, our rescuer and aid, blessed are You, whose name is good, to whom all thanks are due.

Sim shalom tovah uv'rachah chein va'chesed v'rachamim aleinu v'al kol Yisrael amecha.

Establish peace, goodness, blessing, grace, loving kindness and mercy upon us and upon all Israel Your people.

אֱלוֹהַי, נְצוֹר לְשׁוֹנִי מֵרָע וּשְׂפָתֵי מִדַּבֵּר מִרְמָה וְלִמְקַלְלֵי נַפְשִׁי תִדּוֹם. וְנַפְשִׁי כֶּעָפָר לַכֹּל תִּהְיֶה. פְּתַח לִבִּי בְּתוֹרָעֶדְּ וּבְמִצְוֹעֶידְּ תִּרְדּוֹף נַפְשִׁי. וְכָל הַחוֹשְׁבִים עָלֵי רָעָה. לְכֹּל תִּהְיֶבה לְמַעַן שְׁמֶדְּ. עֲשֵׂה לְמַעַן יְמִינֶדְ. עֲשֵׂה לְמַעַן הְוֹרָעֶדְ. לְמַעַן יִדִידֶידְ הוֹשִׁיעָה יְמִינְדְּ וַעֲנֵנִי: לְמַעַן קְדָשְׁעֶדְ בְּמַעַן אִמְרֵי פִי וְהֵגְיוֹן לִבָּי לְפָנֵידְ. יְהֹוָה צוּרִי וְגוֹאֲלִי:

Elohai, n'tzor l'shoni meira usfatai midaber mirmah. V'lim'kal'lai nafshi tidom. V'nafshi ke'afar la'kol tihyeh. P'tach libi b'toratecha. Uv'mitzvotecha tirdof nafshi. V'chol hachoshvim alai ra'ah, m'heirah hafer atzatam v'kalkeil machashav'tam. Asei l'ma'an sh'mecha. Asei l'ma'an y'minecha. Asei l'ma'an kedushatecha. Asei l'ma'an toratecha. L'ma'an yeichaltzun y'didecha hoshi'ah y'mincha va'aneini. Yihyu l'ratzon imrei fi, v'hegyon libi l'fanecha, Adonai tzuri v'go'ali.

Dear God, protect my tongue from evil, and my lips from telling lies. May I turn away from evil and do what is good in your sight. Let me be counted among those who seek peace. May my words of prayer and my heart's meditation be seen favorably, Beloved One, my rock and my redeemer.

Oseh shalom bimromav. Hu ya'aseh shalom aleinu v'al kol Yisrael v'al kol yoshvei teiveil. V'imru: Amen.

May the One who creates harmony on high, bring peace to us and to all Israel and to all who dwell on earth. To which we say: Amen.

B'seifer chayim beracha v'shalom u'farnasa tova ni'zacher v'nikateiv lefanecha. Anachnu v'chol amecha beit yisrael l'chayim tovim u'l'shalom. Baruch atah adonai oseh hashalom.

In the Book of Life, with blessing, peace and proper sustenance, may we be remembered and inscribed, we the house of Israel and all Your people, for a good life and for peace. Blessed are You, compassionate one, maker of peace.

Unetaneh Tokef - "And now we declare"

וּנְתַנֶּה תֹּקֶף קְדָשַׁת הַיּוֹם כִּי הוּא נוֹרָא וְאָיֹם וּבוֹ תִּנָּשֵׂא מַלְכוּתֶךּ וְיִכּוֹן בְּחֶסֶד כִּסְאֶדּ וְתִשֵׁב עָלָיו בְּאֱמֶת.

Unetaneh tokef kedushat hayom, ki hu nora v'ayom, uvo tinaseih malchutecha, v'yikon b'chesed kisecha, v'teishev alav b'emet.

Now, we declare the sacred power of this day, for it is awesome and frightening. On it Your Sovereignty will be exalted; Your throne will be firmed with kindness and You will sit upon it in truth.

ּכְבַקּרַת רוֹעֶה עֶדְרוֹ, מַעֲבִיר צֹאנוֹ תַּחַת שִׁבְטוֹ. כֵּן תַּעֲבִיר וְתִסְפֹּר וְתִמְנֶה וְתִפְּקֹד נֶפֶשׁ כָּל חָי. Kevakorat ro'eh edro, ma'avir tzono tachat shivto. Kein ta'avir v'tispor v'timneh v'tifkod nefesh kol chai.

As a shepherd counts the flock, counting each with a staff as they pass, so we pass before You, as You count and number and account for the souls of all that live.

יְהֹנָה יְהֹנָה אֵל רַחוּם וְחַנּוּן אֶרֶךְ אַפַּיִם וְרַב חֶסֶד נֶאֱמֶת. נֹצֵר חֶסֶד לַאֵלָפִים נֹשֵׂא עַוֹן וַפָּשַׁע וְחַטֶּאָה וְנַקֵּה:

Adonai, Adonai, Eil rachum v'chanun, erech apayim, v'rav chesed v'emet. Notzer chesed la'alafim, nosei avon vafesha, v'chata'ah v'nakeih.

Yud-Hey-Vav-Hey, Compassion and Tenderness, Kindness, Awareness, Patience, Forbearance, Bearing love from age to age, forgiving guilt and mistakes and renewing us again...

(Adonai, Adonai...)

בָּרֹאשׁ הַשָּׁנָה יִכָּתֵבוּן. וּבִיוֹם צוֹם כִּפּוּר יֵחָתֵמוּן.

B'Rosh Hashanah yikateivun. Uv'Yom tzom Kippur yechateimun.

On Rosh Hashanah all is written and revealed. And on Yom Kippur the course of every life is sealed.

כַּמָּה יַעַבְרוּן. וְכַמָּה יִבָּרֵאוּן. מִי יִחְיֶה. וּמִי יָמוּת. מִי בְקְצוֹ. וּמִי לֹא בְקִצוֹ. מִי בַּמַיִם. וּמִי בָאֵשׁ. מִי בַחֶרֶב. וּמִי בַחַיָּה. מִי בָרָעָב. וּמִי בַצְמָא. מִי בַרַעשׁ. וּמִי בַּמַּגְּפָה. מִי בַחֲנִיקָה. וּמִי בַסְּקִילָה. מִי יָנוּחַ. וּמִי יָנוּעַ. מִי יִשְׁמֵּט. וּמִי יִּשְׁרֵף. מִי יִשְׁלֵו. וּמִי יִתְיַסֶּר. מִי יֵעָנִי. וּמִי יֵעָשֵׁר. מִי יִשְׁפֵל. וּמִי יָרוּם:

Kamah ya'avrun, v'chamah yibarei'un. Mi yichyeh, umi yamut. Mi v'kitzo, umi lo v'kitzo. Mi vamayim, umi va'eish. Mi vacherev, umi vachayah. Mi vara'av, umi vatzama. Mi vara'ash, umi vamageifah. Mi vachanikah, umi vaskilah. Mi yanuach, umi yanua. Mi yishakeit, umi yitareif. Mi yishaleiv, umi yityasar. Mi yei'ani, umi yei'asher. Mi yishafeil, umi yarum.

How many shall pass on, how many shall be born.

Who shall live and who shall die.

Who shall see a ripe old age and who shall not.

Who shall perish by fire and who by water,

Who by sword and who by beast,

Who by hunger and who by thirst,

Who by earthquake and who by plague,

Who by strangling and who by stoning,

Who shall be secure and who shall be driven,

Who shall be tranquil and who shall be troubled.

Who shall be poor and who shall be rich,

Who shall be humbled and who shall be exalted.

Who shall be truly alive and who shall merely exist;

Who shall be happy and who shall be miserable.

Who shall be tormented by the fire of ambition.

And whose hopes shall be quenched by the waters of failure.

Who shall be pierced by the sharp sword of envy;

And who shall be torn by the wild beast of resentment.

Who shall hunger for companionship, and who shall thirst for approval.

Who shall be shattered by the storms of change

And who shall be stressed by the pressures of conformity.

Who shall be strangled by insecurity;

And who shall be beaten into submission.

Who shall be content with their lot;

And who shall wander in search of satisfaction.

Who shall be serene; and who shall be distraught.

Who shall be at ease; and who shall be afflicted with anxiety.

ַבְּרֹאשׁ הַשָּׁנָה יִכָּתֵבוּן. וּבְיוֹם צוֹם כִּפּוּר יֵחָתֵמוּן.

B'Rosh Hashanah yikateivun. Uv'Yom tzom Kippur yechateimun.

On Rosh Hashanah all is written and revealed, and on Yom Kippur the course of every life is sealed.

וּתְשׁוּבָה וּתְפָלָה וּצְדָקָה מַעֲבִירִין אֶת רֹעַ הַגְּזֵר

U'Tshuvah, u'Tefilah, u'Tzedakah ma'avirin et ro'a ha-g'zeirah.

But teshuvah, prayer, and charitable acts will move us past the pain of the decree.

A Contemplation Before Avinu Malkeynu

When men were children,
they thought of God as a father;
When men were slaves,
they thought of God as a master;
When men were subjects,
they thought of God as a king;
But I am a woman, not a slave, not a subject,
not a child who longs for God as father or mother.

I might imagine God as teacher or friend, but those images, Like king, master, father or mother, are too small for me now.

God is the force of motion and light in the universe;
God is the strength of life on our planet;
God is the power moving us to do good;
God is the source of love springing up in us.
God is far beyond what we can comprehend.

- By Ruth Brin

Avinu Malkeinu

אָבִינוּ מַלְכֵּנוּ חָטֶאנוּ לְפָנֵיךּ: אָבִינוּ מַלְכֵּנוּ אֵין לָנוּ מֶלֶךְ אֶלָּא אָתָּה: אָבִינוּ מַלְכֵּנוּ עֲשֵׂה עִמָנוּ לְמַעַן שְׁמֶךּ: אָבִינוּ מַלְכֵּנוּ חַדֵּשׁ עַלִינוּ שָׁנָה טוֹבָה:

Our Source and Our Way, we have missed the mark this year. Our Source and Our Way, there is no sovereignty but your Presence. Our Source and Our Way, may we be aligned with Divine Essence. Our Source and Our Way, may this be a year of new beginnings.

Litany (Adapted from R. Burt Jacobson)

Avinu Malkeynu, teach us how to make this year a new beginning. Imeynu M'koreynu, teach us how to grow from the harshness of life. Our Source and our Way, teach us how to accept what we must accept. Our Guide and our Truth, teach us to change what must be changed.

Avinu Malkeynu, teach us how to face disease and death.

Imeynu M'koreynu, teach us how to enjoy the gifts of life.

Our Source and our Way, teach us how to make peace with others.

Our Guide and our Truth, teach us how we can best help our people Israel.

Avinu Malkeynu, teach us how we can best help all humanity.

Imeynu M'koreynu, let us find pardon for our wrongdoings.

Our Source and our Way, let us return to You, wholly and completely.

Our Guide and our Truth, teach us how to help those who are ill.

Avinu Malkeynu, let us write our names in the Book of Life. Imeynu M'koreynu, help us to find meaningful work. Our Source and our Way, help us to find inner freedom. Our Guide and our Truth, help us to learn how to love.

Avinu Malkeynu, receive our prayers.

Imeynu M'koreynu, teach us how to be good beloveds.

Our Source and our Way, teach us how to be good parents.

Our Guide and our Truth, teach us how to be good children.

Avinu Malkeynu, teach us how to be good friends.

Imeynu M'koreynu, teach us how to be good Jews.

Our Source and our Way, teach us how to be good people.

Our Guide and our Truth, teach us how to be one with Your universe.

AVINU MALKEYNU (Closing)

Avinu Malkeynu, cho-neynu va-aneynu, Avinu Malkeynu, cho-neynu va-aneynu, ki eyn banu ma-asim.

Aseh imanu tzedakah va-chesed, aseh imanu tzedakah va-chesed v'hoshieynu.

Oh, Mother and Father of Life, please hear us and give us Your grace, our Guide deep within us, please hear us and give us compassion and mercy and peace. O guide us through Your grace, justice and mercy to all, O guide us and teach us, grant justice and mercy, we shall be free once again. *Avinu malkeynu...*

Torah Service

Pitchu Li

פַּתְחוּ לִי שַׁעֲרֵי צֶדֶק אָבֹא בָם אוֹדֶה יָה

Pitchu li sha'arei tzedek avo vam odeh Yah

Open for us the gates of justice/love We will enter and give thanks to You

שְׁמַע יִשְּׁרָאֵל יִהֹנָה אֱלֹהֵינוּ יִהֹנָה אֱחָד

Shema Yisrael Adonai Eloheinu Adonai Echad Hear, O Israel! Adonai, our God, Adonai is One.

אֶחָד אֱלֹהֵינוּ. נָדוֹל אֲדוֹנְינוּ. קָדוֹשׁ וְנוֹרָא שְׁמוֹ

Echad Eloheinu, gadol adoneinu, kadosh v'norah shemo. One is our God, great is our sovereign, holy and awesome is God's name.

גַּדָּלוּ לַיהנָה אָתִּי וּנְרוֹמִמֶה שִׁמוֹ יַחְדָּו

Gadlu l'Adonai iti, un'romema shemo yachdav Declare with me the greatness of the Infinite, together let us raise God's name.

Holy Mountain

And they will come to my holy mountain and rejoice in my house of prayer.

My house will be a house of prayer for all people.

My house will be a house of prayer for all peoples.

Rabbi Aryeh Hirschfield Isaiah 56:7

Torah Blessing Before Reading

Reader: בַּרְכוּ אֵת יִהֹוָה הַמִּבֹרָך

Barchu et Adonai ham'vorach.

Blessed is Adonai, who is blessed.

All: בָּרוּדְ יְהֹנָה הַמְּבֹרָדְ לְעוֹלָם נָעֶד

Baruch Adonai ham'yorach l'olam va'ed.

Blessed is Adonai, who is blessed, now and forever.

Reader: בָּרוּדְ יְהֹנָה הַמְּבֹרָדְ לְעוֹלֶם וָעֶד

Baruch Adonai ham'vorach l'olam va'ed.

Blessed is Adonai, who is blessed, now and forever

בָּרוּדְ אַתָּה יְהֹנָה אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם אֲשֶׁר בָּחַר בְּנוֹעִם כָּל הָעַמִּים וְנָתַן לָנוּ אֶת תּוֹרָתוֹ: בָּרוּדְ אַתָּה יְהֹנָה נוֹתֵן הַתּוֹרָה אָמֵן

Baruch atah Adonai, Eloheinu, Melech ha'olam, asher bachar banu eemkol ha'amim v'natan lanu et torato. Baruch atah Adonai notein hatorah. Amen.

Blessed are You, our God, Ruler of the universe, who has chosen us along with all other peoples, and given us the Torah. Blessed are You, Adonai, who gives us the Torah. Amen.

Torah Blessing After Reading

Reader: בְּרוּךְ אַתָּה יְהֹוָה אֱלֹהֵינוּ מֱלֶךְ הָעוֹלֶם אֲשֶׁר נָתַן לָנוּ תּוֹרַת אֱמֶת וְחַיֵּי עוֹלֶם נָטַע בִּתוֹכֵנוּ: בָּרוּךְ אַתָּה יִהוָה נוֹתֵן הַתּוֹרָה

Baruch atah Adonai, Eloheinu, Melech ha'olam, asher natan lanu torat emet, v'chayei olam natah betocheinu. Baruch atah Adonai notein hatorah.

Blessed are You, our God, Ruler of the universe, who has given us a Torah of truth, and implanting within us eternal life. Blessed are You, Adonai, who gives us Torah.

Torah Reading Rosh Hashanah First Day

First Aliyah - Genesis 21:1-8

(א) נִיהנָה פָּקַד אֶת־שָּׁרָה כַּאֲשֶׁר אָמֶרְ נַיַּעֵשׁ יְהנָה לְשָׁרָה כַּאֲשֶׁר דִּבֶּר:(ב) נַתַּהַר מֹנֶלְד שָׁרָה לְאַבְרָהָם בֵּן לִּזְקַנֵיו לַמּוֹעֵד אֲשֶׁר־דִּבֶּר אֹתוֹ אֱלֹהִים: (ג) וַיִּקְרָא אַבְרָהָם אֶת־שֶׁם־בְּנְוֹ הַנְּוֹלֵד־לֹּוֹ אֲשֶׁר־יִלְדְה־לֹּוֹ שְׁרָה יִצְחָק: (ד) אַבְרָהָם אֶת־יִצְחָק בְּנוֹ בֶּן־שְׁמֹנֻת יָמִים כַּאֲשֶׁר צְּנָה אֹתוֹ אֱלֹהִים: (ה) וְאַבְרָהָם בֶּן־מְאַת שְׁנֶה בְּהִנָּלֶד לוֹ אֵת יִצְחָק בְּנְוֹ: (ו) וַתּּאְמֶר שָׁרָה צְחֹק עָשָׁה לִי אֱלֹהִים כָּל־הַשֹּׁמֵע יְצְחַק־לִי: (ז) וַתֹּאמֶר מִי מִלֵּל לְאַבְרָהָם הֵינִיקה בָּנִים לִי אֱלֹהִים כָּל־הַשֹּׁמֵע יְצְחַק־לִי: (ז) וַתֹּאמֶר מִי מִלֵּל לְאַבְרָהָם הֵינִיקה בָּנִים שְׁרָה בְּיִם הִינִיקה בָּנִים בְּיִבְּרָהם הִינִיקה נְּוֹל הַיֶּלֶד וַיִּנְמֵל וַיִּעֲשׁ אַבְּרָהָם מִשְׁתָּה נְדוֹל בִּיִלם הְנָמֵל אֶת־יִצְחֶק:

(1) Adonai took note of Sarah as God had promised, and Adonai did for Sarah as God had spoken. (2) Sarah conceived and bore a son to Abraham in his old age, at the set time of which God had spoken. (3) Abraham gave his newborn son, whom Sarah had borne him, the name of Isaac. (4) And when his son Isaac was eight days old, Abraham circumcised him, as God had commanded him. (5) Now Abraham was a hundred years old when his son Isaac was born to him. (6) Sarah said, "God has brought me laughter; everyone who hears

will laugh with me." (7) And she added, "Who would have said to Abraham that Sarah would suckle children! Yet I have borne a son in his old age." (8) The child grew up and was weaned, and Abraham held a great feast on the day that Isaac was weaned.

Second Aliyah - Genesis 21:9-13

(ט) וַתֵּרֶא שָׁרָה אֶת־בֶּן־הָגֶר הַמִּצְרְיֶת אֲשֶׁר־יָלְדָּה לְאַבְרָהָם מְצַחֵק: (י) וַתֹּאמֶר לְאַבְרָהָם נָּרָשׁ הָאָמָה הַזֹּאת וְאֶת־בְּנֶהּ כִּי לֹא יִירַשׁ בֶּן־הָאָמָה הַזֹּאת עִם־בְּנָי עִם־יִצְחָק: (יא) וַיִּרַע הַדָּבֶר מְאֹד בְּעִינִי אַבְרָהָם עַל אוֹדֹת בְּלְוֹ: (יב) וַיֹּאמֶר אֱלֹהִים אֶל־אַבְרָהָם אַל־יֵרַע בְּעִינֶידּ עַל־הַנַּעַר וְעַל־אֲמָתֶּךְ כֹּל אֲשֶׂר תֹּאמֵר אֵלֶיִדּ

שָּׂרָה שְׁמַע בְּּקֹלֶהּ כִּי בְיִצְחָ^הׁק יִקְּרֵא לְדָּזֶרֵעּ (יג) וְגַם אֶת־בֶּּן־הָאָמָה לְגְוֹי אֵשִׂימֵנִּוּ כִּי זַרְעַדָּ, הְוּא:

(9) Sarah saw the son whom Hagar the Egyptian had borne to Abraham playing. (10) She said to Abraham, "Cast out that slave-woman and her son, for the son of that slave shall not share in the inheritance with my son Isaac." (11) The matter distressed Abraham greatly, for it concerned a son of his. (12) But God said to Abraham, "Do not be distressed over the boy or your slave; whatever Sarah tells you, do as she says, for it is through Isaac that offspring shall be continued for you.(13) As for the son of the slave-woman, I will make a nation of him, too, for he is your seed."

Healer of the Brokenhearted by Shir Yaakov

Harofe lish'vurey lev U'Mechabesh latzvotam Moneh mispar lakochavim Le'kulam sheymot yikra

Healer of the Brokenhearted Binder of our Wounds Counter of Uncountable Stars You know where we are

> Ana el na refa na la Ana el na refa na la

Halleluyah, Halleluyah Halleluyah, Halleluyah

Lifting and Dressing the Torah

וואת הַתּוֹרָה אֲשֶׁר שָם משָׁה לִפְנֵי בְּנֵי יִשְׁרָאֵל, עַל פִּי יִהֹוָה בְּיַד משֵׁה.

V'zot ha'Torah asher sam Moshe lifnei b'nei Yisrael al pi Adonai b'yad Moshe.

This is the Torah, which Moses placed before the children of Israel, by the word of the Almighty One, through the hand of Moses.

יְהַלְלוּ אֶת שֵׁם יְהֹנָה, כִּי נִשְּׂנָב שְׁמוֹ לְבַדּוֹ. הוֹדוֹ עַל אֶרֶץ וְשָׁמָיִם. וַיָּרֶם קֶרֶן לְעַמּוֹ, תְּהִלָּה לְכָל חֲסִידִיו, לִבְנֵי יִשְׂרָאֵל עַם קרוֹבוֹ, הַללוּיַהּ.

Y'hallelu et sheim Adonai ki nisgav shemo l'vado.

Hodo al eretz v'shamayim va'yarem keren lamo t'hilah l'chol chasidav livnei Yisrael am k'rovo. Halleluyah.

Let us all bless the name of God, who alone is to be exalted. God's splendor is found on earth and in the heavens. God has lifted up our people's strength. May praise reflect on all God's followers, to the children of Israel, and to all people. Halleluyah.

עֵץ חַיִּים הִיא לַמַּחֲזִיקִים בָּהּ, וְתֹמְכֶיהָ מְאֻשָּׁר. דְּרָכֶיהָ דַּרְכֵי נְעַם, וְכָל נְתִיבוֹתֶיהָ שָׁלוֹם. הֲשִׁיבֵנוּ יְהֹוָה אֵלֶידְּ וְנָשְׁוּבָה, חַדֵּשׁ יָמֵינוּ כְּקֶדֶם.

Eitz chayim hee lamachazikim ba v'tomcheha mei'ushar. D'racheha darcheino'am v'chol n'tivotecha shalom. Hashiveinu Adonai eilecha v'nashuvah. Chadeish yameinu k'kedem.

It is a Tree of Life to those who hold fast to it, and all who support it are happy. Its ways are ways of pleasantness, and all its paths are peace. Return us, O God, to You - let us return. Renew our days as of old, now and evermore.

Od Navi Shalom Aleinu

עוֹד נָבִיא שָׁלוֹם עֲלֵינוּ וְעַל כֵּלְם. סָלָאם, עָלֵינוּ וְעַל כָּל הָעוֹלָם, סָלָאם, שָׁלוֹם .

Od navi shalom aleinu (3x) v'al kulam (repeat) Salaam, aleinu v'al kol haolam Salaam, Shalom (repeat)

We will pursue peace for us and everyone. Salaam/Shalom for us and for the entire world.

Malchuyot, Zichronot, Shofarot

Malchuyot - Power

Where shall I find you?
Your glory fills the world.
Behold, I find You
Where we earn our bread by the sweat of our brows,
Among the lonely and the poor, the lowly, the lost,
You are with us in blazing heat and shattering storm.
Behold, I find You
In the mind free to sail by its own star,
In words that spring from the depth of truth.

Wherever we struggle for justice and freedom.

Where we toil to unravel the secrets of Your world.

Where we make beauty out of words,

Wherever noble deeds are done.

Behold, I find You

In the merry shouts of children at their play;

In the sleep falling on their infant eyelids,

And in the smile that dances on their sleeping lips.

Let me find the strength not to cast off one in need.

Not to bend the knee before a haughty tyrant.

Give me strength to lift my spirits above the trivial,

To bear lightly my joys and sorrows.

- Rabindranath Tagore (adapted in Kol Haneshama Machzor for the Yamim Nora'im)

Aleinu

עָלְינוּ לְשַׁבֶּחַ לַאֲדוֹן הַכֹּל לָתֵת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית שֶׁלֹא עָשְׂנוּ כְּגוֹיֵי הָאֲרָצוֹת וְלֹא שָׁמָנוּ כְּמִשְׁפְּחוֹת הָאֲדָמָה שֶׁלֹא שָׁם חֶלְקֵנוּ כָּהֶם וְגוֹרָלֵנוּ כְּכָל הֲמוֹנָם:

Aleinu l'shabei ach la adon hakol, la teit gedula l'yotser b'reishit, Shelo asanu k'goyei ha aratzot, v'lo samanu k'mishpachot ha adamah. Shelo sam chelkeinu kahem v'goraleinu k'chol hamonam.

It is ours to praise the beauty of the world, even as we discern its tatteredness. For nothing is whole that is not first rent and out of the torn we make whole again. May we live with promise in creation's lap, redemption budding in our hands. It is up to us to hallow creation, to respond to Life with the fullness of our lives. It is up to us to meet the world, to embrace the whole even as we wrestle with its parts.

Interpretive translation by Marcia Falk

וַאֲנַחְנוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים לִפְנֵי מֶלֶךְ מַלְכֵי הַמְּלָכִים הַקָּדוֹשׁ בָּרוּךְ הוּא,

Va'anachnu korim umishta'chavim umodim Lifnei melech, malchei hamlachim, hakadosh baruch hu.

Therefore we bend the knee and shake off the stiffness that keeps us from the subtle graces of life and the supple gestures of love. With reverence and thanksgiving we accept our destiny and set for ourselves the task of redemption.

(Interpretive translation by Rabbi Rami Shapiro)

שֶׁהוּא נוֹטֶה שָׁמֵים וְיוֹסֵד אֶרֶץ, וּמוֹשַׁב יְקָרוֹ בַּשָּׁמֵיִם מִמֵּעַל, וּשְׁכִינַת עֻזּוֹ בְּגָבְהֵי מְרוֹמִים, הוּא אֱלֹהֵינוּ אֵין עוֹד, אֱמֶת מַלְכֵּנוּ אֶפֶּס זוּלָתוֹ כַּכְּתוּב בְּתוֹרָתוֹ וְיָדַעְתָּ הַיּוֹם וַהֲשֵׁבֹתָ אֶל לְבָבֶךְ כִּי יְהֹוָה הוּא הָאֱלֹהִים בַּשָּׁמֵיִם מִמֵּעַל וְעַל הָאֶרֶץ מִתְּחַת אֵין עוֹד:

Shehu noteh shamayim v'yoseid aretz Umoshav y'karo bashamayim mima'al Ush'chinat uzo b'gavhei meromim Hu eloheinu ein od. Emet malkeinu efes zulato Kaka'tuv b'torato v'yadatah hayom v'hasheivota el l'vavecha, Ki Adonai hu ha'elohim bashamayim mima'al v'al ha'aretz mitachat ein od.

[The One] who stretched out the heavens and founded the earth, whose realm embraces heaven's heights, whose mighty presence stalks celestial ramparts. This is our God; there is none else besides, as it is written in the Torah: "You shall know this day, and bring it home inside your heart, that Adonai is God in the heavens above and on the earth below. There is no other God."

וְנֶאֱמֵר וְהָיָה יְהֹוָה לְמֶלֶךְ עַל כָּל הָאָרֶץ בַּיּוֹם הַהוּא יִהְיֶה יְהֹוָה אֶחָד וּשְׁמוֹ אֲחַד:

V'ne'emar, v'haya Adonai l'melech al kol ha'aretz. Bayom hahu, yihiyeh Adonai echad, u'shmo echad.

And it is written: "Adonai will reign as sovereign over all the earth. On that day shall Adonai be one, God's name be one!"

אָרֶשֶׁת שְׂפָתֵינוּ יֶעֶרַב לְפָנֶידּ אֵל רָם וְנִשָּׂא. מֵבִין וּמַאֲזִין מַבִּיט וּמַקְשִׁיבּ לְקוֹל תְּקִיעָתֵנוּ, וּתְקַבֵּל בְּרַחֲמִים וּבְרָצוֹן סֵדֶר מַלְכֻיּוֹתֵינוּ:

Areshet s'fateinu ye'erav lefanecha, eil ram v'nisah Meivin uma'azin, mabit umakshiv lekol tekiyateinu Ut'kabel b'rachamim uv'ratzon seider malchuyoteinu.

May the prayers of our lips be pleasing to You, O exalted God, who hears our shofar sounds. May You lovingly accept our recitation of Malchuyot.

Zichronot - Remembrance

We are part of God's memory,
Because nothing precious is ever lost in the universe,
And love is more precious than anything.
Love's promise and love's fulfillment are never lost.
They always turn up.
They are our inheritance,
If we remember.

(Rabbi Sheila Peltz Weinberg in Kol Haneshama Machzor)

וַיִּזְכֹּרְ אֱלֹהִים אֶת־נִּחַ וְאֵתְ כָּל־הַחַיָּה וְאֶת־כָּל־הַבְּהֵמֶּה אֲשֶׁר אִתּוֹ בַּתֵּבָה וַיַּעֲבֵר אֱלֹהִים רוּחַ עַל־הָאָרֶץ וַיָּשֹׁכִּוּ הַמְּיִם:

God remembered Noah and every living thing, and all the beasts with him in the ark, and God caused a breeze to pass throughout the earth, and all the floodwaters subsided.

Shofarot - Calling

בָּרוּךְ אַתָּה יְהֹנָה, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ לִשִּׁמוֹעַ קוֹל שׁוֹפַר:

Leader: Baruch atah Adonai Eloheinu melech ha'olam asher kidshanu b'mitzvotav v'tzivanu lishmoʻa kol shofar.

Blessed are You, our God, Ruler of the Universe, who makes our lives sacred with commandments and has bid us to hear the sound of the shofar.

ּתְּקִיעָה. שְׁבָּרִים.תְּרוּעָה. תְּקִיעָה.

T'KIYAH - SHEVARIM T'RU'AH - T'KIYAH

תְּקִיעָה.שְׁבָרִים. תְּקִיעָה.

T'KIYAH - SHEVARIM - T'KIYAH

תְּקִיעָה. תְּרוּעָה. תְּקִיעָה.

T'KIYAH - T'RU'AH - T'KIYAH

תְּקִיעָה. תְּרוּעָה. תְּקִיעָה גְּדוּלָה:

T'KIYAH - T'RU'AH - T'KIYAH G'DOLA

אֲרֶשֶׁת שְׂפָתֵינוּ יֶעֲרַב לְפָנֶיךּ אֵל רָם וְנִשָּׂא. מֵבִין וּמַאֲזִין מַבִּיט וּמַקְשִׁיב לִקוֹל תִּקִיעָתֵנוּ, וּתִקַבֵּל בִּרַחֵמִים וּבָרָצוֹן סֵדֵר שׁוֹפִרוֹתֵינוּ:

Areshet s'fateinu ye'erav lefanecha, eil ram v'nisah. Meivin uma'azin, mabit umakshiv lekol tekiyateinu, Ut'kabel b'rachamim uv'ratzon seider shofroteinu.

May the prayers of our lips be pleasing to You, O exalted God, who hears our shofar sounds. May You lovingly accept our recitation of Shofarot.

Eitz Chayim Hi

(Eitz chayim hi lamachazikim ba v'tomcheha mei'ushar) x 2

Shalom, Shalom, Shalom, Shalom, Shalom, Shalom, Shalom

(It is a Tree of Life to those who hold fast to it, and all of its supporters are happy) x 2

Shalom, Shalom, Shalom, Shalom, Shalom, Shalom

Mourners Kaddish

יִתְגַּדֵּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא בְּעָלְמָא דִּי בְרָא כִּרְעוּתֵהּ וְיַמְלִידְ מַלְכוּתֵהּ בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְּכָל בֵּית יִשְׂרָאֵל, בַּעֲנָלָא וּבִּזְמַן קָרִיב וְאִמְרוּ אָמֵן

יָהֵא שְׁמֵהּ רַבָּא מְבָרַדְּ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא:

יִתְבָּרַדְּ וְיִשְׁתַּבַּח וְיִתְפָּאַר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעֵלֶּה וְיִתְהַלֶּל שְׁמֵהּ דְקוּדְשָׁא, בְּרִידְּ הוּא לְעִלֶּא וּלְעָלֶּא מִכָּל בִּרְכָתָא וְשִׁירָתָא, תַּשְׁבְּחָתָא וְנֶחֱמָתָא, דַּאֲמִירָן בְּעַלְמָא, וְאִמְרוּ אָמֵן:

ּיְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל וְאִמְרוּ אָמֵן: עוֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל וְעַל כָּל יוֹשָׁבֵי תָבֵל וִאִמְרוּ אָמֵן Yitgadal v'yitkadash sh'mei rabah

B'alma d'vra chirutei v'yamlich malchutei, b'chayeichon uv'yomeichon uv'chaiyei d'chol beit Yisrael ba'agalah uviz'man kariv. V'imru: Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei almaya.

Yitbarach v'yishtabach v'yitpa'ar v'yitromam v'yitnasei, v'yit'hadar v'yitaleh v'yithalal shemei d'Kudsha B'rich hu. Le'eila min mikol birchata v'shirata, tushb'chata v'nechemata da'amiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol Yisrael. V'imru: Amen.

Oseh shalom bimromav. Hu ya'aseh shalom aleinu v'al kol Yisrael v'al kol yoshvei teiveil. V'imru: Amen.

Exalted and hallowed be God's great name in the world which God created, according to plan.

May God's majesty be revealed in the days of our lifetime and the life of all Israel – speedily, imminently. To which we say: Amen.

Blessed be God's great name to all eternity.

Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort. To which we say: Amen.

May there be abundant peace from heaven, and life, for us and all Israel. To which we say: Amen.

May the One who creates harmony on high, bring peace to us and to all Israel and to all who dwell on earth. To which we say: Amen.

לִשְׁנַה טובָה תִּכַּתבוּ וְתָחַתִּמוּ!

L'shana tova tikateivu v'teichateimu!

May a good year be written and sealed for you!

Kiddush

ַבָּרוּדְ אַתָּה יְהֹוָה אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם בּוֹרֵא פְּרִי הַנָּפֶּן.

Baruch atah Adonai Eloheinu melech ha'olam, borei p'ri hagafen.

Blessed are You, our God, sovereign of the universe, by whose power fruit comes forth from the vine.

Motzi

בָּרוּךְ אַתָּה יִהֹוָה אֱלֹהֵינוּ מֵלֶךְ הָעוֹלָם, הַמּוֹצִיא לֵחֶם מִן הָאָרֵץ

Baruch atah Adonai Eloheinu melech ha'olam, hamotzi lechem min ha'aretz.

Blessed are You, our God, sovereign of the universe, who brings forth bread from the earth.

Apples and Honey

בָּרוּךְ אַתָּה יִיָּ אֱלֹהֵינוּ מֵלֵךְ הָעוֹלֶם בּוֹרֵא פִּרִי הָעֵץ

Baruch atah Adonai, Eloheinu Melech ha'olam, borei pree ha'etz.

Blessed are you, the Bountiful One, sovereign of all worlds, for creating the fruit of the tree.

יְהִי רָצוֹן מִלְּפָנֶיךּ, יְהֹוָה אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ, שִׁתְּחַדֵּשׁ עַלֵינוּ שֵׁנַה טוֹבַה וּמִתוּקַה

Y'hi ratzon milfanecha, Adonai Eloheinu veilohei avoteinu v'imoteinu, shet'chadeish aleinu shanah tovah um'tukah.

May it be Your will, Adonai, our God and the God of our ancestors, that You renew for us a good and sweet year.

Service for Kol Nidrei

Volt Ikh Gehat Koyekh

Volt ikh gehat koyekh, Volt ikh gelofn in di gasn, Volt ikh geshri'en sholem, Sholem, sholem, sholem!

Lu haya li koach Hayiti ratsa barechov Hayiti tsoeket shalom, Shalom, shalom, shalom!

לו היה לי כח הייתי רצה ברחוב הייתי צועקת שלום שלום שלום שלום

If my voice were louder, If my body stronger, I would tear through the streets Shouting peace, peace!

Based on a Chasidic Shabbat song. English: Sarah Gordon Yiddish and Hebrew adapted by Adrienne Cooper

Candle Lighting

(light the candles)

בָּרוּדְ אַתָּה יְהֹוָה אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם, אֲשֶׁר קִדְּשֵׁנוּ בְּמִצְוֹתָיו, וְצִוְּנוּ לִהַדְלִיק נֵר שֵׁל (שַׁבַּת וְשֵׁל) יוֹם הַכִּיפוּרִים.

Baruch atah Adonai Eloheinu melech ha'olam, asher kidshanu b'mitzvotav v'tzivanu l'hadlik ner shel (Shabbat v'shel) Yom HaKippurim.

Blessed are You our God, Ruler of the Universe, who makes our lives sacred with commandments and bids us to kindle the light of the (Sabbath and the) Day of Atonement.

בִּישִׁיבָה שֶׁל מֵעְלָה וּבִישִׁיבָה שֶׁל מַטָּה, עַל דַּעַת הַמָּקוֹם וְעַל דַּעַת הַקְּהָל אָנוּ מַתִּירִין לְהִתְפַּלֵּל עִם הָעֲבַרְיָנִים

Bi'shivah shel malah uvishivah shel matah, al da'at hamakom, v'al da'at hakahal, anu matirin l'hitpalel im ha'avaryanim.

By the heavenly court and the earthly court, with knowledge of the Omnipresent One, and with knowledge of this assembly, we are invited to pray among the transgressors.

Kol Nidrei - All Vows

First chanting

ּכָּל נִדְרֵי וֶאֱסָרֵי וַחֲרָמֵי וְקוֹנָמֵי וְכִנּוּיֵי וְקנּוּסֵי וּשְׁבוּעוֹת דִּנְדַרְנָא וּדְאשְׁתַּבּּעְנָא וּדְאַחֲרִימְנָא וּדְאָסַרְנָא עַל נַפְשָׁתָנָא. מִיּוֹם כִּפּוּרִים זֶה עַד יוֹם כִּפּוּרִים הַבָּא עָלֵינוּ לְטוֹבָה. כֻּלְהוֹן אָחֲרַטְנָא בְהוֹן. כֻּלְהוֹן יְהוֹן שָׁרָן. שְׁבִיקִין, שְׁבִיתִין, בְּטֵלִין וּמְבַשְּלִין, לָא שְׁרִירִין וְלָא קַיָּמִין: נִדְרָנָא לָא נִדְרֵי. וֶאֱסְרָנָא לָא אֱסְרֵי. וּשִׁבוּעָתָנָא לָא שִׁבוּעוֹת:

Leader:

Kol nidrei ve'esarei va'charamei v'konamei v'chinu'yei v'kinusei ush'vu'ot dindarna ud'ishtabana ud'acharimna ud'asarna al nafshatana mi'yom kipurim zeh ad yom kippurim haba aleinu l'tovah. Kulhon icharatna v'hon. Kulhon y'hon sharan sh'vikin sh'vitin b'teilin um'vutalin la sh'ririn v'la kayamin. Nidrana la nidrei ve'esarana la esarei ush'vu'atana la sh'vu'ot.

All: All vows, and formulas of prohibition, and declarations of taboo, and promises of abstinence, and names of God, and pledges one assumes on penalty, and oaths, whatever we have vowed and then forgot, whatever we have sworn but not upheld, whatever we declared taboo that went amiss, whatever prohibitions we assumed upon ourselves to no avail, from the last Day of Atonement to this Day of Atonement - may the day come upon us for the good!

V'nislach

V'nislach l'chol adaht	וְנִסְלַח לְכָל עֲדַת
b'nay yisrael	בְּנֵי יִשְׂרָאֵל
v'lahgare hagahr b'tochah	וְלַגֵּר הַגָּר בְּתוֹכָם
kee l'kole ha'ahm bishgahgah	כִּי לְכָל הָעָם בִּשְׁגָגָה
s'lach nah la'avone ha'am hazeh	סְלַח נָא לַעֲוֹן הָעָם הַזֶּה
kih goh-dell chas'dechah	כְּגְדֶל חַסְדֶּך
v' cha-ashar nasatah la-am haze	וְכַאֲשֶׁר נָשֶׂאתָה לָעָם הַזֶּה
mi-Mitzrayim v'ad heiynah	מִמָּצְרַיִם וְעַד הִנָּה
V'sham ne-mar:	וְשָׁם נֶאֱמֵר

Vayomer Adonai פֿרָאֶעֶר יְהֹנָה salachti kidvarecha קֿלַחָתִּי כִּדְבָרֶדְ

And there shall be atonement for the whole community of Israel, and the stranger dwelling in their midst-- indeed, for an entire people that has gone astray. Grant forgiveness then for the transgressions of this people, as the abundance of your love demands, and as you have always lifted from disfavor these, your people, from the time of Egypt until now, as it is told, "The Fount of Mercy said, I grant forgiveness as you ask." (Numbers 15:26, 14:19-20)

Shehecheyanu

נְבָרֶךְ אֶת מַעְיָן חַיֵינוּ, שֶׁהֶחֶיָנוּ וְקִיָּמָנוּ וְהִגִּיעָנוּ לַזְּמַן הַזֶּה.

N'varech et ma'ayan chayeinu, N'varech et ma'ayan chayeinu, Shehecheyanu v'kiy'manu v'higiyanu lazman hazeh, Shehecheyanu v'kiy'manu v'higiyanu lazman hazeh.

Let us bless the wellspring of life, Who has given us life, sustained us and brought us to this season.

Music: Linda Hirschhorn Words: Marcia Falk

Barchu - Call to Prayer

בָּרְכוּ אֶת יְהֹנָה הַמְבֹרָדְ.

Leader: Barchu et Adonai ham'vorach

Bless the Eternal, the Source of all Blessing.

בָּרוּךְ יְהֹוָה הַמְּבֹרָךְ לְעוֹלָם וָעֶד.

All: Baruch Adonai ham'vorach le'olam va'ed

Blessed is the Eternal, the Source of all Blessing, forever.

בָּרוּדְ יְהֹוָה הַמְּבֹרָדְ לְעוֹלָם וָעֶד.

Leader: Baruch Adonai ham'vorach le'olam va'ed

Blessed is the Eternal, the Source of all Blessing, forever.

Ma'ariv Aravim

This is an hour of change.
Within it we stand uncertain on the border of light. Shall we draw back or cross over?
Where shall our hearts turn?
Shall we draw back, my brother, my sister,
Or cross over?
This is the hour of change, and within it,
We stand quietly
On the border of light.

What lies before us? Shall we draw back, my brother, my sister, or cross over?

Leah Goldberg, adapted, Mishkan T'filah

בָּרוּךְ אַתָּה יָהֹוָה, הַמַּעֲרִיב עַרָבִים.

Baruch atah Adonai hama'ariv aravim.

Blessed are You, Adonai, who brings on evening.

Ahavat Olam: We are Loved

We are loved by an unending love. We are embraced by arms that find us even when we are hidden from ourselves.

We are touched by fingers that soothe us even when we are too proud for soothing. We are counseled by voices that guide us even when we are too embittered to hear. We are loved by an unending love.

We are supported by hands that uplift us even in the midst of a fall.
We are urged on by eyes that meet us even when we are too weak for meeting.
We are loved by an unending love.

Embraced, touched, soothed, and counseled, ours are the arms, the fingers, the voices; ours are the hands, the eyes, the smiles; We are loved by an unending love.

Rabbi Rami Shapiro

Shema

שְׁמַע יִשְׁרָאֵל, יִהֹנָה אֱלֹהֵינוּ, יִהֹנָה אֱחָד.

Shema Yisrael, Adonai Eloheinu, Adonai echad.

Listen, Israel - the Eternal is God, the Eternal is one.

בַּרוּךְ שֵׁם כָּבוֹד מַלְכוּתוֹ לְעוֹלַם וַעֵּד.

Baruch sheim k'vod malchuto le'olam va'ed.

Blessed is the name and glory of God's realm, forever.

ְּאָהַבְתָּ אֵת יְהֹנָה אֱלֹהֶיףּ, בְּכָל לְבָבְךּ, וּבְכָל נַפְשְׁךּ, וּבְכָל מְאֹדֶדּ. וְהָיוּ הַדְּבָרִים הָאֵלֶּה, אֲשֶׁר אָלֹכִי מְצַוְּךּ הַיּוֹם, עַל לְבָבֶדְּ. וְשִׁנַּנְתָּם לְבָנֵיףּ, וְדְבַּרְתָּ בָּם, בְּשִׁבְתְּדְּ בְּבֵיתֶדְּ, וּבְלֶכְתְּדְּ בַדֶּרֶדְ, וּבְשָׁכְבְּדּ, וּבְקוּמֶדְ. וּקְשַׁרְתָּם לְאוֹת עַל יָדֶדְ, וְהָיוּ לְטֹטָפֹת בֵּין עֵינֵידְ. וּכְתַבְתָם עַל מְיֻזּוֹת בֵּיתֶדְ וּבִשְׁעָרֶידְ.

V'ahavta eit Adonai Elohecha b'chol l'vavcha uv'chol nafshecha uv'chol me'odecha. V'hayu had'varim ha'eileh asher anochi m'tzavcha hayom al l'vavecha. V'shinantam l'vanecha v'dibarta bam b'shivtecha b'veitecha uv'lechtecha vaderech uv'shochbecha uvekumecha. Uk'shartam le'ot al yadecha v'hayu l'totafot bein einecha. Uch'tavtam al mezuzot beitecha uvisharecha.

And you must love The One, your God, with your whole heart, with every breath, with all you have. Take these words that I command you now to heart. Teach them intently to your children. Speak them when you sit inside your house or walk upon the road, when you lie down and when you rise. And bind them as a sign upon your hand, and keep them visible before your eyes. Inscribe them on the doorposts of your house and on your gates.

Mi Chamocha

מִי כַמְכָה בָּאֵלִם יִהֹוָה, מִי כַּמְכָה וַאִדָּר בַּקֹדֵשׁ, נוֹרָא תִהְלֹת, עְשֵׁה פֵּלֵא.

Mi chamocha ba'eilim Adonai. Mi kamocha nedar bakodesh. Nora tehilot osei feleh.

Who is like You, Eternal One, among heavenly powers? Who is like You, awesome in splendor, doing wonders? - *Exodus 15.11*

מַלְכוּתָדְּ רָאוּ בָנֶידְ, בּוֹקֵע יָם לִפְנֵי מֹשֶׁה, זֶה אֵלִי עָנוּ וְאָמְרוּ

Malchutecha ra'u vanecha bokea yam lifnei Moshe, zeh eili anu v'amru:

Your children behold Your sovereignty as You divided the sea before Moses. "This is my God," they said, declaring:

Adonai yimloch l'olam va'ed.

"The Eternal shall reign throughout all time."

ְנֶצֶשֶמֵר: כִּי פָדָה יְהֹוָה אֶת יַעֲקֹב, וּגְאָלוֹ מִיַּד חָזָק מִמֶּנוּ. בָּרוּךְ אַתָּה יִהֹוָה, גַּאַל יִשִּׂרָאֵל.

Vene'emar ki fadah Adonai et Ya'akov ug'alo miyad chazak mimenu. Baruch atah Adonai ga'al Yisrael.

And thus it is written: "God has rescued Jacob and redeemed him from those more powerful." Praised are You, Eternal, redeemer of the people Israel.

Hashkiveinu

הַשְּׁכִּיבֵנוּ הִי אֱלהֵינוּ לְשָׁלום, וְהַעֲמִידֵנוּ מֵלְכֵּנוּ לְחַיִּים. וּפְרוש עָלֵינוּ סֻכַּת שְׁלומֶךְ. וּשְׁמור צֵאתֵנוּ וּבואֵנוּ לְחַיִים וּלְשָׁלום מֵעַתָּה וְעַד עולָם: בָּרוּךְ אַתָּה הִי שׁומר עִמּו ישראל לַעַד

Hashkiveinu Adonai, Eloheinu l'shalom V'hamideinu Malkeinu l'chayim Ufros aleinu sukat shlomecha U'shmor tzeiteinu u'vo'enu, l'chayim u'l'shalom may'ata v'ad olam Baruch ata adonai, shomer amo yisrael l'ad

Help us lie down, Dear One, our God, in peace, and let us rise again, our sovereign, to life. Spread over us the shelter of your peace. Guard our going forth each day for life and peace, now and always. Spread over us the shelter of your peace. Blessed are you, Compassionate one, who spreads yoru canopy of peace over all your people Israel and over Jerusalem.

Walk Slowly

It only takes a reminder to breathe, a moment to be still, and just like that, something in me settles, softens, makes space for imperfection. The harsh voice of judgment drops to a whisper and I remember again that life isn't a relay

race; that we will all cross the finish line; that waking up to life is what we were born for. As many times as I forget, catch myself charging forward without even knowing where I'm going, that many times I can make the choice to stop, to breathe, and be, and walk slowly into the mystery.

Danna Faulds

Amidah

אַדנַי שִּפַתֵי תִּפְתַּח וּפִי יַגִּיד תִּהְלַתְּךְּ

Adonai sefatai tiftach, ufi yagid tehilatecha.

Adonai, open up my lips, that my mouth declare Your praise.

בָּרוּךְ אַתָּה יְהֹנָה אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וְאִמוֹתֵינוּ, אֱלֹהֵי אַבְּרָהָם אֱלֹהֵי יִצְחָל וַאלֹהֵי שָׁרָה, אֱלֹהֵי רִבְקָה, אֱלֹהֵי רָחֵל, ואֱלֹהֵי לֵאָה. יִצְחָל וַאלֹהֵי יַצְקֹב, אֱלֹהֵי רִבְקָה, אֱלֹהֵי רְבְקָה, אֱלֹהֵי רָבְלָּה, הַבֹּל הַאָּל הַבְּנִיהָם טוֹבִים וְקוֹנֵה הַכֹּל וְזוֹכֵר חַסְדֵי אָבוֹת וְאִפָּהוֹת וּמֵבִיא גְּאֻלָּה לִבְנֵי בְנֵיהֶם לְמַעַן שְׁמוֹ בָּאַהֲבָה:

Baruch atah Adonai, Eloheinu vei'lohei avoteinu v'imoteinu, Elohei Avraham, Elohei Yitzchak, vei'lohei Yaakov; Elohei Sarah, Elohei Rivkah, Elohei Rachel, vei'lohei Leah. Ha'Eil hagadol hagibor v'hanora, Eil elyon, gomeil chasadim tovim, v'konei hakol, v'zocher chasdei avot v'imahot, umeivi ge'ulah livnei v'neihem l'ma'an sh'mo b'ahavah.

Blessed are You, Adonai our God and God of our ancestors; God of Abraham, God of Isaac and God of Jacob; God of Sarah, God of Rebecca, God of Rachel and God of Leah. God the great, the mighty and the awesome, God on high, who rewards righteous goodness, maker of all, who remembers the righteousness of our ancestors and brings redemption before them, for the sake of Your name, in love.

זַכָרֵנוּ לְחַיִּים מֶלֶךְ חַפֶּץ בַּחַיִּים וַכַּתְבָנוּ בִּקָפֶר הַחַיִּים לְפֵעַנָךְ אֱלֹהִים חַיִּים:

Zochreinu l'chayim, melech chafeitz ba'chayim, v'chatveinu b'seifer hachayim l'man'cha Elohim chayim.

Remember us for life, Sovereign who wishes us to live. Write us in the Book of Life for Your sake, Eternal God.

מֶלֶךְ עוֹזֶר וּמוֹשִׁיעַ וּמָגָן: בַּרוּךְ אַתָּה יְהֹוָה מַגָן אַבְרָהָם וְעָזְרַת שַׁרָה.

Melech ozer umoshi'a umagein. Baruch atah Adonai, magein Avraham v'ezrat Sarah.

Sovereign, helper, deliverer and guardian, blessed are You Adonai, shield of Abraham, helper of Sarah.

אַתָּה גִּבּוֹר לְעוֹלָם אֲדֹנָי מְחַיֵּה הַכֹּל אַתָּה רַב לְהוֹשִׁיעַ: מוֹריִד הֲטַל מְכַלְכֵּל חַיִּים בְּחֶסֶד מְחַיֵּה מֵתִים בְּרַחֲמִים רַבִּים סוֹמֵךְ נוֹפְלִים וְרוֹפֵא חוֹלִים וּמַתִּיר אֲסוּרִים וּמְקַיֵּם אֱמוּנָתוֹ לִישֵׁנֵי עָפָר, מִי כָמְוֹךְּ בַּעַל גְּבוּרוֹת וּמִי דְוֹמֶה לָדְ מֵלֶךְ מֵמִית וּמְחַיֶּה וּמַצְמִיחַ יְשׁוּעָה

Atah gibor l'olam Adonai, m'chayei hakol Atah rav l'hoshia. Morid ha'tal. M'chalkeil chayim b'chesed, m'chayei hakol b'rachamim rabim, someich noflim v'rofei cholim, umatir asurim, um'kayeim emunato lisheinei afar. Mi chamocha ba'al g'vurot umi domeh lach melech meimit um'chayeh umatzmi'ach y'shuah.

You are forever powerful, Almighty One, abundant in Your saving acts. You send down the dew. In loyalty, You sustain the living, nurturing the life of every thing, upholding those who fall, healing the sick, freeing the captive and remaining faithful to all life held dormant on the earth. Who can compare to You, Almighty God? Who can compare to You, source of all mercy, remembering all creatures mercifully, decreeing life. Faithful are You in giving life to every living thing.

Mi chamocha av harachamim, zocher y'tzurav l'chayim b'rachamim;

Who is like You, merciful parent, who remembers God's creatures for life with mercy?

V'ne'eman atah lehachayot hakol. Baruch atah Adonai m'chayei hakol.

Blessed are You, the fountain of life, who gives and renews life.

אַתָּה קָדוֹשׁ וְשִׁמְךּ קָדוֹשׁ וּקְדוֹשִׁים בְּכָל יוֹם יְהַלְלְוּךּ מֶּלָה. בָּרוּךְ אַתָּה יְהֹוָה הָמֵלֵךְ הַקָּדוֹשׁ.

Atah kadosh v'shimcha kadosh u'kedoshim b'chol yom yehalelucha selah. Baruch Atah Adonai ha'melech hakadosh.

Holy are You. Your name is holy. And all holy beings hail You each day.

(On Shabbat, include the words in parenthesis)

אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וְאִמוֹתֵינוּ (רְצֵה בִמְנוּחָתֵנוּ) קַדְּשֵׁנוּ בְּמִצְוֹתֵיךּ וְתֵן הֶלְקֵנוּ בְּתוֹרָתֶדּ, שַּׁבְּעֵנוּ מִטּוּבָדְּ וְשַּׁמְחֵנוּ בִּישׁוּעָתֶדְּ (וְהַנְחִילֵנוּ יְהֹנָה אֱלֹהֵינוּ בְּאַהֲבָה וּבָרָצוֹן שַׁבַּת קָדְשֶׁדְּ וְיָנְוּחוּ בוֹ יִשְׂרָאֵל מְקַדְּשִׁי שְׁמֶדְּ) ּוְטַהֵּר לִבָּנוּ לְעָבְדְּדְּ בֶּאֱמֶת כִּי אַתָּה אֱלֹהִים אֱמֶת וּדְבָּרְדְּ אֱמֶת וְקַיָּם לָעַד. בָּרוּדְ אַתָּה יְהֹנָה מֶלֶדְ עַל כָּל הָאֶרֶץ, מְקַדֵּשׁ (הַשַּׁבָּת וְ) יִשְׂרָאֵל וְיוֹם הַכִּפוּרִים.

Eloheinu vei'lohei avoteinu v'imoteinu, (r'tzei vimnuchateinu). Kad'sheinu b'mitzvotecha, v'tein chelkeinu b'toratecha. Sab'einu mituvecha, v'sam'cheinu bishuatecha. V'taheir libeinu l'avd'cha b'emet (v'hanchileinu, Adonai Eloheinu, b'ahavah uv'ratson Shabbat kadshecha, v'yanuchu vo Yisrael m'kad'shei sh'mecha), ki atah Elohim emet ud'varcha emet v'kayam la'ad. Baruch atah Adonai, m'kadesh (haShabat v')Yisrael v'Yom HaKipurim.

Our God, God of our ancestors, (take pleasure in our rest) enable us to realize holiness through Your commandments, give us our portion in Your Torah, let us enjoy the good things of Your world, and gladden us with Your salvation. Refine our hearts to serve You truthfully (and help us to perpetuate, Eternal One, our God, with love and with desire, Your holy Shabbat, and may all Your people Israel, and all who treat Your name as holy, find rest and peace on this day), for You are a God of truth, and Your word is truthful and endures forever. Blessed are You, Eternal One, the sovereign power over all the earth, who raises up to holiness (Shabbat) the people Israel and the Day of Atonement.

רְצֵה יְהֹנָה אֱלֹחֵינוּ בְּעַמְּךּ יִשְּׂרָאֵל וּתְפִּלֶּתָם בְּאַהֲבָה תְּקַבֵּל בְּרָצוֹן וּתְהִי לְרָצוֹן תָּמִיד עֲבוֹדַת יִשְׂרָאֵל עַמֶּךּ: אֵל קָרוֹב לְכֹל קֹרְאָיו פְּנֵה אֶל עֲבְדֶיךְּ וְחָנֵנוּ שְפוֹדְ רוּחֲדָּ עָלֵינוּ.

Retzei adonai eloheinu b'amcha yisrael u'tefilatam b'ahavah tekabeil b'ratzon u'tehi l'ratzon tamid avodat yisrael amecha. Eil karov l'chol korav p'nei el avdecha v'choneinu shefoch ruchacha aleinu.

Be pleased, Adonai our God, with Your people Israel and accept our prayer in love, and may You find pleasure always in our worship. God who is near all who call, turn toward us and be gracious to us by sending Your spirit to us.

מוֹדִים אֲנַחְנוּ לָךְ שָׁאַתָּה הוּא יְהֹוָה אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וְאִמוֹתֵינוּ לְעוֹלָם וָעֶד, צוּר חַיֻּינוּ מָגֵן יִשְׁעֵנוּ אַתָּה הוּא לְדוֹר וָדוֹר: נוֹדֶה לְּדְּ וּנְסַפֵּר תְּהַלֶּתֶדּ עַל

חַיֻּינוּ הַמְּסוּרִים בְּיָדֶדְ וְעַל נִשְׁמוֹתֵינוּ הַפְּקוּדוֹת לָדְ וְעַל נִפֶּידְ שֶׁבְּכָל יוֹם עִמְנוּ וְעַל

נִפְלְאוֹתֵידְ וְטוֹבוֹתֵידְ שֶׁבְּכָל עִת, עֶרֶב וָבְקֶר וְצְהֲרָיִם, הַטוֹב כִּי לֹא כָלוּ רַחֲמֶידְ

וְהַמְרַחֵם כִּי לֹא תַמּוּ חֲסָדֶידְ, מֵעוֹלָם קוֹיִנוּ לָדְ: וְעַל כֻּלָּם יִתְבָּרַדְ וְיִתְרוֹמֵם שִׁמְדְּ

מַלְבֵּנוּ תָּמִיד לְעוֹלָם וָעֶד: וּכְתוֹב לְחַיִּים טוֹבִים כָּל בְּנֵי בְרִיתֶדְּ:

וְכֹל הַחַיִּים יוֹדְוּךְ שֻּלָה וִיהַלְלוּ אֶת שִׁמְדְּ בָּאֱמֶת הָאֵל יְשׁוּעָתֵנוּ וְעֶזְרָתֵנוּ מֻלָּה:

בַּרוּדְּ אַתַּה יִהֹוָה הַטּוֹב שְׁמִדְּ וּלִדְּ נַאָּה לְהוֹדוֹת:

Modim anachnu lach, she'Atah hu Adonay Eloheinu vei'lohei avoteinu v'imoteinu, l'olam va'ed. Tzur chayeinu, magein yish'einu, Atah hu l'dor vador. Nodeh l'cha u'nsappeir t'hilatecha, al chayeinu ham'surim, b'yadecha, v'al nishmoteynu,

hap'kudot lach, v'al nissecha, sheb'chol yom immanu, v'al nifl'otecha v'tovotecha sheb'chol eit: erev vavoker, v'tzohorayim. Hatov ki lo chalu rachamecha. v'ham'racheim ki lo tamu chasadecha; mei'olam kivinu lach. V'al kulam yitbarach v'yitromam Shimcha, Malkenu, tamid l'olam va'ed. Uch'tov l'chayim tovim kol b'nei v'ritecha. V'chol hachayim yoducha selah. V'hal'lu et Shimcha be'emet: HaEil y'shu'ateinu, v'ezrateinu selah. Baruch Atah, Adonai, hatov Shimcha; ul'cha na'eh l'hodot.

You are our God today as You were our ancestors' God throughout the ages; firm foundation of our lives, we are Yours in gratitude and love. Our lives are safe in Your hand, our souls entrusted to Your care. Our sense of wonder at Your miracles and kindness greet You daily at dawn, at dusk, and throughout the day.

For all these things, Your name is blessed and raised in honor always, Sovereign of ours, forever. Write down for a good life all the people of Your covenant. Let all of life acknowledge You. May all beings praise Your name in truth. O God, our rescuer and aid, blessed are You, whose name is good, to whom all thanks are due.

שָׁלוֹם רָב עַל יִשרָאֵל עַמְּךּ תָּשִים לְעוֹלֶם כִּי אַתָּה הוּא מֶלֶךְ אָדוֹן לְכָל הַשָּׁלום. וְטוֹב בָּעִינֵיךּ וּלְבָרֵךְ אֵת עַמִּךּ יִשרָאֵל בִּכָל עֵת וּבְכָל שָׁעָה בִּשִּׁלוֹמֵךְ.

Shalom rav al Yisrael amcha tasim l'olam ki Atah hu melech adon l'chol hashalom V'tov b'einecha l'vareich et amcha Yisrael b'chol eit uv'chol sha'ah bishlomecha

Grant abundant peace eternally for Israel, Your people, for You are the sovereign source of all peace. So, may it be a good thing in Your eyes to bless Your people Israel, and all who dwell on earth, in every time and hour, with Your peace.

בְּקֵפֶּר חַיִּים בְּרָכָה וְשָׁלוֹם וּפַרְנָסָה טוֹבָה נָזָכֵר וְנִכָּתֵב לְפָנֵיךּ אֲנַחְנוּ וְכָל עַמְּדְּ בֵּית יִשָּׂרָאֵל לְחַיִּים טוֹבִים וּלְשַׁלוֹם: בַּרוּךְ אַתַּה יִהֹוָה עֹשֵׂה הַשַּׁלוֹם.

B'seifer chayim berachah v'shalom u'farnasah tovah nizacher v'nikateiv lefanecha. Anachnu v'chol amecha beit yisrael l'chayim tovim ul'shalom. Baruch atah adonai oseh hashalom.

In the Book of Life, with blessing, peace and proper sustenance, may we be remembered and inscribed, we the house of Israel and all Your people, for a good life and for peace. Blessed are You, compassionate one, maker of peace.

אֱלוֹהַי, נְצוֹר לְשׁוֹנִי מֵרָע וּשְׂפָתֵי מִדַּבֵּר מִרְמָה וְלִמְקַלְלֵי נַפְשִׁי תִדּוֹם. וְנַפְשִׁי פָּעָבְּר לַכּל תִּהְיֶה. פְּתַח לִבִּי בְּתוֹרָתֶךּ וּבְמִצְוֹתֶיךּ תִּרְדּוֹף נַפְשִׁי. וְכָל הַחוֹשְׁבִים עָלַי רָעָה. מְהֵרָה הָפֵּר עֲצָתָם וְקַלְקֵל מַחֲשַׁבְתָּם: עֲשִׂה לְמַעַן שְׁמֶדְּ. עֲשִׂה לְמַעַן יְמִינֶדְ. עֲשִׂה לְמַעַן תִּוֹרָתֶדְ. לְמַעַן יִחְלְצוּן עֲשִׂה לְמַעַן יְמִינֶדְ. עֲשִׂה לְמַעַן יְמִינֶדְ. עֲשִׂה לְמַעַן יְחָדְשָׁתֶדְ. עֲשִׂה לְמַעַן תּוֹרָתֶדְ. לְבָצוֹן אִמְרֵי פִי וְהָגְיוֹן לִבִּי לְפָנֶידְ. יְהֹוָה צִּוֹרִי וְגוֹאֲלִי: עוֹשֵּׁה שָׁלוֹם בְּמִרוֹמֵיו הוּא יַעֲשִׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל צוּרִי וְגוֹאֲלִי: עוֹשֵּׁה שָׁלוֹם בְּמִרוֹמֵיו הוּא יַעֲשִׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל

ּוְעַל כָּל יוֹשְׁבֵי תֵבֶל וְאִמְרוּ אָמֵן

Elohai, n'tzor l'shoni meira usfatai midaber mirmah. V'lim'kal'lai nafshi tidom. V'nafshi ke'afar la'kol tihyeh. P'tach libi b'toratecha. Uv'mitzvotecha tirdof nafshi. V'chol hachoshvim alai ra'ah, m'heirah hafer atzatam v'kalkeil machashav'tam. Asei l'ma'an sh'mecha. Asei l'ma'an y'minecha. Asei l'ma'an kedushatecha. Asei l'ma'an toratecha. L'ma'an yeichaltzun y'didecha hoshi'ah y'mincha va'aneini. Yihyu l'ratzon imrei fi, v'hegyon libi l'fanecha, Adonai tzuri v'goali. Oseh shalom bimromav, hu ya'aseh shalom aleinu, v'al kol Yisrael, v'imru amein.

Dear God, protect my tongue from evil, and my lips from telling lies. May I turn away from evil and do what is good in Your sight. Let me be counted among those who seek peace. May my words of prayer and my heart's meditation be seen favorably, Beloved One, my rock and my redeemer. May the one who creates harmony above make peace for us and for all Israel, and for all who dwell on earth. And say: Amen.

May the Words of My Mouth / Sanctuary Song

May the words of my mouth and the meditations of my heart Be acceptable to you Yah, my Rock and My Redeemer.

Life prepare me to be a sanctuary, pure and holy, tried and true In thanksgiving, I'll be a living sanctuary for you.

וְעָשׂוּ לִי מִקְדָשׁ וְשָׁכַנְתִּי בְּתוֹכָם וַאֲנַחָנוּ נְבָרֵךְ יָהּ מֵעַתָּה וְעַד עוֹלֶם הַלְלוּ יָהּ

Ve-asu li mikdash ve-shachanti be-tocham

Va-a-nach-nu ne-var-ech Yah

May-atah ve-ad o-lam.

Halleluyah, Halleluyah, Hallelu (2x)

Ashamnu

אָשַׁמְנוּ. בָּגַדְנוּ. נָּזַלְנוּ. דִבַּרְנוּ דֹפִי: הֶעֵוִינוּ. וְהַרְשַׁעְנוּ. זַדְנוּ. חָמַסְנוּ. טְפַלְנוּ שֶׁקֶר: יָעְצְנוּ רָע. כָּזַבְנוּ. לַצְנוּ. מָרַדְנוּ. נָאַצְנוּ. סָרַרְנוּ. עָוִינוּ. פָּשַׁעְנוּ. צָרַרְנוּ. קִשִּׁינוּ עֹרָף: רָשַׁעְנוּ. שִׁחַתְנוּ. תִּעַבְנוּ. תָּעִינוּ. תִּעְתָּעְנוּ: Ashamnu. Bagadnu. Gazalnu. Dibarnu dofi. He'evinu. V'hirshanu. Zadnu. Chamasnu. Tafalnu sheker. Ya'atznu ra. Kizavnu. Latznu. Maradnu. Ni'atznu. Sararnu. Avinu. Pashanu. Tzararnu. Kishinu oref. Rashanu. Shichatnu. Ti'avnu. Ta'inu. Titanu.

We have acted wrongly,
We have been untrue,
And we have gained unlawfully
And have defamed
We have harmed others,
We have wrought injustice,
We have zealously transgressed,
And we have hurt
And have told lies.
We have improperly advised,
and we have covered up the truth,
and we have laughed in scorn.
We have misused responsibility
And have neglected others
And have stubbornly rebelled.

We have offended,
We have perverted justice,
We have stirred up enmity,
And we have kept ourselves from
change.
We have reached out to evil,
We have shamelessly corrupted
And we have treated others with
disdain.
Yes, we have thrown ourselves off
course,
And we have tempted and misled.

-Translation from Siddur Kol Haneshama

You know the universe's mysteries, the most hidden secrets of all living beings. You search a person's innermost recesses, and you probe the depths of conscience and of thought. Nothing is hidden from you, nothing is concealed before your gaze. So, let it be your will, Eternal One, our God, God of our ancestors, that you may grant forgiveness to us for all of our sins, and pardon us for all of our injustices, and let us atone for all we have done wrong.

-Kol Haneshama Reconstructionist Machzor p. 763

וְעַל כַּלֶם אֵלוֹהַ סְלִיחוֹת. סְלַח לַנוּ. מְחֵל לַנוּ. כַּפֶּר לַנוּ:

V'al kulam Eloha slichot s'lach lanu m'chal lanu kaper lanu.

For all these marks we have missed, forgiving God, forgive us, pardon us, grant us atonement.

Al Chet

For the wrongs we have done before You under duress or by choice

We have wronged before You by misusing our minds.

For the wrongs we have done before You willingly or unwillingly

We have wronged before You by hardening our hearts.

For the wrongs we have done before You by confusing love with lust.

We have wronged before You openly and in private.

For the wrongs we have done before You by inflicting lasting hurts

We have wronged before You by misusing our words.

For the wrongs we have done before You by deceiving another person

We have wronged before You with malicious intent.

For the wrongs we have done before You by disrespecting our parents and teachers

We have wronged before You both intentionally and by mistake.

For the wrongs we have done before You by acts of desecrating creation

We have wronged before You with our carelessness.

For the wrongs we have done before You by not resisting the impulse to evil

We have wronged before You when we fail to do the right thing.

וְעַל כֻּלָּם אֱלוֹהַ סְלִיחוֹת. סְלַח לָנוּ. מְחַל לָנוּ. כַּפֵּר לָנוּ:

V'al kulam Eloha slichot s'lach lanu m'chal lanu kaper lanu
For all these marks we have missed, forgiving God, forgive us, pardon us, grant us atonement.

For the wrongs we have done before You by using people as stepping stones;

We have wronged before You for pretending to emotions we do not feel.

For the wrongs we have done by using the sins of others to excuse our own;

We have wronged by denying our responsibility for our own misfortune.

For the wrongs we have done before You by condemning in our children and our parents the faults we tolerate in ourselves;

We have wronged before You by not facing our own deficiencies.

For the wrongs we have done by passing judgment without knowing all the facts;

We have wronged before You by tale bearing.

For the wrongs we have done before You by dishonesty in our accumulations;

We have wronged by remembering the cost of things but not their value.

For the wrongs we have done by overindulging our children's wants while neglecting their needs;

We have wronged before You by setting ourselves as poor examples.

For the wrongs we have done before You by not crying out for peace;

We have wronged before You by closing our hearts and hesitating.

For the wrongs we have done before You by not stopping evil in its tracks;

We have wronged before You by closing our hearts and hesitating.

For the wrongs we have done before You by our silence and indifference;

We have wronged before You by not speaking out to change that which is wrong.

וְעַל כָּלֶם אֱלוֹהַ סְלִיחוֹת. סְלַח לָנוּ. מְחַל לָנוּ. כַּפֵּר לָנוּ:

V'al kulam Eloha slichot s'lach lanu m'chal lanu kaper lanu

For all these marks we have missed, forgiving God, forgive us, pardon us, grant us atonement.

O God, forgive our rich nation where small babies die of cold quite legally.

O God, forgive our rich nation where small children suffer from hunger quite legally.

O God, forgive our rich nation where toddlers and school-children die from guns sold quite legally.

O God, forgive our rich nation that lets children be the poorest group of citizens quite legally.

O God, forgive our rich nation that lets the rich continue to get more at the expense of the poor quite legally.

O God, forgive our rich nation which thinks security rests in missiles rather than in mothers, and in bombs rather than in babies.

O God, forgive our rich nation for not giving You sufficient thanks by giving to others their daily bread.

O God, help us never to confuse what is quite legal with what is just and right in Your sight.

- Marian Wright Edelman

Leader:

We have confronted the wrongs we have committed, and now we acknowledge the acts that inspired us to greater kindness. By recalling them, may we be moved to perform them, repeat them, to build on them, and to have them guide us toward a better existence. Keep us far from petty self-regard, from anger, impatience, despair, gossip and all bad traits. Grant us the gift of seeing other people's merits and not their faults.

- *All:* We thank You, our God, for the many opportunities we have for doing good:
 - standing up for justice when we see another mistreated.
 - remembering the good in others even when we are upset with them.
 - expressing gratitude to those who help us.
 - giving freely to tzedakah to charity, financial acts of justice
 - apologizing to those we needlessly hurt
 - returning a found object to its owner
 - bringing comfort to the sick
 - helping others to find work, shelter, and their own strength
 - giving the gift of laughter
 - embracing change when it is good
 - resisting change when it is bad

Tonight we concern ourselves with teshuva, turning:
Turning from ignorance to truth,
From darkness to light,
From evil to good,
From conceit to compassion,
From self to Life,
Turning is the key to survival.
The seasons, the planets, the galaxies-All maintain their existence through turning.
Our turning too is in the natural order of things,
Holding the key to our survival by returning us to holiness.

Rami M Shapiro

Create a Pure Heart in Me

Create a pure heart in me, Great Spirit, Create a pure heart in me. Create a pure heart in me, Great Spirit, Create a pure heart in me.

And renew a true soul within me, and renew a true soul within. And renew a true soul within me, and renew a true soul within. from Navah Tehilla, a congregation in Jerusalem

Ki Anu Amecha - We are Your People

פִּי אָנוּ עַמֶּדּ וְאַתָּה אֱלֹהֵינוּ. אָנוּ בָנֶידּ וְאַתָּה אָבִינוּ. אָנוּ עֲבָדֶידּ וְאַתָּה אֲדוֹנֵנוּ. אָנוּ קְהָלֶדּ וְאַתָּה חֶלְקֵנוּ אָנוּ נַחֲלָתֶדְּ וְאַתָּה גוֹרָלֵנוּ. אָנוּ צֹאנֶדּ וְאַתָּה רוֹעֵנוּ. אָנוּ כַרְמֶדְּ וְאַתָּה נוֹטְרֵנוּ. אָנוּ פְאַלָּתֶדְ וְאַתָּה יוֹצְרֵנוּ. אָנוּ רַעְיָתֶדְּ וְאַתָּה דוֹדֵנוּ. אָנוּ סְגֻלָּתֶדְ וְאַתָּה קְרוֹבֵנוּ. אַנוּ עַמֵּדְ וָאַתָּה מֵלְכֵּנוּ. אַנוּ מֵאֵמִירֵידְּ וְאַתָּה מֵאָמִירֵנוּ. Ki anu amecha v'atah Eloheinu, anu vanecha v'atah avinu Anu avadecha v'atah adoneinu, anu k'halecha v'atah chelkeinu Anu nachalatecha v'atah goraleinu, anu tzonecha v'atah ro'einu Anu charmecha v'atah notreinu, anu f'ulatecha v'atah yotzreinu Anu rayatecha v'atah dodeinu, anu s'gulatecha v'atah k'roveinu Anu amecha v'atah malkeinu, anu ma'amirecha v'atah ma'amireinu

We are Your people and You are our God.
We are Your children and You give us life.
We are Your servants and You are our master.
We are Your congregation and You are our only One.
We are Your heritage and You are our destiny.
We are Your flock and You are our shepherd.
We are Your vineyard and You are our protector.
We are Your creatures and You are our Creator.
We are Your companions and You are our beloved.
We are Your treasure and You delight in us.
We are Your people and You are our sovereign.
We solely acknowledge You and You bestow favor upon us.

Avinu Malkeynu - Our Parent, Our Sovereign

Our Father, our King, teach us how to make this year a new beginning.

Our Mother, our Queen, teach us how to grow
from the harshness of life.

Our Source and our Destiny, teach us how to accept
what we must accept.

Our Guide and our Truth, teach us to change what must be changed.

Our Father, our King, teach us how to face disease and death.
Our Mother, our Queen, teach us how to enjoy the gifts of life.
Our Source and our Destiny, teach us how to make peace with our enemies.

Our Guide and our Truth, teach us how we can best help our people Israel.

Our Father, our King, teach us how we can best help all humanity.

Our Mother, our Queen, let us find pardon for our wrongdoings.

Our Source and our Destiny, let us return to You,

wholly and completely.

Our Guide and our Truth, teach us how to help those who are ill.

Our Father, our King, let us write our names in the Book of Life. Our Mother, our Queen, help us to find meaningful work. Our Source and our Destiny, help us to find inner freedom. Our Guide and our Truth, help us to learn how to love. Our Father, our King, receive our prayers.
Our Mother, our Queen, teach us how to be good lovers.
Our Source and our Destiny, teach us how to be good parents.
Our Guide and our Truth, teach us how to be good children.

Our Father, our King, teach us how to be good friends.
Our Mother, our Queen, teach us how to be good Jews.
Our Source and our Destiny, teach us how to be good people.
Our Guide and our Truth, teach us how to be one with Your universe.

אָבִינוּ מַלְכֶּנוּ חָנְּנוּ וַעֲנָנוּ כִּי אֵין בָּנוּ מַעֲשִׂים עֲשֵׂה עִמֶנוּ צְדָקָה וָחֶסֶד וְהוֹשִׁיעְנוּ Avinu malkeinu, chaneinu va'aneinu, Ki ein banu ma-asim. Asei imanu tzedaka vachesed V'hoshi'einu.

Avinu malkeinu, grant us justice and bring us salvation, Grant us justice and loving kindness and bring us salvation.

Burt Jacobson

Gonna Get through This World

I'm gonna **get through** this world
The best I can, if I can
And I'm gonna **get through** this world
And I think I can.
Well I'm gonna **work in** this world
The best I can, if I can
And I'm gonna **work in** this world
And I think I can

I'm gonna get through this world
The best I can, if I can
I'm gonna work in this world
The best I can, if I can
I'm gonna get through this world
The best I can.

I'm gonna **walk in** this world
The best I can, if I can
And I'm gonna **walk in** this world
And I think I can.
I am gonna **talk in** this world the best I can, if I can
And I'm gonna **talk in** this world
And I think I can. And I think I can.

I'm gonna walk in this world the best I can, if I can
I'm gonna talk in this world the best I can, if I can
I'm gonna get through this world
The best I can.

I'm gonna **clean up** this world
The best I can, if I can
And I'm gonna **clean up** this world
And I think I can.
I'm gonna **leave this** world behind
The best I can, if I can
I'm gonna **leave this** world behind
And I think I can. And I think I can.

I'm gonna clean up this world
The best I can, if I can
I'm gonna leave this world behind
The best I can, if I can
I'm gonna get through this world
The best I can.

Words by Woody Guthrie, 1945, Music by Lisa Gutkin (The Klezmatics), 2003

Aleinu

עָלְינוּ לְשַׁבְּחַ לַאֲדוֹן הַכּּל לָתֵת נְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית שֶׁלֹא עָשְׂנוּ כְּגוֹיֵי הָאֲרָצוֹת וְלֹא שָׁמָנוּ כְּמִשְׁפְּחוֹת הָאֲדָמָה שֶׁלֹא שָׁם חֶלְקֵנוּ כָּהֶם וְגוֹרָלֵנוּ כְּכָל הֲמוֹנָם:

Aleinu l'shabei'ach la'adon hakol, la'teit gedulah l'yotser b'reishit, shelo asanu k'goyei ha'aratzot, v'lo samanu k'mishpachot ha'adamah. Shelo sam chelkeinu kahem v'goraleinu k'chol hamonam.

It is ours to praise the beauty of the world, even as we discern its tatteredness. For nothing is whole that is not first rent and out of the torn we make whole again. May we live with promise in creation's lap, redemption budding in our hands. It is up to us to hallow creation, to respond to Life with the fullness of our lives. It is up to us to meet the world, to embrace the whole even as we wrestle with its parts.

- Interpretive translation by Marcia Falk

וַאֲנַחְנוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים לִפְנֵי מֶלֶךְ מַלְכֵי הַמְּלָכִים הַקָּדוֹשׁ בָּרוּךְ הוּא,

Va'anachnu korim umishtachavim umodim lifnei melech, malchei hamlachim, hakadosh baruch hu.

Therefore we bend the knee and shake off the stiffness that keeps us from the subtle graces of life and the supple gestures of love. With reverence and thanksgiving we accept our destiny and set for ourselves the task of redemption.

- Interpretive translation by Rabbi Rami Shapiro

ּוְנֶאֱמֵר וְהָיָה יְהֹוָה לְמֶלֶךְ עַל כָּל הָאָרֶץ בַּיּוֹם הַהוּא יִהְיֶה יְהֹוָה אֶחָד וּשִׁמוֹ אֵחָד:

V'ne'emar, v'hayah Adonai l'melech al kol ha'aretz. Bayom hahu yihiyeh Adonai echad, u'shmo ehchad.

And it is written: "Adonai will reign as sovereign over all the earth. On that day shall Adonai be one, God's name be one!"

Mourners Kaddish

יִתְגַּדֵּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא בְּעָלְמָא דִּי בְרָא כִּרְעוּתֵהּ וְיַמְלִידְ מֵּלְכוּתֵהּ בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל, בַּעֲנָלָא וּבִזְמַן קָּרִיב וְאִמְרוּ אַמֵּן

יָהֵא שְׁמֵהּ רַבָּא מִבָּרַדְּ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא:

יִתְבָּרַדְּ וְיִשְׁתַּבַּח וְיִתְפָּאַר וְיִתְרוֹמַם וְיִתְנַשִּׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלֶּל שְׁמֵהּ דְקוּדְשָׁא, בְּרִידְ הוּא לְעִלָּא וּלְעֵלָּא מִכָּל בִּרְכָתָא וְשִׁירָתָא, תִּשְׁבְּחָתָא וְנֵחֱמַתָּא, דַּאֲמִירַן בָּעַלְמַא, וְאִמְרוּ אַמֵּן:

יָהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל וְאִמְרוּ אָמֵן:

עוֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל וְעַל כָּל יוֹשָׁבֵי תֵבֵל וְאָמָרוּ אַמֵן

Yitgadal v'yitkadash sh'mei rabah

B'alma d'vra chirutei v'yamlich malchutei, b'chayeichon uv'yomeichon uv'chaiyei d'chol beit Yisrael ba'agalah uviz'man kariv. V'imru: Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei almaya.

Yitbarach v'yishtabach v'yitpa'ar v'yitromam v'yitnasei, v'yit'hadar v'yitaleh v'yithalal shemei d'Kudsha B'rich hu, le'eila min mikol birchata v'shirata, tushb'chata v'nechemata da'amiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol Yisrael. V'imru: Amen.

Oseh shalom bimromav. Hu ya'aseh shalom aleinu v'al kol Yisrael v'al kol yoshvei teiveil. V'imru: Amen.

Kaddish: Beauty of the World

Praise the world - praise its fullness

and its longing, its beauty and its grief.

Praise stone and fire, lilac and river,

and the solitary bird at the window.

Praise the moment when the whole bursts through pain

and the moment when the whole bursts forth in joy.

Praise the dying beauty with all your breath, and praising, see

the beauty of the world is your own.

Marcia Falk

Olam Chesed Yibaneh

Olam Chesed Yibaneh, ya da dai dai dai, ya da dai dai (4x)

We must build this world from love (justice, peace), ya da dai dai di, ya da dai dai (2x)

We will build this world from love (justice, peace), ya da dai dai dai, ya da dai dai (2x)

Service for Yom Kippur Morning

Elohai Neshama

Elohai neshama shenatata bi t'hora hee

אֱלֹהַי, נִשָּׁמָה שֵׁנַּתַתָּ בִּי טְהוֹרָה הִיא

God, the soul You have given me is pure.

Kol Haneshamah - Psalm 150

הַלְלוּ נָהּ ו הַלְלוּ־אֵל בְּקָדְשׁוֹ הַלְלוּהוּ בִּרְקִנִעַ עִזְּוֹ: הַלְלוּהוּ בִגְבוּרֹתָיו הַלְלוּהוּ כְּרֹב גַּדְלוֹ:

Halleluyah, hallelu el b'kodsho, halleluhu birkia uzo. Halleluhu bigvurotav - halleluhu k'rov gudlo.

> הַלְלוּהוּ בְּתִקַע שׁוֹפֶר הַלְלוּהוּ בְּנִבֶּל וְכִנְּוֹר: הַלְלוּהוּ בְתֹף וּמָחוֵל הַלְלוּהוּ בְּמִנִּים וְעוּגָב:

Halleluhu b'teika shofar, halleluhu b'neivel v'chinor Halleluhu b'tof umachol, halleluhu b'minim v'ugav.

ַהַלְלוּהוּ בְצִלְצְלֵי־שָׁמֵע הַלְלוּהוּ בְּצִלְצְלֵי תְרוּעֲה:

Halleluhu b'tzil tzelei shama, halleluhu b'tzil tzelei t'ruah

כל הַנָּשְׁמָה תּהַלֵּל יַה הַלְלוּ־יַה:

Kol haneshamah t'halleil ya, halleluyah...

Call out to God in heaven's holy place. Exclaim to God across the firmament. Shout to God for God's mighty deeds. Proclaim to God as loud as God is great. Blast out for God with piercing shofar sound. Strum to God with sweet lute and strings. Drum to God with mighty rhythm. Dance to God with joyous abandon. Sing out to the Creator with strings and husky flute! Sing out to the Eternal with cymbals that resound! Let every living thing praise God, Halleluyah.

Nishmat Kol Chai - A Blessing for All of Creation

נִשְׁמַת כָּל חַי תְּבָרֵךְ אֶת שִׁמְךּ יְהֹנָה אֱלוֹהֵינוּ וְרוּחַ כָּל בָּשָּׁר תְּפָּאֵר וּתְרוֹמֵם זִכְרְךָּ מַלְכֵּנוּ תָּמִיד מִן הָעוֹלֶם וְעַד הָעוֹלֶם אַתָּה אֵל

Nishmat kol chai t'vareich et shimcha, Adonai Eloheinu v'ruach kol basar T'fa'eir utromeim zichrecha, malkeinu, tamid, min ha'olam ve'ad ha'olam Atah Eil.

The soul of every living thing shall bless Your name, Adonai, our God, the spirit of all flesh shall glorify and hold in reverence continually the memory of You, our sovereign one. From one eternity to another, You alone are God.

אָלּוּ פִינוּ מָלֵא שִׁירָה כַּיָּם וּלְשׁוֹנֵנוּ רָנָּה כַּהֲמוֹן גַּלָּיוּ, וְשִּׁפְתוֹתֵינוּ שֶׁבַּח כְּמֶרְחֲבֵי רָקִיעַ וְעֵינֵינוּ מְאִירוֹת כַּשֶּׁמֶשׁ וְכַיָּרֶח, וְיָדֵינוּ פְרוּשׁוֹת כְּנִשְׁרֵי שָׁמָיִם וְרַגְלֵינוּ קַלּוֹת כָּאַיָּלוֹת, אֵין אֲנַחְנוּ מַסְפִּיקִים לְהוֹדוֹת לְדְּ יְהֹוָה אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וְאָמוֹתֵינוּ וּלְבָרֵךְ אֶת שְׁמֶךְ עַל אַחַת מֵאָלֶף אֶלֶף אַלְפִי אֲלָפִים וְרְבֵּי רְבָבוֹת פְּעָמִים הַטּוֹבוֹת שֶּׁעָשִׂיתָ עִם אֲבוֹתֵינוּ וְאָמוֹתֵינוּ וְעִפְּנוּ

Ilu finu malei shirah kayam, ulshoneinu rinah kahamon galav, v'siftoteinu shevach k'merchavei rakia, v'eineinu m'irot kashemesh v'chayareiach, v'yadeinu frusot k'nishrei shamayim, v'ragleinu kallot ka'ayalot,ein anachnu maspikim l'hodot l'cha, Adonai Eloheinu vei'Elohei avoteinu v'imoteinu, ul'vareich et sh'mecha, al achat mei'alef elef alfei alafim v'ribei r'vavot p'amim, hatovot she'asita im avoteinu, v'imoteinu, v'immanu.

And were our mouths oceans of song, our tongues alive with exultation like the waters' waves, our lips filled full of praises like the heaven's dome, our eyes lit up like sun and moon, our hands spread out like eagle's wings, our feet as light as those of the gazelle - we would never have sufficient praise for You, Adonai, our God, God of our ancestors, nor could we bless Your name enough for even one small measure of the thousands upon thousands of the times of goodness, when You acted for our ancestors and us.

Hamelech

ַהַּמֶּלֶדְיּוֹשֵׁב עַל כִּסֵּא רָם וְנִשָּׂא:

Hamelech yoshev al kiseh ram v'nisah!

שׁוֹכֵן עַד מָרוֹם וְקָדוֹשׁ שְׁמוֹ. וְכָתוֹּב רַנְּנוּ צַדִּיקִים בַּיהוָה. לַיְשָׁרִים נָאוָה תְּהִלָּה: בְּפִי יְשָׁרִים תִּתְרוֹמָם. וּבְדִבְרֵי צַדִּיקִים תִּתְבָּרַדְּ. וּבִלְשׁוֹן חֲסִידִים תִּתְקַדָּשׁ. וּבְקֶרֶב קְדוֹשִׁים תִּתְהַלָּל

Shochen ad marom v'kadosh sh'mo. V'chatuv ran'nu tzadikim ba'adonai. Lay'sharim na'ava t'hilah. B'fi y'sharim titromam. U'divrei tzadikim titbarach. U'lshon chasidim titkadash. U'vikerev k'doshim tithalal.:

The sovereign be praised who sits upon the high and lofty throne! The Shechina is our intimate forever, yet with a Name exalted and holy. Sing to Adonai, those who do justly, for praise becomes the upright.

From the mouths of the upright, comes God's praise,
Blessing is in the words of doers of justice,
Exaltation springs from the tongues of those who do more than is required.
From the innermost parts of holy people does God's holiness shine forth.

Chatzi Kaddish

Yitgadal v'yitkadash sh'mei rabba

יִתְגַדַל וִיִתְקַדַשׁ שְׁמֵה רַבַּא

בְּעֶלְמָא דִּי בְרָא כִרְעוּתִהּ, וְיַמְלִידְ מֵלְכוּתֵהּ בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בִּית יִשְׂרָאֵל, בַּעַנֶּלָא וּבִּזְמֵן קַרִיב, וָאָמְרוּ

B'alma divra chirutei v'yamlich malchutei b'chayeichon uv'yomeichon uvchayei d'chol beit Yisrael ba'agala u'vizman kariv v'imru

ּ אָמֵן. יְהֵא שְׁמֵהּ רַבָּא מְבָרַדְּ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא.

Amen. Yehei sh'mei raba m'varach l'olam ulalmei almaya yitbarach.

יִתְבָּרַדְּ וְיִשְׁתַּבַּח וְיִתְפָּאַר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שָׁמֵה דְּקַדְשָׁא

Yitbarach v'yishtabach v'yitpa'ar v'yitromam v'yitnasei v'yit-hadar v'yit'aleh v'yithalal sh'mei d'kudsha

בַּרִידְ הוּא

B'rich hu

ָלְעֵכָּא וּלְעֵלָּא מִכָּל בִּרְכָתָא וְשִׁירָתָא תֻּשְׁבְּחָתָא וְנֶחֱמָתָא, דַּאֲמִירָן בְּעָלְמָא, וְאִמָרוּ אָמֵן

L'eila ul'eila mikol birchata v'shirata tushbechata v'nechemata da-amiran b'alma v'imru

אַמֵן

Amen.

Let God's name be made great and holy in the world that was created as God willed. May God complete the holy realm in your own lifetime, in your days, and in the days of all the house of Israel, quickly and soon. And say: Amen.

May God's great name be blessed, forever and as long as worlds endure.

May it be blessed, and praised, and glorified, and held in honor, viewed with awe, embellished, and revered; and may the blessed name of holiness be hailed, though it be higher by far than all the blessings, songs, praises, and consolations that we utter in this world. And say: Amen.

Barchu - Call to Prayer

בַּרְכוּ אֶת יְהוָה הַמְברָךְ.

Leader: Barchu et Adonai ham'vorach

Bless the Eternal, the Source of all Blessing.

בַרוד יהוַה הַמִּברַדְ לִעוֹלַם וַעֵּד.

All: Baruch Adonai ham'vorach le'olam va'ed

Blessed is the Eternal, the Source of all Blessing, forever.

בָּרוּךְ יְהֹוָה הַמְּבֹרָךְ לְעוֹלָם וָעֶד.

Leader: Baruch Adonai ham'vorach le'olam va'ed

Blessed is the Eternal, the Source of all Blessing, forever.

Once the World Was Perfect

Once the world was perfect, and we were happy in that world.

Then we took it for granted.

Discontent began a small rumble in the earthly mind.

Then Doubt pushed through with its spiked head.

And once Doubt ruptured the web,

All manner of demon thoughts

Jumped through-

We destroyed the world we had been given

For inspiration, for life-

Each stone of jealousy, each stone

Of fear, greed, envy, and hatred, put out the light.

No one was without a stone in his or her hand.

There we were,

Right back where we had started.

We were bumping into each other

In the dark.

And now we had no place to live, since we didn't know

How to live with each other.

Then one of the stumbling ones took pity on another

And shared a blanket.

A spark of kindness made a light.

The light made an opening in the darkness.

Everyone worked together to make a ladder.

A Wind Clan person climbed out first into the next world,

And then the other clans, the children of those clans, their children,

And their children, all the way through time-

To now, into this morning light to you.

Joy Harjo

Yotzer

בַּרודְ אַתָּה יְיָ אֱלֹהֵנוּ מֶלֶדְ הָעוֹלָם, יוֹצֵר אוֹר וּבוֹרֵא חשֶׁדְ, עֹשֶׂה שָׁלוֹם וּבוֹרֵא אֵת הַכֹּל

Baruch ata adonai eloheinu melech ha'olam yotzer or u'voray choshech, oseh shalom u'voray et hakol.

Blessed are you, Eternal One, our God, sovereign of all worlds who fashions light and creates darkness, maker of peace and creator of all.

Ahava Raba

אַהֲבָה רַבָּה אֲהַבְּתָּנוּ, יְהֹנָה אֱלֹהֵינוּ, חֶמְלָה גְדוֹלָה וִיתֵּרָה חָמֵּלְתָּ עָלְינוּ. אָבְינוּ מַלְכֶּנוּ, בַּעֲבוּר אֲבוֹתֵינוּ וְאִמוֹתֵינוּ שֶׁבָּטְחוּ בְךּ, וַתְּלַמְדֵם חֻקִּים, כֵּן תְּחָנֵּנוּ וּתְלַמְדֵנוּ. אָבִינוּ, הָאָב הָרַחֲמָן, הַמְרַחֵם, רַחֵם עָלִינוּ, וְתֵן בְּלִבְּנוּ לְהָבִין וּלְהַשְׂכִּיל, לִשְׁמִע, לִלְמֹד וּלְלַמֵּד, לִשְׁמֹר וְלַעֲשׁוֹת וּלְקַיֵּם אֶת כָּל דִּבְרֵי תַלְמוּד תּוֹרָתֶךְ בְּאַהֲבָה.

Ahavah raba ahavtanu Adonai Eloheinu chemlah g'dolah viteirah chamalta aleinu. Avinu malkeinu ba'avur avoteinu v'imoteinu shebatchu v'cha vat'lamdeim chukei chaim kein t'chaneinu ut'lamdeinu avinu ha-av harachaman, ham'racheim racheim aleinu v'tein b'libeinu l'havin ul'haskil lishmoa lilmod ul'lameid lishmor v'la-asot ul'kayeim et kol divrei Talmud toratecha b'ahavah.

With an abounding love, You love us, our nurturer, our God. With great compassion do You care for us. Our sovereign, just as our ancestors placed their trust in You, and You imparted to them laws of life, so be gracious to us too, and teach us. Our source, our loving parent who cares for us, be merciful with us and place into our hearts the ability to understand, to see, to hear, to learn, to teach, to keep, to do, and to uphold with love all the wisdom that is in Your Torah.

ְּוָהָאֵר אֵינֵינוּ בְּתוֹרָתֶדְּ, וְדַבֵּק לִבָּנוּ בְּמִצְוֹתֵידְּ, וְיַחֵד לְבָבֵנוּ לְאַחֲבָה וּלְיִרְאָה אֶת שְׁמֶדְּ, וְלֹא גֵבוֹשׁ לְעוֹלָם וָעֶד. כִּי בְשֵׁם קַדְשְׁדְּ הַנְּדוֹל וְהַנּוֹרָא בָּטְחְנוּ, נָגִילָה וְנִשְּׁמְחָה בִּישׁוּעֶתֶדְ. וַהֲבִיאֵנוּ לְשָׁלוֹם מֵאַרְבֵּע כַּנְפוֹת הָאֶרֶץ, וְתוֹלִיכֵנוּ קוֹמְמִיּוּת וְנִשְׂמְדְּ לְשָׁלוֹם מֵאַרְבֵּע כַּנְפוֹת הָאֶרֶץ, וְתוֹלִיכֵנוּ קוֹמְמִיּוּת לְשָׁלוֹם מֵאַרְבֶּנוּ בְּחַרְתָּ מִכָּל עַם וְלָשׁוֹן. וְקַרַבְּתָּנוּ לְשִׁמְדְּ לְאַרְצֵנוּ, כִּי אֵל פּוֹעֵל יְשׁוּעוֹת אֶתָּה, וּבְנוּ בָחַרְתָּ מִכָּל עַם וְלָשׁוֹן. וְקַרַבְּתָּנוּ לְשִׁמְדְּ בְּאַהְבָה. בִּרוּדְ אַתָּה יְהֹוָה, אוֹהֵב עַמּוֹ הַעְּרָבֻל.

V'ha'eir aineinu b'toratecha v'dabek libeinu b'mitzvotecha V'yacheid l'vaveinu l'ahava ul'yira et sh'mecha, v'lo neivosh l'olam va'ed. Ki b'sheim kodsh'cha hagadol v'hanora batachnu nagila v'nismecha bishu'atecha V'havi'einu l'shalom mei'arba kanfot ha'aretz v'tolicheinu kom'miut l'artzeinu ki eil po'eil yishu'ot atah, uvanu vacharta mikol am v'lashon. V'keiravtanu l'shimcha hagadol selah be'emet. L'hodot l'cha ul'yached'cha b'ahavah. Baruch atah Adonai oheiv amo Yisrael.

Enlighten us with Your Torah; cause our hearts to cling to Your commandments. Make our hearts one, to love Your name and be in awe of it. Keep us from shame today and always, for we have trusted in Your holy, great and awesome name. May we be glad, rejoicing in Your saving power, and may You reunite our people from the four corners of the earth, leading us with pride to our land. For You are the redeeming God and have brought us near to Your great name, to offer thanks to You and lovingly declare Your unity. Blessed are You, our God, who loves Your people Israel.

Shema

שְׁמַע יִשְׂרָאֵל, יְהֹנָה אֱלֹהֵינוּ, יִהֹנָה אֵחָד.

Shema Yisrael, Adonai Eloheinu, Adonai echad.

Listen, Israel - the Eternal is God, the Eternal is one.

בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלֶם וָעֵד.

Baruch sheim k'vod malchuto le'olam va'ed.

Blessed is the name and glory of God's realm, forever.

ְוְאָהַבְתָּ אֵת יְהֹוָה אֱלֹהֶיךּ, בְּכָל לְבָבְךּ, וּבְכָל נַפְשְׁדּ, וּבְכָל מְאֹדֶדּ. וְהָיוּ הַדְּבָרִים הָאֵלֶה, אֲשֶׁר אָלֹכִי מְצַוְּדְּ הַיּוֹם, עַל לְבָבֶדְּ. וְשִׁנַּנְתָּם לְבָנֵידּ, וְדִבּּרְתָּ בָּם, בְּשִׁבְתְּדְּ בְּבֵיתֶדְּ, וּבְלֶכְתְּדְּ בַדֶּרֶדְ, וּבְשָׁכְבְּדּ, וּבְקוּמֶדְ. וּקְשַׁרְתָּם לְאוֹת עַל יָדֶדְ, וְהָיוּ לְטֹטָפֹת בֵּין עֵינֵידְ. וּכְתַבְתָם עַל מְיֻזּוֹת בֵּיתֶדְ וּבִשְּׁעֶרֶידְ.

V'ahavta eit Adonai Elohecha b'chol l'vavcha uv'chol nafshecha uv'chol me'odecha. Vhayu had'varim ha'eileh asher anochi m'tzavcha hayom al l'vavecha. V'shinantam l'vanecha v'dibarta bam b'shivtecha b'veitecha uv'lechtecha vaderech uv'shochbecha uvekumecha. Uk'shartam le'ot al yadecha v'hayu l'totafot bein einecha. Uch'tavtam al mezuzot beitecha uvisharecha.

And you must love The One, your God, with your whole heart, with every breath, with all you have. Take these words that I command you now to heart. Teach them intently to your children. Speak them when you sit inside your house or walk upon the road, when you lie down and when you rise. And bind them as a sign upon your hand, and keep them visible before your eyes. Inscribe them on the doorposts of your house and on your gates

L'ma'an tiz'k'ru va'asitem et kol mitz'votai viyitem k'doshim lei'loheichem. Ani Adonai Eloheichem asher hotzei'ti et'chem mei'eretz Mitz'rayim lih'yot lachhem leilohim. Ani Adonai Eloheichem. Adonai Eloheichem emet.

Thus may you remember to fulfill all My commandments and be holy to your God. I am Adonai your God, who brought you out of the land of Egypt to be your God; I, Adonai, am your God. Truth.

Mi Chamocha

מִי כָמְכָה בָּאֵלִם יְהֹוָה, מִי כָּמְכָה נֶאְדָּר בַּקֹּדֶשׁ, נוֹרָא תְהַלֹּת, עְשֵׁה פֶּלֶא.

Mi chamocha ba'eilim Adonai. Mi kamocha nedar bakodesh. Nora tehilot osei feleh.

Who is like You, Eternal One, among heavenly powers? Who is like You, awesome in splendor, doing wonders?" - Exodus 15.11

שִׁירָה חֲדָשָׁה שִׁבְּחוּ גְאוּלִים לְשִׁמְךּ עַל שְׂפַת הַיָּם, יָחַד כֻּלָּם הוֹדוּ וְהִמְלִיכוּ וָאַמָרוּ:

Shirah chadashah shib'chu ge'ulim l'shimcha al s'fat hayam, yachad kulam hodu v'himl'chu v'amru:

The redeemed praised You on the shore of the sea with a new song dedicated to Your name. Together they acknowledged You and declared You sovereign, saying:

יְהֹנָה יִמְלֹדְ לְעוֹלָם וָעֶד.

Adonai yimloch l'olam va'ed.

The Eternal shall reign throughout all time.

צוּר יִשְּׂרָאֵל, קוּמָה בְּעֶזְרַת יִשְּׂרָאֵל, וּפְדֵה כִנְאַמֶּךּ יְהוּדָה וְיִשְּׁרָאֵל. גֹּאֲלְנוּ יִהֹוָה צְבַאוֹת שִׁמוֹ, קִדוֹשׁ יִשְׂרָאֵל. בַּרוּךְ אַתַּה יִהֹוָה גַּאַל יִשְׂרָאֵל.

Tzur Yisrael kuma b'ezrat Yisrael uf'dei chinumecha Yehuda v'Yisrael. Go'aleinu Adonai tz'va'ot shemo kedosh Yisrael. Baruch Atah Adonai, ga'al Yisrael.

Rock of Israel, rise in support of Israel, and liberate, as You pledged, Judah and Israel. Our Redeemer - Adonai, Master of Legions, is God's Name - is the Holy One of Israel. Blessed are You Adonai, redeemer of Israel.

Amidah

אַדנָי שְפַתֵי תִפְתָּח וֹפִי יַגִּיד תְּחַלֶּתֶךְ

Adonai sefatai tiftach, ufi yagid tehilatecha.

Open my lips, Eternal One, and let my mouth declare Your praise.

בָּרוּךְ אַתָּה יְהֹנָה אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וְאִמוֹתֵינוּ, אֱלֹהֵי אַבְרָהָם אֱלֹהֵי יִצְחָק וֵאלֹהֵי יַצְקֹב,אֱלֹהֵי שָׁרָה, אֱלֹהֵי רִבְקָה, אֱלֹהֵי רָחֵל, ואֱלֹהֵי לֵאָה. הָאֵל הַנְּדוֹל הַנִּבּוֹר וְהַנּוֹרָא אֵל עֶלְיוֹן גּוֹמֵל חֲסָדִים טוֹבִים וְקוֹנֵה הַכֹּל וְזוֹכֵר חַסְדֵי אָבוֹת וְאִפָּהוֹת וּמֵבִיא גְּאֻלָּה לִבְנֵי בְנֵיהֶם לְמַעַן שְׁמוֹ בְּאַהֲבָה:

Baruch atah Adonai, Eloheinu v'Eilohei avoteinu v'imoteinu, Elohei Avraham, Elohei Yitzchak, v'Eilohei Yaakov; Elohei Sarah, Elohei Rivka, Elohei Rachel, v'Eilohei Leah. Ha'Eil hagadol hagibor v'hanora, Eil elyon, gomel chasadim tovim, v'konei hakol, v'zocher chasdei avot v'imahot, umeivi ge'ulah livnei v'neihem l'ma'an sh'mo b'ahavah.

Blessed are You, Adonai our God and God of our ancestors; God of Abraham, God of Isaac and God of Jacob; God of Sarah, God of Rebecca, God of Rachel and God of Leah. God the great, the mighty and the awesome, God on high, who rewards righteous goodness, maker of all, who remembers the righteousness of our ancestors and brings redemption before them, for the sake of Your name, in love.

: זָכְרֵנוּ לְחַיִּים מֶלֶדְ חָפֵּץ בַּחַיִּים וְכָתְבֶנוּ בְּקֵפֶּר הַחַיִּים לְמַעַנְדְּ אֱלֹהִים חַיִּים: Zochreinu l'chayim, melech chafetz ba'chayim, v'chatveinu b'seifer hachayim l'man'cha Elohim chayim.

Remember us for life, Sovereign who wishes us to live. Write us in the Book of Life for Your sake, Eternal God.

ָמֶלֶךְ עוֹזֶר וּמוֹשִׁיעַ וּמָגֵן: בָּרוּךְ אַתָּה יִהֹוָה מָגֵן אַבְרָהָם וְעָזְרַת שָּׁרָה.

Melech ozer umoshi'a umagein. Baruch atah Adonai, magein Avraham v'ezrat Sarah.

Sovereign, helper, deliverer and guardian, blessed are You Adonai, shield of Abraham, helper of Sarah.

אַתָּה גָבּוֹר לְעוֹלָם אֲדֹנָי מְחַיֶּה הַכֹּל אַתָּה רַב לְהוֹשִׁיעַ: מוֹריִד הֲטַל מְכַלְכֵּל חַיִּים בְּחֶסֶד מְחַיֵּה מֵתִים בְּרַחֲמִים רַבִּים סוֹמֵךְ נוֹפְלִים וְרוֹפֵא חוֹלִים וּמַתִּיר אֲסוּרִים וּמְקַיֵּם אֱמוּנָתוֹ לִישֵׁנֵי עָפָר, מִי כָמְוֹךְּ בַּעַל גְּבוּרוֹת וּמִי דְּוֹמֶה לָדְ מֶלֶךְ מֵמִית וּמְחַיֶּה וּמַצְמִיחַ יְשׁוּעָה

Atah gibor l'olam Adonai, m'chayei hakol Atah rav l'hoshia. Morid ha'tal. M'chalkeil chayim b'chesed, m'chayei hakol b'rachamim rabim, someich noflim v'rofei cholim, umatir asurim, um'kayeim emunato lisheinei afar. Mi chamocha ba'al g'vurot umi domeh lach melech meimit um'chayeh umatzmi'ach y'shuah.

You are forever powerful, Almighty One, abundant in Your saving acts. You send down the dew. In loyalty, You sustain the living, nurturing the life of every thing, upholding those who fall, healing the sick, freeing the captive and remaining faithful to all life held dormant on the earth. Who can compare to You, Almighty God? Who can compare to You, source of all mercy, remembering all creatures mercifully, decreeing life. Faithful are You in giving life to every living thing.

Unetaneh Tokef - "And now we declare"

וּנְתַנֶּה תֹּקֶף קְדָשַׁת הַיּוֹם כִּי הוּא נוֹרָא וְאָיֹם וּבוֹ תִּנָּשֵׂא מַלְכוּתֶךּ וְיִכּוֹן בְּחֶסֶד כִּסְאֵדּ וְתֵשִׁב עָלָיו בָּאֱמֶת.

Unetaneh tokef kedushat hayom, ki hu nora v'ayom, uvo tinaseih malchutecha, v'yikon b'chesed kisecha, v'teishev alav b'emet.

We declare the sacred power of today, for it is awesome and frightening. Your Sovereignty will be exalted; Your throne will be firmed with kindness; You will sit upon it in truth.

ּכְּבַקּרַת רוֹעֶה עֶדְרוֹ, מַעֲבִיר צֹאנוֹ תַּחַת שִׁבְטוֹ. כֵּן תַּעֲבִיר וְתִסְפֹּר וְתִמְנֶה וְתִפְּקֹד נֵפֵשׁ כַּל חָי.

Kevakorat ro'eh edro, ma'avir tzono tachat shivto. Kein ta'avir v'tispor v'timneh v'tifkod nefesh kol chai.

As a shepherd counts the flock, counting each with a staff as they pass, so we pass before You, as You count and number and account for the souls of all that live.

יְהֹנָה יְהֹנָה אֵל רַחוּם וְחַנּוּן אֶרֶךְ אַפַּיִם וְרַב חֶסֶד וֶאֱמֶת. נֹצֵר חֶסֶד לָאֵלָפִים נֹשֵׂא עָוֹן וָפֵשַׁע וְחַטָּאָה וְנַקֵּה:

Adonai, Adonai, Eil rachum v'chanun, erech apayim, v'rav chesed v'emet. Notzer chesed la'alafim, nosei avon vafesha, v'chata'ah v'nakeih.

Yud-Hey-Vav-Hey, Compassion and Tenderness, Kindness, Awareness, Patience, Forbearance, Bearing love from age to age, forgiving guilt and mistakes and renewing us again... (Adonai, Adonai...)

בָּרֹאשׁ הַשָּׁנָה יִכָּתֵבוּן. וּבִיוֹם צוֹם כִּפּוּר יֵחָתֵמוּן.

*B'Rosh Hashanah yikateivun. Uv'Yom tzom Kippur yechateimun.*On Rosh Hashanah all is written and revealed. And on Yom Kippur the course of every life is sealed.

Who By Fire

And who by fire, who by water, who in the sunshine, who in the night time,
Who by high ordeal, who by common trial, who in your merry merry month of may,
Who by very slow decay. And who shall I say is calling?
And who in her lonely slip, who by barbiturate, who in these realms of love,
Who by something blunt, who by avalanche, who by powder, who for his greed, who for his hunger. And who shall I say is calling? And who by brave assent, who by accident,
Who in solitude, who in this mirror? Who by his lady's command, who by his own hand,
Who in mortal chains, who in power. And who shall I say is calling?

Leonard Cohen

Kamah ya'avrun, v'chamah yibarei'un. Mi yichyeh, umi yamut. Mi v'kitzo, umi lo v'kitzo. Mi vamayim, umi va'eish. Mi vacherev, umi vachayah. Mi vara'av, umi vatzama. Mi vara'ash, umi vamageifah. Mi vachanikah, umi vaskilah. Mi yanuach, umi yanua. Mi yishakeit, umi yitareif. Mi yishaleiv, umi yityasar. Mi yei'ani, umi yei'asher. Mi yishafeil, umi yarum.

Ashamnu

אָשַׁמְנוּ. בָּגַדְנוּ. גָּזַלְנוּ. דִּבַּרְנוּ דֹּפִי: הֶעֶוִינוּ. וְהִרְשַׁעְנוּ. זַדְנוּ. חָמַסְנוּ. טְפַלְנוּ שֶׁקֶר: יָעֵצְנוּ רָע. כִּזַּבְנוּ. לַצְנוּ. מָרַדְנוּ. נִאַצְנוּ. סָרַרְנוּ. עָוִינוּ. פָּשַׁעְנוּ. צָרַרְנוּ. קשִׁינוּ עֹרֶף: רָשַׁעְנוּ. שָׁחַתְנוּ. תִּעַבְנוּ. תָּעִינוּ. תִּעְתָּעְנוּ:

Ashamnu. Bagadnu. Gazalnu. Dibarnu dofi. He'evinu. V'hirshanu. Zadnu. Chamasnu. Tafalnu sheker. Ya'atznu ra. Kizavnu. Latznu. Maradnu. Ni'atznu. Sararnu. Avinu. Pashanu. Tzararnu. Kishinu oref. Rashanu. Shichatnu. Ti'avnu. Ta'inu. Titanu.

We have acted wrongly. We have been untrue. And we have gained unlawfully And have defamed We have harmed others. We have wrought injustice, We have zealously transgressed, And we have hurt And have told lies. We have improperly advised, and we have covered up the truth, and we have laughed in scorn. We have misused responsibility And have neglected others And have stubbornly rebelled. We have offended. We have perverted justice, We have stirred up enmity, And we have kept ourselves from change. We have reached out to evil, We have shamelessly corrupted And we have treated others with disdain. Yes, we have thrown ourselves off course, And we have tempted and misled.

Translation from Siddur Kol Haneshama

V-ahl Kulam

וְעֵל בָּלָם, אֱלוֹהַ סְלִיחוֹת, סְלַח לְנוּ, מְחַל לְנוּ, בַּפֶּר לְנוּ.

V-ahl kulam, Eloah slichot, s'lach lanu, m'chal lanu, kapehr lanu

May all we do this day, return us to the way, forgiving and healing, releasing us anew

Shema Koleinu - Hear Our Voice

שְׁמַע קוֹלֵנוּ יְהֹוָה אֱלֹהֵינוּ חוּס וְרַחֵם עָלֵינוּ וְקַבֵּל בְּרַחֲמִים וּבְרָצוֹן אֶת תְּפִלֶּתֵנוּ: הֲשִׁיבֵנוּ יְהֹוָה אֵלִידְּ וְנְשׁוּבָה חַדֵּשׁ יָמֵינוּ בְּקֶדֶם: אַל תַּשְׁלִיכֵנוּ מִלְפָנֶידְּ וְרוּחַ קָדְשְׁךְּ אֵל תִּקַח מִמֶּנוּ: אַל תַּשְׁלִיכֵנוּ לְאֵת זִקְנָה כִּכְלוֹת כֹּחֵנוּ אַל תַּעַזְבֵנוּ: אַל תַּעַזְבֵנוּ יְהֹוָה אֱלֹהֵינוּ. אַל תִּרְחַק מִמֶּנוּ: עֲשֵׂה עִמְנוּ אוֹת לְטוֹבָה וְיִרְאוּ שׁוֹנְאֵינוּ וְיֵבשׁוּ כִּי אַתָּה יְהֹוָה עֲזַרְתָּנוּ וְנִחַמְתָּנוּ: כִּי לְדְּ יְהֹוָה הוֹחָלְנוּ אַתָּה תַעֲנֶה אֲדֹנִי אֱלֹהֵינוּ:

Sh'ma koleinu Adonai Eloheinu chus v'racheim aleinu v'kabeil b'rachamin uv'ratzon et t'filateinu. **Hashiveinu Adonai eilecha v'nashuvah chadeish yameinu k'kedem.** Al tashlicheinu milfanecha v'ruach kodshecha al tikach mimenu. Al tashlicheinu l'eit ziknah kichlot kocheinu al ta'azveinu. Al ta'azveinu Adonai Eloheinu, al tirchak mimenu. Asei imanu ot l'tovah v'yiru soneinu v'yeivoshu ki atah Adonai azartanu v'nichamtanu. Ki l'cha Adonai hochalnu atah ta'aneh Adonai Eloheinu.

Hear our voice, Eternal One, our God, and accept our prayer with mercy and good will. **Turn us toward You that we might be enabled to return. Renew our days as of old.** Do not cast us away from Your presence, and do not remove Your spirit from our midst. And do not cast us off as we grow old; do not forsake us when our strength departs. Give us a sign of blessing, so that anyone who bears us ill shall hesitate, for truly You, Eternal One, have always helped us and consoled us. Hear now our words and behold our contemplation. May our words of prayer and the meditations of our hearts be acceptable onto You, our God, our rock and redeemer.

Eloheinu v'Eilohei avoteinu v'imoteinu - s'lach lanu m'chal lanu kaper lanu.

Our God, and God of our ancestors, forgive us, pardon us, help us atone.

Sim Shalom

ַשְּים שַׁלוֹם טוֹבָה וּבָרָכָה. חֶן וַחֱסֶד וְרַחֲמִים עַלֵינוּ וְעַל כַּל יִשרָאֵל עַמֶּדְ.

Sim shalom tovah uv'rachah chein vachesed v'rachamim aleinu v'al kol Yisrael amecha.

Establish peace, goodness, blessing, grace, loving kindness and mercy upon us and upon all Israel Your people.

בָּקֶפֶר חַיִּים בְּרָכָה וְשָׁלוֹם וּפַרְנָסָה טוֹבָה נָזָכֵר וְנִכָּתֵב לְפָנֵיךּ אֲנַחִנוּ וְכָל

B'seifer chayim berachah v'shalom u'farnasah tova nizacher v'nikateiv lefanecha. Anachnu v'chol amecha beit yisrael l'chayim tovim ul'shalom. Baruch atah adonai oseh hashalom.

In the Book of Life, with blessing, peace and proper sustenance, may we be remembered and inscribed, we the house of Israel and all Your people, for a good life and for peace. Blessed are You, compassionate one, maker of peace.

Avinu Malkeinu

Avinu malkeinu, chaneinu va'aneinu, ki ein banu ma-asim. Asei imanu tzedaka vachesed v'hoshi'einu.

Our source, our sovereign, be gracious with us and respond to us, for we have no deeds to justify us; deal with us in righteousness and love, and save us now.

Avinu malkeinu, chatanu lefanecha.

Source of life, sovereign of the universe, we have done wrong in Your presence.

Avinu malkeinu, ein lanu melech eileh atah.

Our source, our sovereign, we have no one to rule over us but You.

Avinu malkeinu, aseih imanu lema'an shemecha.

Our source, our sovereign, help us for the honor of Your name.

Avinu malkeinu, chadesh aleinu shanah tovah.

Our source, our sovereign, renew for us a good year.

Avinu malkeinu, hafer atzat oy'veinu.

Our source, our sovereign, nullify the plans of any who may seek to do us harm.

Avinu malkeinu, s'lach umachal l'chol avonoteinu.

Our source, our sovereign, grant forgiveness and atonement for all of our transgressions.

Avinu malkeinu, hachazireinu bit'shuvah shleimah l'fanecha.

Our source, our sovereign, help us to return wholeheartedly into Your presence.

Avinu malkeinu, sh'lach refuah shleimah l'cholim.

Our source, our sovereign, send complete healing to all those who ail.

Avinu malkeinu, kotveinu b'seifer chayim tovim.

Our source, our sovereign, inscribe us for good fortune in the Book of Life.

Avinu malkeinu, kotveinu b'seifer ge'ulah vishuah.

Our source, our sovereign, inscribe us in the Book of Redemption and Salvation.

Avinu malkeinu, kotveinu b'seifer parnasah v'chalkalah.

Our source, our sovereign, inscribe us in the Book of Sustenance and Livelihood.

Avinu malkeinu, kotveinu b'seifer z'chuyot.

Our source, our sovereign, inscribe us in the book of Merit.

Avinu malkeinu, kotveinu b'seifer s'lichah um'chilah.

Our source, our sovereign, inscribe us in the Book of Forgiveness and Atonement.

Avinu malkeinu, hatzmach lanu y'shu'ah b'karov.

Our source, our sovereign, let grow for us the tree of imminent redemption.

Avinu malkeinu, zachor ki afar anachnu.

Our source, our sovereign, remember us, though we are made of dust.

Avinu malkeinu, chamol aleinu v'al olaleinu v'tapeinu.

Our source, our sovereign, be merciful to us and to all our offspring.

Avinu malkeinu, aseih l'ma'an harugim al sheim kodshecha.

Our source, our sovereign, act in memory of all those who have been killed while honoring Your name.

Avinu malkeinu, aseih l'ma'an shimcha hagadol hagibor v'hanora shenikra aleinu.

Our source, our sovereign, act in honor of Your great and mighty, awe-inspiring name, which has been called out over us for our protection.

Avinu malkeinu, chaneinu va'aneinu, ki ein banu ma-asim. Asei imanu tzedaka vachesed v'hoshi'einu.

Our source, our sovereign, be gracious with us and respond to us, for we have no deeds to justify us; deal with us in righteousness and love, and save us now.

Torah Service

Pitchu Li

פָּתִחוּ לִי שַעַרֵי צֵדֵק אַבֹא בָם אוֹדֵה יָה

Pitchu li shaarei tzedek avo vam odeh Yah

Open for us the gates of justice/love We will enter and give thanks to You

13 Divine Attributes of Compassion

Yud Hey, Vav Hey, Compassion and Tenderness,
Patience, Forbearance, Kindness, Awareness.
Bearing love from age to age, lifting guilt and mistakes and making us free...

ּיָיָ, יִיָ אֵל רַחוּם וְחַנּוּוּ, אֶרֶךְ אַפַּיִם וְרַב חֶסֶד וֶאֱמֶת, נוֹצֵר חֵסֶד לָאַלַפִּים, נֹשֵׂא עַוֹן וָפָשַׁע וְחַטַּאָה וְנַקֵּה.

Adonai, Adonai eil rachum v'chanun, erekh apayim v'rav chesed ve'emet. Notzeir chesed la-alafim, nosei avon va-fesha v'chata-ah v'nakeh.

Exodus 34:6-7 English by Rabbi David Wolfe-Blank and the Aquarian Minyan

שְׁמַע יִשְׂרָאֵל יְהֹוָה אֱלֹהֵינוּ יְהֹוָה אֶחָד

Shema Yisrael Adonai Eloheinu Adonai Echad Hear, O Israel! Adonai, our God, Adonai is One.

אֶחָד אֱלֹהַינוּ. נָדוֹל אֲדוֹנִינוּ. קָדוֹשׁ וְנוֹרָא שְׁמוֹ

Echad Eloheinu, gadol adoneinu, kadosh v'norah shemo.

One is our God, great is our sovereign, holy and awesome is God's name.

גַּדָּלוּ לַיהוָה אָתִּי וּנָרוֹמְמַה שָׁמוֹ יַחְדַּו

Gadlu l'Adonai iti, un'romema shemo yachdav

Declare with me the greatness of the Infinite, together let us raise God's name.

Torah Blessing Before Reading

Reader: בַּרְכוּ אֶת יְהֹוָה הַמְּבֹרָה

Barchu et Adonai ham'vorach. Blessed is Adonai, who is blessed.

All: בָּרוּדְ יְהֹוָה הַמְּבֹרָדְ לְעוֹלֶם וָעֶד

Baruch Adonai ham'vorach l'olam va'ed.

Blessed is Adonai, who is blessed, now and forever.

Reader: בָּרוּךְ יְהֹוָה הַמְּבֹרָךְ לְעוֹלָם וָעֶד

Baruch Adonai ham'vorach l'olam va'ed. Blessed is Adonai, who is blessed, now and forever.

בָּרוּדְ אַתָּה יְהֹוָה אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם אֲשֶׁר בָּחַר בָּנוּ עָם כָּל הָעַמִּים וְנָתַן לֶנוּ אֶת תּוֹרָתוֹ: בָּרוּדְ אַתָּה יְהֹוָה נוֹתֵן הַתּוֹרָה Baruch atah Adonai, Eloheinu, Melech ha'olam, asher bachar banu im kol ha'amim v'natan lanu et torato. Baruch atah Adonai notein hatorah.

Blessed are You, our God, Ruler of the universe, who has chosen us along with all other peoples and given us Your Torah. Blessed are You, Adonai, who gives us Torah.

Torah Blessing After Reading

בּרוּךְ אַתָּה יְהֹוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר נָתַן לָנוּ תּוֹרַת אֱמֶת וְחַיֵּי עוֹלָם נָטַע בְּתוֹכֵנוּ: בָּרוּךְ אַתָּה יְהֹוָה נוֹתֵן הַתּוֹרָה

Baruch atah Adonai, Eloheinu, Melech ha'olam, asher natan lanu torat emet, v'chayei olam natah betocheinu. Baruch atah Adonai notein hatorah.

Blessed are You, our God, Ruler of the universe, who has given us the Torah of truth, and planting within us eternal life. Blessed are You, Adonai, who gives us Torah. Amen.

Torah Reading - Yom Kippur

Deuteronomy 30:11-14

First Aliyah

כֶּי הַמִּצְוָה הַזּאת אֲשֶׁר אָנֹכִי מְצַוְךְּ, הַיֹּיוֹם לְא־נִפְלֵאת הוא מְמְךּ וְלָא רְחֹקָה הֵוא:

לָא בַשָּׁמַיָם הָוָא לֵאמֹר מִי יַעֲלֶה־לֶנוּ הַשָּׁמַיְּמָה ֹוְיִקּוּחֶהָ לָּנוּ וְיַשְׁמִעֵנוּ אֹתָהּ וְנַעֲשֶׂנָה:

ָּרְלֵא־מֵעֵבֶר לַיָּם הָוִא לֵאמֹר מִי יַעֲבָר־לָנוּ אֶל־עֵבֶר הַיָּם וְיִקּּחֶהָ לָּנוּ וְיַשְׁמִעֵנוּ אֹתָהִ וְנַעֲשֶׂנָה:

(ס) כִּי־קָרִוֹב אֵלֶיִךּ הַדָּבָר מְאֶֹד בְּפִידּ וּבְלְבָבְדָּ לַעֲשֹׁתְוֹ:

Surely, this Instruction which I enjoin upon you this day is not too baffling for you, nor is it beyond reach.

It is not in the heavens, that you should say, "Who among us can go up to the heavens and get it for us and impart it to us, that we may observe it?"

Neither is it beyond the sea, that you should say, "Who among us can cross to the other side of the sea and get it for us and impart it to us, that we may observe it?"

No, the thing is very close to you, in your mouth and in your heart, to observe it.

Deuteronomy 30:15-20

Second Aliyah

ְרָאֵה נָתַתִּי לְפָנֶיֹדְּ הַיֹּוֹם אֶת־הַחַיָּיִם וְאֶת־הַטּוֹב וְאֶת־הַפְּוֶת וְאֶת־הָרֶע: אֲשֶׁר אָנֹכִי מְצַוְּדְ הַיּוֹם לְאַהֲבָּה אֶת־יְהנָה אֱלֹהֶיֹדְ לָלֶכֶת בִּדְרָכִּיו וְלִשְׁמֹּר מִצְוֹתָיו וְחֻפֹּתָיו וּמִשְׁפָּטָיִו וְחָיִית וְרָבִית וּבַרַכְדּ יְהנָה אֱלֹהֶידְ בָּאָ"ֶרְץ אֲשֶׁר־אַתָּה בָא־שָׁפָּה לְרִשְׁתָּהּ:

ּוְאִם־יִפְגֶה לְבָבְדּ, וְלֹא תִשְּׁמָע וְנִדּחְתָּ וְהִשְּׁתַּחֲוֹיֶת בֹאלֹהִים אֲחֵרִים וַעֲבַדְתָּם: הִגַּדְתִּי לָכֶם הַיֹּוֹם כִּי אָבֹד תֹאבֵדוּוְ לֹא־תַאֲרִיכֵן יָמִים עַל־הָאֲדָמָה אֲשֶׁר אַתָּה עֹבֶר אָת־הַיַּרְדָּוֹ לַבִא שַׁמֵּה לִרְשִׁתַּהּ:

הַעִידֹתִי בָכֶם הַיּוֹם אֶת־הַשָּׁמַיִם וְאֶת־הָאָרֶץ הַחַיֵּים וְהַפְּנֶת ׁנְתַתִּּת לְפָנֶידְ הַבְּרָכָה וְהַקְּלָלֶה וּבָּחַרְתִּ בַּחַיִּים לְמַעַן תִּחְיֶה אַתָּה וְזַרְעֵדְּ:

לְאַהֲבֶּה ֹאֶת־יְהֹנָה אֱלֹהֶיְךּ לִשְׁמֹעַ בְּקֹלֹן וּלְדָבְקְה־בֹּוֹ כֵּי הֹוָא חַיֶּיִּדְ וְאֹרֶרְ יָמֶיִדְּ לָשֶׁבֶת עַל־הָאֲדָמָה אֲשֶׁר יִּשְׁבַּע יְהנָה לַאֲבֹתֶיִדְּ לְאַבְּרָהָם לְיִצְחָק וּלֹיַעִקֹב לִתִת לַהָּם: (פ)

See, I set before you this day life and prosperity, death and adversity.

For I command you this day, to love Adonai your God, to walk in Godly ways, and to keep Godly commandments, laws, and rules, that you may thrive and increase, and that Adonai your God may bless you in the land that you are about to enter and possess.

But if your heart turns away and you give no heed, and are lured into the worship and service of other gods,

I declare to you this day that you shall certainly perish; you shall not long endure on the soil that you are crossing the Jordan to enter and possess.

I call heaven and earth to witness against you this day: I have put before you life and death, blessing and curse. Choose life—if you and your offspring would live—by loving Adonai your God, heeding godly commands, and holding fast God. For thereby you shall have life and shall long endure upon the soil that Adonai swore to your ancestors, Abraham, Isaac, and Jacob, to give to them.

Birkat Hagomel

Someone who has had a life threatening experience may recite:

Baruch ata adonai eloheinu melech ha'olam hagomel l'chayavim tovot shegmalani kol tov. Blessed are you adonai, sovereign of the universe who rewards the undeserving with goodness, and who has rewarded me with goodness.

The congregation responds:

Mi shegmalach kol tov hu yigmalcha kol tov selah!

May the one who has rewarded you with goodness continue to do so, selah!

Mi Shebeirach

מִי שֶׁבֵּרַדְ אֲבוֹתֵנוּ מְקוֹר הַבְּרָכָה לִאִמּוֹתֵנוּ

Mi shebeirach avoteinu, m'kor habracha l'imoteinu May the source of strength who blessed the ones before us, Help us find the courage to make our lives a blessing And let us say: Amen.

מִי שֶׁבֵּרַדְּ אִמּוֹתֵנוּ מְקוֹר הַבְּרָכָה לְאֲבוֹתֵנוּ

Mi shebeirach imoteinu, m'kor habracha l'avoteinu Bless those in need of healing with refuah sh'leimah The renewal of body, the renewal of spirit And let us say: Amen

- Debbie Friedman and Drorah Setel

Blessing before the Haftarah

בָּרוּךְ אַתָּה יְהֹנָה אֱלֹהֵינוּ מֶלֶךְּ הָעוֹלֶם. אֲשֶׁר בָּחַר בִּנְבִיאִים טוֹבִים. וְרָצָה בְדִבְרֵיהֶם הַנֶּאֱמָרִים בֶּאֱמֶת. בָּרוּךְ אַתָּה יְהֹנָה. הַבּּוֹחֵר בַּתּוֹרָה וּבְמשֶׁה עַבִדּוֹ. וּבִיִשְׂרָאֵל עַמּוֹ. וּבִנְבִיאֵי הַאֵּמֵת וַצֵּדֵק:

Baruch Atah, Adonai, Eloheinu, melech ha'olam, asher bachar binvi'im tovim, v'ratza v'divreihem hane-emarim be'emet. Baruch Atah, Adonai, habocher baTorah uv'Moshe avdo, uv'Yisrael amo, uvin'vi'ei ha'emet vatzedek.

Blessed are You, our God, ruler of the universe, who has chosen faithful prophets to speak words of truth. Blessed are You, our God, for the revelation of Torah, for God's servant, Moses, God's people Israel, and for the prophets of truth and righteousness.

Haftarah for Yom Kippur - Isaiah 57:14-58:14

Interpretive translation by Rabbi Arthur Waskow, 8/23/2004

(יד) וְאָמַר סְלּוּ־סֹלּוּ פַּנּוּ־דָרֶדּ הָרָימוּ מִכְשׁוֹל מִדֶּרֶדּ עַמִּיּ: (טו) כִּי כֹּה אָמֵּר רָם וְנְשָׂא שֹׁכֵן עַד וְקְדְוֹשׁ שְׁמוֹ מָרְוֹם וְקְדוֹשׁ אֶשְׁכֵּוֹן וְאֶת־דַּכָּא וּשְׁפַל־רוּחַ לְהַחֲיוֹת וְנִשְּׁא שֹׁכֵן עַד וְקָא שְׁכֵּוֹן וְאֶת־דַּכָּא וְשְׁפַל־רוּחַ לְהַחֲיוֹת לֵב נִדְכָּאִים: (טז) כִּי לֹא לְעוֹלָם אָרִיב וְלָא לָנֶצֵח אֶקְצוֹף כִּיּרוֹחַ מְלְפָנֵי יָצְטוֹף וּנְשָׁמוֹת אֲנִי עָשִׂיתִי: (יז) בַּצְוֹן בִּצְעוֹ קצְבְּפְתִי וְאַכָּהוּ הַסְתֵּרְ לִּבְּוֹ וִיְשְׁלִחְ וֹלְבְּבְּבְּיִי וְאַלֵּחְ וְלָקְרוֹב אָמַר וְאֶלְהַם לְּנְרְשְׁנִים לְּוֹ וְלָבְאֲבָלִיו: (יט) בּוֹרֵא נִיב שְׂפָתָים שָׁלוֹם שְׁלוֹם לְרָחוִֹק וְלַקְּרוֹב אָמַר יְהֹנָה וּרְבָּאתִיו: (כ) וְהָרְשָׁעִים כַּיָּם נִגְרְשׁ כִּי הַשְּׁקֵט לְּא יוּכָל וַיִּנְרְשׁוּ מִימְיו רֶבֶשׁ וְּקִרְשׁוּ מִימְיו רֶבֶשׁ וֹיִי (כא) אַיִן שָׁלוֹם אָמַר אֱלֹהַי לְרְשָׁעִים:

(14) And God said: Open up, open up, Clear a path! Clear away all obstacles from the path of My People. (15) For so says the One who dwells on high, whose Name is Holy: I dwell on high, in holiness, and therefore with the lowly and humiliated, to breathe new life into the humble, to give new life to the broken-hearted. (16) I will not do battle against you forever, I will not be angry with you forever. From Me comes the breath that floats out to make the world. I make the breath of life. (17) For your sin of greed I grew angry and smashed you, I even hid My face. Yet you wander off the path as your own heart, wayward, takes you. (18) I see the path you need ... and I will heal you. I will guide you and comfort you with words of courage and of comfort for those who mourn among you. (19) Peace, peace ... shalom, shalom!... to those who are far and near, says the Breath-of-Life... And I will heal you. (20) But the wicked are like a troubled sea which cannot rest, whose waters toss up mire and mud. (21) There is no peace, said my God, for the wicked.

(א) מְרָא בְגָרוֹן אַל־תַּחְשֹּׁךְ כַּשִּׁוֹפָּך הָרֵם מוֹלֶדְ וְהַגֵּד לְעַמִּי ׁפִּשְׁעָם וּלְבֵית יָעֲקֹב חַטֹּאתֶם: (ב) וְאוֹתִי יְוֹם| יוֹם ֹיִדְרשׁוּן וְדַעֵת דְּרָכַי יֶחְפָּצוּן כְּגוֹי אֲשֶׁר־צְדָקָה עֲשָׂה וּמִשְׁפַּט אֱלֹהָיו ׁלָא עָזָב יִשְׁאָלוּנִי מִשְׁפְּטִי־צֶּדֶׁק מִרְבַת אֱלֹהִים יֶחְפָּצְוּן: (ג) לָמָה צַּמְנוּ וְלֹא רָאִיתָ עִנִּינוּ נַפְשֵׁנוּ וְלָא תִדָּע הֵן בְּיִוֹם צְמְכֶם תִּמְצְאוּ־ חֵפֶּץ וְכָל־עַצְבֵיכֶם תִּנְנְשׁוּ: (ד) הֵן לְרָיב וּמַצָּה תָּצוּמוּ וּלְהַכּּוֹת בְּאֶנְרֹף בֶעַשׁע לְא־תָצוּמוּ כַיּוֹם לְהַשְׁמִיעַ בַּפְּרֹוֹם קוֹלְכֶם: (ה) הֲכָזֶּה יְהְיֶה עִנְים אֶבְחָבֹהוּ יְוֹם עַנִּוֹת אָדָם נַפְשֵׁוֹ הַלַכֹף כִּאַנִּמן רֹאשׁוֹ וְשֵׂק וָאֵפֶּר יַצִּיעַ הַלָּזָה הְקְבִא־צוֹם וְיִוֹם רַצוֹן לַיִּהֹוָה:

(1) Cry out aloud, don't hold back, lift up your voice like the shofar! Tell My people what they are doing wrong. Tell those who call themselves the "House of Jacob" their misdeeds. (2) For day after day they go out searching for Me. They take some kind of pleasure in getting to know My ways... as if they were a people that actually did righteous deeds and never ignored the just rulings of their God. They keep asking Me for the rules of justice as if they would take delight in being close to God. (3) They say: "Why is it that we have fasted," and "You don't see our suffering? We press down our egos ... but You don't pay attention!" Look! On the very day you fast, you keep

scrabbling for wealth; on the very day you fast you keep oppressing all your workers. (4) Look! You fast in strife and contention. You strike with a wicked fist. You are not fasting today in such a way as to make your voices heard on high. (5) Is that the kind of fast that I desire? Is that really a day for people to "press down their egos"? Am I commanding you to droop your heads like bulrush and lie around in sackcloth and ashes? Is that what you call a fast day, the kind of day that the God of the Burning Bush would wish?

(ו) הַלוֹא זֶה בּוֹם אֶבְחָבֵהוּ פַּתֵּחַ חַרְצָבּוֹת בֻשַׁע הַתֵּך אֲגָדּוֹת מוֹטָה וְשַׁלַּח רְצוּצִים חָפְשִׁים וְכָל־מוֹטָה תְּנַתִּקוּ: (ז) הַלוֹא פָרְס לָּרָעב לַחְמֶדּ וַעֲנִיִּים מְרוּדִים תָּבִיא בָיִת כִּי־תִרְאֶה עָרֹם וְכִסִּיתוֹ וּמִבְּשִּׁרְדָּ לֹא תִתְעַלָּם: (ח) אָז יִבָּקֵע כַּשַּׁחַר אוֹבֶדְ וַאֲרָכִתְדָּ מְהַרָּה תִצְמָח וְחָלַדְּ לְפָנֶידּ צִדְּקֶדְ כְּבְוֹד יְהֹוָה יָאַסְפָדְּ: (ט) אָז תִּקְרָא וַיהֹנָה יָעֲנֶה תְּשַׁנַּע וְיֹאמֵר הִנָּנִי אִם־תָּסִיִּר מִתְּוֹכְדְּ מוֹטָה שְׁלַח אֶצְבָּע וְדַבָּר־אָנֶון:

(6) No! This is the kind of fast that I desire:

Unlock the shackles put on by wicked power. Untie the ropes of the yoke. Let the oppressed go free, and break off every yoke. (7) Share your bread with the hungry. Bring the poor, the outcasts, to your house. When you see them naked, clothe them; and from your own flesh and blood don't hide yourself. (8) Then your light will burst through like the dawn; Then when you need healing it will spring up quickly; then your own righteousness will march ahead to guard you. And a radiance from God will reach out behind to guard you. (9) Then, when you cry out, God will answer; then, when you call, God will say: "Here I am!" - hineini. If you banish the yoke from your midst, if you rid yourself of scornful finger-pointing and words of contempt;

(י) וְתָפֵּק לֶּרָצֵב נַפְּשֶּׂךְּ וְגֶפֶשׁ נָצְנָה תַּשְּׁבֵּיִע וְזָרַח בַּחשְׁדְּ ֹאוֹרֶדְ וְאֲפֵלְתְּדָּ פַּצְּהְרָיִם: (יא) וְנָחַדְּ יְהֹוָה ְּמָמִיד ְוְהשְׁבִּיע בְּצַחְצְחוֹת נַפְשֶׁדְּ וְעַצְמֹתָיִדְ יְחַלְיץ וְהָיִיתְ פְּגַן רָנֶה וּכְמוֹצָא מַיִּם אֲשֶׁר לְא־יְכַזְּבוּ מִימֶיו: (יב) וּבָנִוּ מִמְּדְ יְחְרְבוֹת עוֹלֶם מִוֹסְדֵי דוֹר־וָדוֹר תְּקוֹמֵם וְקֹרָא לְדְּ גֹּדֵר פֶּבֶּי מְשִׁבָּר נְתִיבוֹת לָשֶׁבֶּת עֹנֶג (יג) אִם־תָּשִׁיב מִשְּׁבָּת רַגְּלֶדְ עֲשִׂוֹת דְּרָכֶיְדְּ מִמְּצוֹא חֶפְצְדְּ וְדַבֵּר דְּבָר: (יד) לִקְדְוֹשׁ יְהֹוָה מְפָּבְּדְ וְכִבַּדְתּוֹ מֵעֲשׁוֹת דְּרָכֶיִדְ מִמְּצוֹא חֶפְצְדְּ וְדַבֵּר דְּבָר: (יד) אָבִידְּ כִּיְ פִּי יְהֹוָה דְּבָּר:

(10) if you open up to the hungry and soothe the life that has been trampled, then even in darkness your light will shine out and your moments of gloom turn bright as noonday. (11) Then the Breath of Life will always be your guide, will soothe your own life in your own times of dryness and strengthen your bones when they are weary. Then you shall be like a garden given water, like a wellspring whose waters never fail. (12) Those who spring from you shall rebuild the ancient ruin and you shall lay foundations for the coming generation. You shall be called "Those who mend torn places," You shall be called "Those who build lanes to live in." (13) If you refrain from trampling this renewal time and from being busy-busy on My holy day; if you will not only call renewal time delightful but also turn far from your usual way and set aside

your business and your chatter to be yourselves, the rays by which God's Holiness glows can turn this world into a radiant joy. (14) Then indeed you will find delight in God. For then, when you have joined the lowly, I will set you with Me astride the heights of the earth. Then, when you feed others, I will let you eat your fill from what is truly due you as the heirs of Jacob. Now! ... For this word comes from the Mouth that Breathes all life.

Blessing after the Haftarah

בָּרוּךְ אַתָּה יְהֹוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלֶם. צוּר כָּל הָעוֹלָמִים. צַדִּיק בְּכָל הַדּוֹרוֹת. הָאֵל הַנֶּאֱמָן הָאוֹמֵר וְעוֹשֶׂה. הַמְדַבֵּר וּמְקַיֵּם שֶׁכָּל דְּבָרְיו אֱמֶת וַצֵדִק:

עַל הַתּוֹרָה וְעַל הָעֲבוֹדָה וְעַל הַנְּבִיאִים (וְעַל יוֹם הַשַּׁבָּת הַאֶּה) וְעַל יוֹם הַכָּפּוּרִים הַאֶּה, שֶׁנָתַתָּ לָנוּ יְהֹוָה אֱלֹהֵינוּ (לִקְדֻשָּׁה וְלִמְנוּחָה) לִמְחִילָה וְלִסְלִיחָה וּלְכַפְּרָה, וְלִמְחוֹל בּוֹ אֶת כָּל עֲוֹנוֹתֵינוּ, לְכָבוֹד וּלְתִפְאָרֶת: עַל הַכֹּל. יְהֹוָה אֱלֹהֵינוּ אֲנַחְנוּ מוֹדִים לָךְ וּמְבָרְכִים אוֹתָךְ. יִתְבָּרַךְ שִׁמְךּ בְּפִי כָּל הַי תָּמִיד לְעוֹלָם וָעֶד: וּדְבָרְךְּ אֱמֶת וְקַיָם לָעַד. בָּרוּךְ אַתָּה יְהֹוָה. מֶלךְ מוֹחֵל וְסוֹלֵה לַעוֹנוֹתִינוּ, וְלַעֲוֹנוֹת עַמּוֹ בֵּית יִשְׂרָאֵל, וּמַעֲבִיר אַשְׁמוֹתֵינוּ בְּכָל שְׁנָה וְשָׁנָה, מֶלֶךְ עַל כָּל הָאָרֶץ, מְקַדֵּשׁ (הַשַּׁבָּת וְ) יִשְׂרָאֵל וְיוֹם הַכִּפּוּרִים:

Baruch atah Adonai Eloheinu melech ha'olam tzur kol ha'olamim tzadik b'chol hadorot ha'el hane'eman ha'omer v'oseh ham'daber umkayem sh'kol divarav emet vatzedek. Al hatorah v'al ha'avodah v'al hanvi'im (v'al yom haShabbat hazeh) v'al Yom haKippurim hazeh shenatata lanu Adonai Eloheinu (l'k'dusha v'limnucha) l'chavod ul'tiferet. Al hakol Adonai Eloheinu anachnu modim lach um'varchim otach yitbarach shimcha b'fi kol chai tamid l'olam va'ed.

Baruch atah Adonai m'kadeish (haShabbat v') Yisrael v'Yom haKippurim.

Blessed are You, Adonai, our God, ruler of the universe, rock of all creation, righteous One of all generations, the faithful God whose word is deed, who speaks and fulfills, whose every command is just and true. For the Torah, for the worship, for the prophets, and for (Shabbat and) this Day of Atonement that You, our God, gave us (for holiness and rest,) for pardon, for forgiveness, and for atonement, for honor and glory; for everything, Adonai, we thank and bless You. May Your name be blessed forever by every living being, forever and eternally. Your word is truth, and stands forever. Blessed are You, Adonai, the sovereign of mercy and forgiveness for our wrongdoing, and for that of all Your people, the House of Israel, You who make our guilt to pass away year after year - the sovereign over all the earth, who sanctifies (the Shabbat and) the Day of Atonement.

Let America Be America Again (excerpts)

Let America be America again. Let it be the dream it used to be. (America never was America to me.)

Let America be the dream the dreamers dreamed Let it be that great strong land of love Where never kings connive nor tyrants scheme That any man be crushed by one above.

(It never was America to me.)

O, let my land be a land where Liberty
Is crowned with no false patriotic wreath,
But opportunity is real, and life is free,
Equality is in the air we breathe.

(There's never been equality for me, Nor freedom in this "homeland of the free.")

I am the young man, full of strength and hope,
Tangled in that ancient endless chain
Of profit, power, gain, of grab the land!
Of grab the gold! Of grab the ways of satisfying need!
Of work the men! Of take the pay!
Of owning everything for one's own greed!

I am the farmer, bondsman to the soil.
I am the worker sold to the machine.
I am the Negro, servant to you all.
I am the people, humble, hungry, mean—
Hungry yet today despite the dream.
Beaten yet today—O, Pioneers!
I am the man who never got ahead,
The poorest worker bartered through the years.

In every brick and stone, in every furrow turned That's made America the land it has become.

O, I'm the man who sailed those early seas In search of what I meant to be my home—
For I'm the one who left dark Ireland's shore, And Poland's plain, and England's grassy lea, And torn from Black Africa's strand I came
To build a "homeland of the free."

Who said the free? Not me? Surely not me? The millions on relief today? The millions shot down when we strike? The millions who have nothing for our pay?

Out of the rack and ruin of our gangster death,
The rape and rot of graft, and stealth, and lies,
We, the people, must redeem the land, the mines, the plants, the rivers.
The mountains and the endless plain-

All, all the stretch of these great green states– And make America again!

Langston Hughes

Lifting and Dressing the Torah

וואת הַתּוֹרָה אֲשֶׁר שָם משֶׁה לִפְנֵי בְּנֵי יִשְּׁרָאֵל, עַל פִּי יִהֹוָה בְּיַד משֶׁה.

V'zot ha'Torah asher sam Moshe lifnei b'nei Yisrael al pi Adonai b'yad Moshe.

This is the Torah, which Moses placed before the children of Israel, by the word of the Almighty One, through the hand of Moses.

Hachnasat Sefer Torah - Returning the Torah to the Ark

יְהַלְלוּ אֶת שֵׁם יְהֹוָה, כִּי נִשְׂנָּב שְׁמוֹ לְבַדּוֹ. הוֹדוֹ על ארץ ושׁמים. וירם סרו לעמוֹ. תּהלּו

הוֹדוֹ עַל אֶרֶץ וְשָׁמָיִם. וַיָּרֶם קֶרֶן לְעַמּוֹ, תְּהִלָּה לְכָל חֲסִידִיוּ, לִבְנֵי יִשְׂרָאֵל עַם קְרוֹבוֹ, הַלְלוּיָהּ.

Y'hallelu et sheim Adonai ki nisgav shemo l'vado.

Hodo al eretz v'shamayim va'yarem keren lamo t'hilah l'chol chasidav livnei Yisrael am k'rovo. Halleluyah.

Let us all bless the name of God, who alone is to be exalted. God's splendor is found on earth and in the heavens. God has lifted up our people's strength. May praise reflect on all God's followers, to the children of Israel, and to all people near to God. Halleluyah.

עץ חַיִּים הִיא לַמַּחֲזִיקִים בָּהּ, וְתֹמְכֶיהָ מְאֻשָּׁר. דְּרָכֶיהָ דַּרְכֵי נְעַם, וְכָל נְתִיבוֹתֵיהָ שָׁלוֹם. הֲשִׁיבֵנוּ יְהֹוָה אֵלֵידְּ וְנָשְוּבָה, חַדֵּשׁ יָמֵינוּ כְּקֶדֶם.

Eitz chayim hee lamachazikim ba v'tomcheha mei-ushar. D'racheha darcheino-am v'chol n'tivotecha shalom. Hashiveinu Adonai, eilecha v'nashuvah. Chadeish yameinu k'kedem.

It is a Tree of Life to those who hold fast to it, and all who uphold are happy. Its ways are ways of pleasantness, and all its paths are peace. Return us, O God, to You - let us return.

Renew our days as of old, now and evermore.

Aleinu

עָלֵינוּ לְשַׁבְּחַ לַאֲדוֹן הַכּּל לָתֵת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית שֶׁלֹא עָשְׂנוּ כְּגוֹזֵי הָאֲרָצוֹת וְלֹא שָׁמָנוּ כְּמִשְׁפְּחוֹת הָאֲדָמָה שֶׁלֹא שָׁם חֶלְקֵנוּ כָּהֶם וְגוֹרָלֵנוּ כְּכָל הַמוֹנָם: Aleinu l'shabei'ach la'adon hakol, la'teit gedulah l'yotser b'reishit, shelo asanu k'goyei ha'aratzot, v'lo samanu k'mishpachot ha'adamah. Shelo sam chelkeinu kahem v'goraleinu k'chol hamonam.

It is ours to praise the beauty of the world, even as we discern its tatteredness. For nothing is whole that is not first rent and out of the torn we make whole again. May we live with promise in creation's lap, redemption budding in our hands. It is up to us to hallow creation, to respond to Life with the fullness of our lives. It is up to us to meet the world, to embrace the whole even as we wrestle with its parts.

Interpretive translation by Marcia Falk

וַאֲנַחְנוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים לִפְנֵי מֶלֶךְ מַלְכֵי הַמְּלָכִים הַקָּדוֹשׁ בָּרוּךְ הוּא,

Va'anachnu korim umishtachavim umodim lifnei melech, malchei hamlachim, hakadosh baruch hu.

Therefore we bend the knee and shake off the stiffness that keeps us from the subtle graces of life and the supple gestures of love. With reverence and thanksgiving we accept our destiny and set for ourselves the task of redemption.

Interpretive translation by Rabbi Rami Shapiro

שֶׁהוּא נוֹטֶה שָׁמֵיִם וְיוֹסֵד אֶרֶץ, וּמוֹשַׁב יְקָרוֹ בַּשָּׁמֵיִם מִמַּעַל, וּשְׁכִינַת עֻזּוֹ בְּגָבְהֵי מְרוֹמִים, הוּא אֱלֹהֵינוּ אֵין עוֹד, אֱמֶת מַלְכֶּנוּ אֶפֶּס זוּלָתוֹ כַּכְּתוּב בְּתוֹרָתוֹ וְיָדַעְתָּ הַיּוֹם וַהֲשֵׁבֹתָ אֶל לְבָבֶךְ כִּי יְהֹוָה הוּא הָאֱלֹהִים בַּשָּׁמֵיִם מִמֵּעֵל וְעַל הָאָרֶץ מִתָּחַת אֵין עוֹד:

Shehu noteh shamayim v'yoseid aretz umoshav y'karo bashamayim mima-al Ush'chinat uzo b'gavhei meromim hu eloheinu ein od. Emet malkeinu efes zulato Kaka'tuv b'torato v'yadatah hayom v'hasheivota el l'vavecha, ki Adonai hu ha'elohim bashamayim mima'al v'al ha'aretz mitachat ein od.

[The One] who stretched out the heavens and founded the earth, whose realm embraces heaven's heights, whose mighty presence stalks celestial ramparts. This is our God; there is none else besides, as it is written in the Torah: "You shall know this day, and bring it home inside your heart, that Adonai is God in the heavens above and on the earth below. There is no other God."

V'ne'emar, v'hayah Adonai l'melech al kol ha'aretz. Bayom hahu yihiyeh Adonai echad, u'shmo ehchad.

And it is written: "Adonai will reign as sovereign over all the earth. On that day shall Adonai be one, God's name be one!"

Mourners Kaddish

יִתְגַּדֵּל וְיִתְקַדֵּשׁ שְׁמֵהּ רַבָּא בְּעָלְמָא דִּי בְרָא כִּרְעוּתֵהּ וְיַמְלִידְּ מַלְכוּתֵהּ בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל, בַּעֲנָלָא וּבִזְמַן קָרִיב וְאִמְרוּ אָמֵן

יָהֶא שְׁמֶהּ רַבָּא מִבָּרַדְּ לְעַלַם וּלְעַלְמֵי עַלְמֵיָא:

יִתְבָּרַדְּ וְיִשְׁתַּבַּח וְיִתְפָּאַר וְיִתְרוֹמַם וְיִתְנַשִּׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלֶּל שְׁמֵהֹ דְקוּדְשָׁא, בְּרִידְ הוּא לְעָלָּא וּלְעָלָּא מִכָּל בִּרְכָתָא וְשִׁירָתָא, תִּשְׁבְּחָתָא וְנֶחֱמָתָא, דַּאֲמִירָן בְּעָלְמָא, וְאִמְרוּ אָמֵן:

יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל וְאִמְרוּ אָמֵן: עוֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל וְעַל כָּל יוֹשָׁבֵי תָבֵל וְאִמָרוּ אַמֵן

Yitgadal v'yitkadash sh'mei rabah

B'alma d'vra chirutei v'yamlich malchutei, b'chayeichon uv'yomeichon uv'chaiyei d'chol beit Yisrael ba'agalah uviz'man kariv. V'imru: Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei almaya.

Yitbarach v'yishtabach v'yitpa'ar v'yitromam v'yitnasei, v'yit'hadar v'yitaleh v'yithalal shemei d'Kudsha B'rich hu, le'eila min mikol birchata v'shirata, tushb'chata v'nechemata da'amiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol Yisrael. V'imru: Amen.

Oseh shalom bimromav. Hu ya'aseh shalom aleinu v'al kol Yisrael v'al kol yoshvei teiveil. V'imru: Amen.

Let God's name be made great and holy in the world that was created as God willed. May God complete the holy realm in your own lifetime, in your days, and in the days of all the house of Israel, quickly and soon. And say: Amen.

May God's great name be blessed, forever and as long as worlds endure.

May it be blessed, and praised, and glorified, and held in honor, viewed with awe, embellished, and revered; and may the blessed name of holiness be hailed, though it be higher by far than all the blessings, songs, praises, and consolations that we utter in this world. And say: Amen.

May Heaven grant a universal peace, and life for us, and for all Israel. And say: Amen.

May the One who creates harmony above, make peace for us and for all Israel, and for for all who dwell on earth. And say: Amen.

Achat Shaalti

אַחַת שָׁאַלְתִּי מֵאֵת יְיָ אוֹתָהּ אֲבַקֵּשׁ; שִׁרְתִּי בְּבֵית יְיָ כָּל יְמֵי חַיַּי, לַחֲזוֹת בְּנֹעַם יְיָ וּלְבַקֵּר בְּהֵיכָלוֹ.

Achat sha-alti mei-eit Adonai otah avakeish (2x) Shivti b'veit Adonai kol y'mei chayai, lachazot b'no-am (b'no-am) Adonai u'l'vakeir b'heichalo (2x)

One thing I ask, I ask of You
I ask this with all my heart (2x)
That I might dwell in Your house
All the days of my life
Knowing the beauty, the beauty of You
And to dwell in Your holy place!

Yizkor Memorial Service

Each of Us has a Name

Each of us has a name given by God and given by our parents Each of us has a name given by our stature and our smile and given by what we wear Each of us has a name given by the mountains and given by our walls Each of us has a name given by the stars and given by our neighbors Each of us has a name given by our sins and given by our longing Each of us has a name given by our enemies and given by our love Each of us has a name given by our celebrations and given by our work Each of us has a name given by the seasons and given by our blindness Each of us has a name given by the sea and given by our death.

Zelda

Di Zun Vet Aruntergeyn

Di zun vet aruntergeyn hintern barg,

vet kumen a shtile di libe tsu geyn;

vet kumen a shtile di libe tsu geyn

tsum umet, vos zitst oyf a goldenem shteyn

un veynt far zikh eynem aleyn.

Di zun vet aruntergeyn hintern barg,

vet kumen di goldene pave tsu flien;

The sun will be setting behind the mountain.

in silence approaching then love will come softly;

In silence approaching then love will come softly

to sorrow, that sits on a golden stone

and weeps for itself all alone.

The sun will be setting behind

the mountain,

then the golden peacock will come

flying;

vet kumen di goldene pave tsu flien:

un mitnemen vet zi undz ale ahin.

ahin vu di benkshaft vet tsien.

Di zun vet aruntergeyn hintern barg,

mintern barg,

vet kumen di nakht un vet

zingen lyu-lyu

vet kumen di nakht un vet

zingen lyu-lyu

ariber di oygn, vos faln shoyn tsu tsu shlofn in eybiker ru.

then the golden peacock will come flying;

to carry us all over there where she's,

been,

where our longing ushers us in.

The sun will be setting behind

the mountain,

then night will be coming and

singing lu-lu;

then night will be coming and

singing lu-lu;

over the eyes about to close in sleep of eternal repose.

Text by Moshe Leib Halpern (1886-1932), music by Ben Yomen (1901-1970)

We Remember Them

In the rising of the sun and its going down, We Remember Them.

In the blowing of the wind and in the chill of winter, We Remember Them.

In the opening of the buds and in the rebirth of spring.
We Remember Them.

In the blueness of the skies and in the warmth of summer, We Remember Them.

In the rustling of the leaves and in the beauty of autumn. We Remember Them.

In the beginning of the year and when it ends, We Remember Them.

When we are weary and in need of strength, We Remember Them.

When we are lost and sick of heart, We Remember Them.

When we have joys and special celebrations we yearn to share, We Remember Them.

So long as we live, they too shall live, for they are part of us. We Remember Them.

Rabbi Sylvan Kamens

Min Ha'Meitzar

מְן-הַמֵּצַר, קַרָאתִי יָהּ, עָנַנִי בַמֵּרְחָב יָהּ

Min hameitzar karati Yah annani vamerchav Yah
From a narrow place I called to You, God, and You answered me with spaciousness

Life After Death

The things I know: how the living go on living and how the dead go on living with them

So that in a forest even a dead tree casts a shadow and the leaves fall one by one and the branches break in the wind and the bark peels off slowly and the trunk cracks and the rain seeps in through the cracks and the trunk falls to the ground and the moss covers it

and in the spring the rabbits find it and build their nest inside and have their young and their young will live safely inside the dead tree

So that nothing is wasted in nature or in love.

(by Laura Crafton Gilpin)

A Psalm 23 interpretative translation:

Paths of Fullness

The Holy one is my Guide;
my life is whole.
We journey together
over fertile hillsides
and rest
beside nourishing springs.
This is my spirit
ever renewed,
for my Guide leads me

down paths of fullness.

Even when my steps lead
into the kingdom of death
I do not fear
for I know you are with me.

Your presence your shelter is a comfort to me.

my destination.

With you I can set myself aright in the face of deepest sorrow; and soon my joy is filled to overflowing.

As I journey on,
nothing but kindness and love
shall follow
until the day I finally return.
To my Source,

(by Brant Rosen)

El Malei Rachamim

God full of mercy,
Womb of the world,
In whom there is room enough
for all life to flourish
From whom there is blessing enough
For all life to be nourished -

We call out to You, broken-hearted.

Shochen bameromim
You who dwell on High
Beyond the borders of loyalty and love that make us human –
Hearing what we cannot
Holding what we cannot
Healing what we cannot –
Help us.

Hamtzeh menucha nechona
tachat kanfei hashechina
Grant perfect rest
Beneath the wings of Your Presence
To the precious innocent souls –
Israeli and Palestinian,
Jewish and Muslim,
Christian, Bedouin, and Druze –
Who have lost their lives
to the ravages of war
during this past year.

Shelter those who witnessed unspeakable brutality
And whose walls could not protect them.
Carry those who were caught or cornered, unable to escape destruction, degradation, despair.
Lift up those who searched for sustenance or safety, longing for the embrace of home.

B'ma'alot kedoshom utehorim K'zohar harakiyah mazhirim May those souls who are with you now be granted a glimpse of the world as You see it -shimmering everywhere with the light of Your presence.

*B'Gan Eden tehei menuchatam.*May they find rest and comfort
In Your holy Garden.

Ana ba'al ha Rachamim
Please, O Master of Mercy,
Yastire'hem b'seter kenafecha l'olamim
Vitzror biztror hachaim et nishmotehem
Hide them beneath the cover of your wings,
forever,
And let their souls be bound up with ours,
Summoning us all to righteousness
And hope renewed.

Adonai hu nachalatam V'yanuchu v'shalom al mishkavam

May Your unending love be their inheritance.

May their eternal resting place be Your peace.

And let us say: Amen.

(by Rabbi Sharon Cohen Anisfeld)

Memorial Prayers

On the Day After You Left This World

I floated out to the island of bird bones, where their long gone songs now whisper in the cattails, looking for solitude, solace, but found instead three cranes waiting who let me join them there on the shore, their heads tipping toward me, toward the sounds of geese from

across the lake, toward
the jet plane flying overhead.
Night fell and we stayed—
all of us—cranes, crickets,
cattails, me with my broken body
breathing, and in the graying light
the breeze stroked
the cool waters of the lake,
the water lapping the mud
until all of it
was not separate, all of it
became one breath.

(Heather Swan)

FOR ONE WHO DIED FROM SUICIDE

Praise to them, how they loved it, when they could.

...transcripts of fog...

speak your tattered Kaddish for all suicides:

Praise to life though it crumbled in like a tunnel on ones we knew and loved

Praise to life though its windows blew shut
on the breathing-room of ones we knew and loved

Praise to life though ones we knew and loved it badly, too well, and not enough

Praise to life though it tightened like a knot
on the hearts of ones we thought we knew loved us

Praise to life giving room and reason
to ones we knew and loved who felt unpraisable

(Adrienne Rich)

FOR A SPOUSE / PARTNER

As long as I speak your name you are not dead as long as I think your pain I cannot grieve the granite marker tells your name your age the bleak horizon scars the barren hedge as long as I, you are not dead.

(Hannah Kahn)

The Death of a Parent

Move to the front of the line a voice says, and suddenly there is nobody left standing between you and the world, to take the first blows on their shoulders. This is the place in books where part one ends, and part two begins, and there is no part three. The slate is wiped not clean but like a canvas painted over in white

so that a whole new landscape must be started, bits of the old still showing underneath--those colors sadness lends to a certain hour of evening. Now the line of light at the horizon is the hinge between earth and heaven, only visible a few moments as the sun drops its rusted padlock into place.

(Linda Pastan)

MEMORIAL PRAYERS

Silent Yizkor

Yizkor Elohim nishmot yakirai shehal'chu l'olamam. Ana tih'yenah natshoteihem tz'rurot bitz'ror hachayim ut'hi m'nuchatam kavod. Sova s'machot et panecha, N'imot bimincha netzach. Amen.
May God remember forever my Who have gone to their eternal rest. May they be at one with the One who is life eternal. May the beauty of their lives shine forevermore. And may my life always bring honor to their memory.
You, were my I remember you now, my beloved, my friend. I recall the days of love, companionship, and happiness we shared and the trials we overcame. Although we are parted now, the bond that unites our souls can never be severed. You live now and always within my heart, and you sweeten my life. I have contributed tzedaka in your memory to perpetuate the goodness which you brought to this world. May the Infinite, which has claimed you, bless you and keep you and grant you eternal peace, Amen.
Yizkor for one who may also have been a source of pain or difficulty You, were my My memories of you are both painful and pleasant. I can neither fully embrace nor fully negate the love I feel for you.
I can fully acknowledge the many effects you had on my life and the lessons I learned in our relationship while you were alive and since your death.
I have contributed tzedaka in your memory. I pray for increasing resolution in our connection and increasing peacefulness for your spirit.
For a father: יְזְכֵּר אֱלֹהִים נִשְׁמַת אָבִי מוֹרִי (שֵׁם הָאָב בֵּן שֵׁם אָבִיו וְאִמֵּוֹ) שֶׁהָלַךְּ לְעוֹלָמוֹ, בַּעֲבוּר שֶׁאֶתֵּן בְּלִי נֶדֶר צְדָקָה בַּעֲדוֹ. בִּשְׂכַר זֶה תְּהֵא נַפְשׁוֹ צְרוּרָה בִּצְרוֹר הַחַיִּים עם נִשְׁמַת אַבְרָהָם יִצְחָק וְיַצֲקֹב, שָּׂרָה רִבְקָה רָחֵל וְלֵאָה, וְעִם שְׁאָר צַדִּיקִים יְצִדְקָנִיּוֹת שֶׁבְּגַן עֵדֶן. וְנֹאמַר אָמֵן.

Yizkor Elohim nishmat avi mori <u>(name of deceased)</u> shehalach l'olamo ba'avur she'etein b'li neder tzedakah ba'ado. Bischar zeh t'hei nafsho tzrurah bitzror hachayim im nishmat Avraham, Yizkchak v'Yaakov, Sarah, Rivkah, Rachel v'Leah, v'im sh'ar tzadikim v'tzidkaniyot she'b'Gan Eiden. V'nomar, amein.

May God remember the soul of my father, my teacher <u>(name of deceased)</u> who has gone on to his eternal home. As his reward, may his soul be bound in the Bond of Life together with the souls of Abraham, Isaac and Jacob; Sarah, Rebecca, Rachel and Leah; and together with the other righteous men and women in the Garden of Eden.

In loving testimony to his life, I pledge to help perpetuate ideals important to him. Through such deeds, and through prayer and memory, is his soul bound up in the bond of life. May I prove myself worthy of the gift of life and the many other gifts with which he blessed me. May these moments of meditation link me more strongly with his memory and with our entire family. May he rest eternally in dignity and peace. Amen.

For a mother:

יִזְכֹּר אֱלֹהִים נִשְׁמַת אִמִּי מוֹרָתִי (שֵׁם הָאֵם בַּת שֵׁם אָבִיהָ וְאִמָּהּ) שֶׁהָלְכָה לְעוֹלָמָהּ, בַּעֲבוּר שֶׁאֶתֵּן בְּלִי נֶדֶר צְדָקָה בַּעֲדָהּ. בִּשְׂכַר זֶה תְּהֵא נַפְּשָׁהּ צְרוּרָה בִּצְרוֹר הַחַיִּים עם נִשְׁמַת אַבְרָהָם יִצְחָק וְיַעֲקֹב, שָּׁרָה רִבְקָה רָחֵל וְלֵאָה, וְעִם שְׁאָר צַדִּיקִים וְצִדְקָנִיּוֹת שֶׁבְּגַן עֵדֶן. וְנֹאמַר אָמֵן.

Yizkor Elohim nishmat imi morati <u>(name of deceased)</u> shehalchah l'olamah, ba'avur she'etein b'li neder tzekakah ba'adah. Bischar zeh t'hei nafshah tzrurah bitzror hachayim im nishmat Avraham, Yitzchak, v'Yaakov, Sarah, Rivkah, Rachel v'Leah, v'im sh'ar tzadikim v'tzidkaniyot she'b'Gan Eiden. V'nomar, amein.

May God remember the soul of my mother, my teacher (<u>name of deceased</u>) who has gone on to her eternal home. As her reward, may her soul be bound in the Bond of Life together with the souls of Abraham, Isaac and Jacob; Sarah, Rebecca, Rachel and Leah; and together with the other righteous men and women in the Garden of Eden.

In loving testimony to her life, I pledge to help perpetuate ideals important to her. Through such deeds, and through prayer and memory, is her soul bound up in the bond of life. May I prove myself worthy of the gift of life and the many other gifts with which she blessed me. May these moments of meditation link me more strongly with her memory and with our entire family. May she rest eternally in dignity and peace. Amen.

For a relative with he/him pronouns:

יְזְכֹּר אֱלֹהִים נִשְׁמַת (בַּעֲלִי, בֵּן-זוּגִי, בָּנִי, אָחִי, דּוֹדִי, זְחֵנִי) שֶׁהָלַדְּ לְעוֹלָמוֹ, בַּעֲבוּר שֶׁאֶתֵּן בְּלִי נֶדֶר צְדָקָה בַּעֲדוֹ. בִּשְׂכַר זֶה תְּהֵא נַפְשׁוֹ צְרוּרָה בִּצְרוֹר הַחַיִּים עם נִשְׁמַת אַבְרָהָם יִצְחָק וְיַעֲקֹב, שָּׁרָה רְבְקָה רָחֵל וְלֵאָה, וְעִם שְׁאָר צַדִּיקִים וְצִדְקָנִיּוֹת שֵׁבְּגַן עֵדֶן. וְנֹאמַר אָמֵן.

Yizkor Elohim nishmat (name of deceased):

ba'ali (husband)
ben zugi (partner)
beni (son)
achi (brother)
dodi (uncle)
z'keini (grandfather)

shehalach l'olamo ba'avur she'etein b'li neder tzedakah ba'ado. Bischar zeh t'hei nafsho tzrurah bitzror hachayim im nishmat Avraham, Yitzchak v'Yaakov, Sarah, Rivkah, Rachel v'Leah, v'im sh'ar tzadikim v'tzidkaniyot she'b'Gan Eiden.

May God remember the soul of <u>(name of deceased)</u>, my husband.

my husband, my partner, my son, my brother, my uncle, my grandfather,

who has gone on to his eternal home. As his reward, may his soul be bound in the Bond of Life together with the souls of Abraham, Isaac and Jacob; Sarah, Rebecca, Rachel and Leah; and together with the other righteous men and women in the Garden of Eden.

In loving testimony to his life, I pledge to help perpetuate ideals important to him. Through such deeds, and through prayer and memory, is his soul bound up in the bond of life. May I prove myself worthy of the many gifts with which he blessed me. May these moments of meditation link me more strongly with his memory and with our entire family. May he rest eternally in dignity and peace. Amen.

For a relative with she/her pronouns:

יִזְכֹּר אֱלֹהִים נִשְׁמַת אִשְׁתִּי, בָּת-זוּגַתִּי, בָּתִי, אַחְיוֹתִי, דוֹדוֹתִי, זְקֵנתִי) שֶׁהָלְכָה לְעוֹלָמָהּ, בַּעֲבוּר שֶׁאֶתֵּן בְּלִי נֶדֶר צְדָקָה בַּעֲדָהּ. בִּשְׁכַר זֶה תְּהֵא נַפְשָׁהּ צְרוּרָה בִּצְרוֹר הַחַיִּים עִם נִשְׁמַת אַבְרָהָם יִצְחָק וְיַעֲקֹב, שָּׁרָה רִבְקָה רָחֵל וְלֵאָה, וְעִם שְׁאָר צַדִּיקִים וְצִדְקָנִיּוֹת שֶׁבְּגַן אֵדֶן.

Yizkor Elohim nishmat (name of deceased):

ishti (wife)
bat zugati (partner)
bati (daughter)
achoti (sister)
dodati (aunt)
z'keinti (grandmother)

shehalchah l'olamah, ba'avur she'etein b'li neder tzekakah ba'adah. Bischar zeh t'hei nafshah tzrurah bitzror hachayim im nishmat Avraham, Yitzchak, v'Yaakov, Sarah, Rivkah, Rachel v'Leah, v'im sh'ar tzadikim v'tzidkaniyot she'b'Gan Eiden.

May God remember the soul of (name of deceased)

my wife my partner my daughter my sister my aunt my grandmother who has gone on to her eternal home. As her reward, may her soul be bound in the Bond of Life together with the souls of Abraham, Isaac and Jacob; Sarah, Rebecca, Rachel and Leah; and together with the other righteous men and women in the Garden of Eden.

In loving testimony to her life, I pledge to help perpetuate ideals important to her. Through such deeds, and through prayer and memory, is her soul bound up in the bond of life. May I prove myself worthy of the many gifts with which she blessed me. May these moments of meditation link me more strongly with her memory and with our entire family. May she rest eternally in dignity and peace. Amen.

For martyrs, for the six million, and for innocent victims of terror:

יִזְכֹּר אֱלֹהִים נִשְׁמוֹת (כָּל קְרוֹבֵי וּקְרוֹבוֹתֵי, הֵן מִצַּד אָבִי, הֵן מִצַּד אִמִּי)
הַקְּדוֹשִׁים וְהַשְּהוֹרִים הֵן שֶׁהוּמְתוּ הֵן שֶׁנֶּהֶרְגוּ הֵן שֶׁנִּשְׁרְפוּ
וְשֶׁנִּסְבְּעוּ וְשֶׁנֶּחְנְקוּ עַל קִדּוּשׁ הַשֵּׁם, בַּעֲבוּר שֶׁאֶתֵּן בְּלִי נֶדֶר צְדָקָה בְּעַד
הַזְּכָּרַת נִשְׁמוֹתֵיהֶם. בִּשְׂכַר זֶה תִּהְיֵינָה נַפְשׁוֹתֵיהֶם צְרוּרוֹת בִּצְרוֹר הַחַיִּים
עם נִשְׁמוֹתֵיהֶם שֶׁל אַבְּרָהָם יִצְחָק וְיַעֲקֹב, שָׂרָה רִבְקָה רָחֵל וְלֵאָה, וְעִם
שָׁל אַבְּרָהָם יִצְחָק וְיַעֲקֹב, שָּׁרָה רִבְקָה רָחֵל וְלֵאָה, וְעִם
שְׁאַר צַדְּיִקִים וְצִדְקַנִּיּוֹת שֵּׁבְּנֵן עֵדֶן. וְנֹאמֵר אָמֵן.

Yizkor Elohim nishmot (kol k'rovai ukrovotai, hein mitzad avi, hein mitzad imi) hakdoshim v'hat'horim hein shehumtu hein shenehergu hein shenishchatu v'shenisrefu v'shenitbe'u v'shenechn'ku al kidush Hasheim, ba'avur she'etein b'li neder tz'dakah b'ad hazkarat nishmoteihem. Bis'char zeh tih'yeinah nafshoteihem tzrurot bitzrur hachayim im nishmoteihem shel Avraham Yitzchak v'Ya'akov, Sarah Rivkah Rachel v'Leah, v'im she'ar tzadikim v'tzadkaniyot sheb'Gan Eiden.

Remember, God, the holy and pure souls of (all of my male relatives and female relatives, whether from my father's side [or] whether from my mother's side), those that were killed, those that were exterminated, those that were slaughtered and burned and drowned and asphyxiated for the sanctification of God's name, because I will - without making a vow - give charity for the memory of their souls. In recompense for this, let their souls be bound with the Binding of life (God), with the souls of Avraham, Yitzchak and Ya'akov, Sarah, Rivkah, Rachel and Leah, and with the other righteous men and women in the Garden of Eden. And let us say, Amen.

El Malei Rachamim

אֶל מַלֵּא רַחֲמִים שׁוֹכֵן בַּמְרוֹמִים הַמְצֵא מְנוּחָה נְכוֹנָה תַּחַת כַּנְפֵּי הַשְּׁכִינָה בַּמַּעֲלוֹת קְדוֹשִׁים וּטְהוֹרִים כְּזֹהֵר הָרָקִיעַ מַזְּהִירִים לְנִשְׁמוֹת יַּקִירֵנוּ וּקְדוֹשִׁינוּ שֶׁהָלְכוּ לְעוֹלָמָם. אָנָּא בַּעַל הָרַחֲמִים הַסְתִּירָם בְּצֵל כְּנָפֶידְּ לְעוֹלָמִים וּצְרֹר בִּצְרוֹר הַחַיִּים אֶת נִשְׁמָתָם. יְהֹוָה הוּא נַחֲלָתָם וְיָנוּחוּ בְּשָׁלוֹם עַל מִשְׁכָּבָם וְנֹאמֵר אָמֵן. Eil malei rachamim shochein bam'romim ham'tzei m'nuchah n'chonah tachat kanfei ha-shechinah b'ma'alot k'doshim u't'horim k'zohar harakiah maz'hirim l'nishmot yakireinu ukedosheinu shehalchu l'olamam. Ana ba'al harachamim hastireim b'tzel k'nafecha l'olamim utz'ror bitz'ror hachayim et nishmatam. Adonai hu nachalatam v'yanuchu b'shalom al mish'kabam v'nomar amein.

God filled with mercy, dwelling in the heavens' heights, bring proper rest beneath the wings of Your Shehinah, amid the ranks of the holy and the pure, illuminating like the brilliance of the skies the souls of our beloved and our blameless who went to their eternal place of rest. May You who are the Source of Mercy shelter them beneath Your wings eternally, and bind their souls among the living, that they may rest in peace. And let us say: Amen

translation from Kol HaNeshama

Mourners Kaddish

יִתְגַּדַל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא בְּעָלְמָא דִּי בְרָא כִרְעוּתֵהּ וְיַמְלִידְ מַלְכוּתֵהּ בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בִּית יִשְּׂרָאֵל, בַּעֲנָלָא וּבִזְמַן קָרִיב וְאִמְרוּ אָמֵן

יָהֶא שְׁמֶהּ רַבָּא מִבָּרַדְּ לְעֻלַם וּלְעַלְמֵי עַלְמֵיָא:

יִתְבָּרַדְּ וְיִשְׁתַּבַּח וְיִתְפָּאַר וְיִתְרוֹמַם וְיִתְנַשִּׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלֶּל שְׁמֵהּ דְקוּדְשָׁא, בְּרִידְ הוּא לְעָלָּא וּלְעָלָּא מִכָּל בִּרְכָתָא וְשִׁירָתָא, תֻּשְׁבְּחָתָא וְנֶחֱמָתָא, דַּאֲמִירָן בְּעָלְמָא, וְאִמְרוּ אָמֵן:

יָהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֶינוּ וְעַל כָּל יִשְׂרָאֵל וְאִמְרוּ אָמֵן:

עוֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל וְעַל כָּל יוֹשְׁבֵי תבל ואמרוּ אמו

Yitgadal v'yitkadash sh'mei rabah

B'alma d'vra chirutei v'yamlich malchutei, b'chayeichon uv'yomeichon uv'chaiyei d'chol beit Yisrael ba'agalah uviz'man kariv. V'imru: Amen.

Y'hei sh'mei raba m'varach l'alam ul'almei almaya.

Yitbarach v'yishtabach v'yitpa'ar v'yitromam v'yitnasei, v'yit'hadar v'yitaleh v'yithalal shemei d'Kudsha B'rich hu, le'eila min mikol birchata v'shirata, tushb'chata v'nechemata da'amiran b'alma. V'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol Yisrael. V'imru: Amen.

Oseh shalom bimromav. Hu ya'aseh shalom aleinu v'al kol Yisrael v'al kol yoshvei teiveil. V'imru: Amen. Let God's name be made great and holy in the world that was created as God willed. May God complete the holy realm in your own lifetime, in your days, and in the days of all the house of Israel, quickly and soon. And say: Amen.

May God's great name be blessed, forever and as long as worlds endure.

May it be blessed, and praised, and glorified, and held in honor, viewed with awe, embellished, and revered; and may the blessed name of holiness be hailed, though it be higher by far than all the blessings, songs, praises, and consolations that we utter in this world. And say: Amen.

May Heaven grant a universal peace, and life for us, and for all Israel. And say: Amen.

May the One who creates harmony above, make peace for us and for all Israel, and for all who dwell on earth. And say: Amen.

Limnot Yameynu

Psalm 90:12

לָמָנוֹת יָמֵינוּ כֵּן הוֹדַע וְנַבִיא לְבַב חַכְמַה.

Limnot yameynu keyn hoda v'navi l'vav choch-ma.

Teach us to treasure each day, That we may open our hearts to your wisdom.

Music: Yitzhak Husbands-Hankin

Achat Shaalti

אַחַת שָׁאַלְתִּי מֵאֵת יְיָ אוֹתָה אֲבַקֵּשׁ; שִׁרְתִּי בְּבֵית יְיָ כָּל יְמֵי חַיַּי, לַחַזוֹת בִּנֹעַם יִיַ וּלְבַקֵּר בִּהֵיכַלוֹ.

Achat sha-alti mei-eit Adonai otah avakeish (2x) Shivti b'veit Adonai kol y'mei chayai, lachazot b'no-am (b'no-am) Adonai u'l'vakeir b'heichalo (2x)

One thing I ask, I ask of You
I ask this with all my heart (2x)
That I might dwell in Your house
All the days of my life
Knowing the beauty, the beauty of You
And to dwell in Your holy place!

Transition to

Concluding Service

THE NINEVITES

chorus:

The Ninevites are really worse than me.

God knows, and God can see what there is to see.

They drop their candy wrappers on the ground,
take things they never owned from the lost and found.

The Ninevites are really worse than me.

God said that I should warn them to change their ways. I ran away to sea, didn't stop to think, or pray. Then came the rain, a stormy gale. I jumped overboard, swallowed by a whale. Sat there, thinking hard, for three long days.

Whale coughed me up once I had changed my mind.

Went to Nineveh to see what I could find.

Things I'd heard now could be seen, Those Ninevites all acting mean.

Told them to leave their nasty ways behind.

(chorus)

The Ninevites said, "You're right, we've been doing wrong. And we'll change our ways if you'll just change your song." They stopped using poison, they grew organic gardens, They asked if they beg God's pardon. But I'll sing what I've been singing all along. (chorus)

I felt kinda bad, so I sat down under a tree.

And that's the place that God's voice came to me.

"Do you really need someone to hate? Anyone can change before it's too late."

Not too late for me to finally see, that...

The Ninevites are really just like me.
God knows, and God can see what there is to see.
We drop our candy wrappers on the ground.
Take things we never owned from the lost and found.
The Ninevites are really just like me.
(Will Fudeman)

YA'ALEH KOLEINU

Ya'aleh tachanuneinu mei'erev.
Ve-yavo shavateinu mi'boker.
Ve-yeira'eh rinuneinu ad arev.
Ya'aleh koleinu mei'erev.
Ya'aleh Ya'aleh Ya'aleh
Ya'aleh Koleinu
Ya'aleh Ya'aleh Ya'aleh
Ya'aleh Koleinu

Ne'ilah Concluding Service



Kol Ha'olam Kulo

כָּל הָעוֹלָם כֻּלּוֹ גָשֶׁר צַר מְאֹד וְהָעָקָר לֹא לְפַחֵד כְּלָל.

Kol Ha'olam Kulo gesher tzar me'od V'ha-ikar lo l'fached klal.

All the world is just a narrow bridge. And above all, and above all, is not to fear at all.

Words: Reb Nachman of Bratslav

Ne'ilah

The hinge of the year the great gates opening and then slowly slowly closing on us.

I always imagine those gates hanging over the ocean fiery over the stone grey waters of evening.

We cast what we must change about ourselves onto the waters flowing to the sea. The sins,

errors, bad habits, whatever you call them, dissolve. When I was little I cried out I! I! I! I want, I want.

Older, I feel less important, a worker bee in the hive of history, miles of hard labor to make my sweetness.

The gates are closing The light is failing I kneel before what I love imploring that it may live.

So much breaks, wears down, fails in us. We must forgive our broken promises—their sharp shards in our hands.

Marge Piercy

RACHAMANAH

RACHAMANA d'ahney, d'ahney la-aniyeh aneynah (2x)... Rachamana, d'ahney, lit'virey libah, ahneyna, ahneyna (2x)...

Compassionate One, Who forgives and heals our poor broken hearts, please, please, show us compassion now.

HASHIVEINU

הֲשִּׁיבֵנוּ יְהֹנָה אֵלֶיףּ וְנָשׁוּבָה וְנָשׁוּבָה חַדֵּשׁ יָמֵינוּ כְּקֶדֶּם

Hashiveinu hashiveinu Adonai eilecha v'nashuva v'nashuva kadeish yameinu k'kedem.

Return again, return again,

Return to the home of your soul

Return to who you are, return to what you are,

Return to where you are born and reborn again

Shlomo Carlebach

Night and the River

I have seen the great feet leaping into the river and I have seen moonlight milky along the long muzzle and I have seen the body of something scaled and wonderful slumped in the sudden fire of its mouth, and I could not tell which fit me more comfortably, the power, or the powerlessness; neither would have me entirely; I was divided, consumed, by sympathy, pity, admiration. After a while it was done. the fish had vanished, the bear lumped away to the green shore and into the trees. And then there was only this story. It followed me home and entered my housea difficult guest with a single tune which it hums all day and through the nightslowly or briskly, it doesn't matter, it sounds like a river leaping and falling; it sounds like a body falling apart.

Mary Oliver

אַדנַי שִׁפַתֵי תִּפְתַּח וֹפִי יַגִּיד תִּהְלֶּתֶךְ

Adonai sefatai tiftach, ufi yagid tehilatecha.

Open my lips, Eternal One, and let my mouth declare Your praise.

Amidah

בָּרוּךְ אַתָּה יְהֹנָה אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וְאִמוֹתֵינוּ, אֱלֹהֵי אַבְרָהָם אֱלֹהֵי יִצְחָק וֵאלֹהֵי יַעֲקֹב,אֱלֹהֵי שָׁרָה, אֱלֹהֵי רְבְקָה, אֱלֹהֵי רָחֵל, ואֱלֹהֵי לֵאָה. הָאֵל הַנָּדוֹל הַנִּבּוֹר וְהַנּוֹרָא אֵל עֶלְיוֹן גּוֹמֵל חֲסָדִים טוֹבִים וְקוֹנֵה הַכֹּל וְזוֹכֵר חַסְדֵי אָבוֹת וְאִפָּהוֹת וּמֵבִיא גִּאֻלָּה לִבְנֵי בְנֵיהֵם לִמַען שְׁמוֹ בִּאַהֵבָה:

Baruch atah Adonai, Eloheinu v'Eilohei avoteinu v'imoteinu, Elohei Avraham, Elohei Yitzchak, v'Eilohei Yaakov; Elohei Sarah, Elohei Rivka, Elohei Rachel, v'Elohei Leah. Ha'Eil hagadol hagibor v'hanora, Eil elyon, gomel chasadim tovin, v'konei hakol, v'zocher chasdei avot v'imahot, umeivi ge'ulah livnei v'neihem l'ma'an sh'mo b'ahavah.

Blessed are You, Adonai our God and God of our ancestors; God of Abraham, God of Isaac and God of Jacob; God of Sarah, God of Rebecca, God of Rachel and God of Leah. God the great, the mighty and the awesome, God on high, who rewards righteous goodness, maker of all, who remembers the righteousness of our ancestors and brings redemption before them, for the sake of Your name, in love.

זָכְרֵנוּ לְחַיִּים מֶלֶךְ חָפֵץ בַּחַיִּים וְחָתְמֵנוּ בְּּסֵפֶּר הַחַיִּים לְמַעַנְךְּ אֱלֹהִים חַיִּים:

Zochreinu l'chayim, melech chafetz ba'chayim, v'chotmeinu b'seifer hachayim l'mancha Elohim chayim.

Remember us for life, Sovereign who wishes us to live. Seal us in the Book of Life for Your sake, Eternal God.

מֶלֶךְ עוֹזֶר וּמוֹשִׁיעַ וּמָגְן: בַּרוּךְ אַתָּה יְהֹוָה מַגְן אַבְרַהָם וְעִזְרַת שַׂרָה.

Melech ozer umoshi'ah umagein. Baruch atah Adonai, magein Avraham v'ezrat Sarah.

Sovereign, helper, deliverer and guardian, blessed are You Adonai, shield of Abraham, helper of Sarah.

אַתָּה גִּבּוֹר לְעוֹלָם אֲדֹנָי מְחַיֶּה הַכֹּל אַתָּה רַב לְהוֹשִׁיעַ: מוֹריִד הֲטַל מְכַלְכֵּל חַיִּים בְּחֶסֶד מְחַיֵּה מֵתִים בְּרַחֲמִים רַבִּים סוֹמֵךְ נוֹפְלִים וְרוֹפֵּא חוֹלִים וּמַתִּיר אֲסוּרִים וּמְקַיֵּם אֱמוּנָתוֹ לִישֵׁנֵי עָפָר, מִי כָמְוֹךְּ בַּעַל גְּבוּרוֹת וּמִי דְּוֹמֶה לָּךְ מֶלֶךְ מֵמִית וּמְחַיֶּה וּמַצְמִיחַ יְשׁוּעָה

Atah gibor l'olam Adonai, m'chayei hakol Atah rav l'hoshia. Morid ha'tal. M'chalkeil chayim b'chesed, m'chayei hakol b'rachamim rabim, someich noflim v'rofei cholim, umatir asurim, um'kayeim emunato lisheinei afar. Mi chamocha ba'al g'vurot umi domeh lach melech meimit um'chayeih umatzmi'ach y'shuah.

You are forever powerful, Almighty One, abundant in Your saving acts. You send down the dew. In loyalty, You sustain the living, nurturing the life of every thing, upholding those who fall, healing the sick, freeing the captive and remaining faithful to all life held dormant on the earth. Who can compare to You, Almighty God? Who can compare to You, source of all mercy, remembering all creatures mercifully, decreeing life. Faithful are You in giving life to every living thing.

Open for us and for all Israel our kin, in every place The gates of enlightenment The gates of blessing, The gates of gladness, The gates of delight The gates of heaven's splendor The gates of voicing confession The gates of self worth, The gates of humanity The gates of taintlessness, The gates of joyful salvation The gates of complete atonement The gates of lovingkindness The gates of mercy The gates of new hope The gates of speaking forgiveness The gates of assistance The gates of providing The gates of tzedakah The gates of communal strength, The gates of renewal, The gates of shalom, The gates of teshuvah!

בְּקֵפֶּר חַיִּים בְּרָכָה וְשָׁלוֹם וּפַּרְנָסָה טוֹבָה נִזָּכֵר וְנִחַתֵּם לְפָנֵידּ אֲנַחְנוּ וְכָל עַמְדָּ בֵּית יִשְׂרָאֵל לְחַיִּים טוֹבִים וּלְשָׁלוֹם: בָּרוּדְ אַתָּה יְהֹוָה עֹשֶׂה הַשָּׁלוֹם.

B'seifer chayim beracha v'shalom u'farnasa tova ni'zacher v'nichateim lefanecha. Anachnu v'chol amecha beit yisrael l'chayim tovim u'l'shalom. Baruch atah adonai oseh hashalom.

In the Book of Life, with blessing, peace and proper sustenance, may we be remembered and sealed, we the house of Israel and all Your people, for a good life and for peace. Blessed are You, compassionate one, maker of peace.

אֱלוֹהַי, נְצוֹר לְשׁוֹנִי מֵרָע וּשְּׂפָתֵי מִדַּבֵּר מִרְמָה וְלִמְקַלְלֵי נַפְשִׁי תִדּוֹם. וְנַפְשִׁי מָדַּבָּר מִרְבִּוֹף נִפְשִׁי, וְכָל הַחוֹשְׁבִים כְּעָבְּר לַכֵּל תִּהְיֶה. פְּתַח לִבִּי בְּתוֹרָתֶדְּ וּבְמְצְוֹתֶידְ תִּרְדּוֹף נַפְשִׁי, וְכָל הַחוֹשְׁבִים עָלֵי רָעָה. מְהֵרָה הָפֵּר עֲצָתָם וְקַלְקֵל מַחֲשַׁבְתָּם: עֲשֵׂה לְמַעַן שְׁמֶדְּ, עֲשֵׂה לְמַעַן יְדִידֶידְּ הוֹשִׁיעָה יְמִינֶדְ. עֲשֵׂה לְמַעַן קְדָשְּׁתֶדְ. עֲשֵׂה לְמַעַן תּוֹרְתֶדְ. לְפַנֵידְ. יְהֹוָה צוּרִי וְגוֹאֲלִי:עוֹשֶׂה יְמִינְךְ לִבְּיוֹן לִבִּי לְפָנֶידְּ. יְהֹוָה צוּרִי וְגוֹאֲלִי:עוֹשֶׂה שְׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל וְעַל כָּל יוֹשְׁבֵי תִּבֶּל שְׁלוֹם בְּמְרוֹמִיו הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל וְעַל כָּל יוֹשְׁבֵי תִבֶּל וְאִמְרוּ אָמֵן

Elohai, n'tzor l'shoni meira usfatai midaber mirmah. V'lim'kal'lai nafshi tidom. V'nafshi ke'afar la'kol tihyeh. Petach libi b'toratecha. Uv'mitzvotecha tirdof nafshi. V'chol hachoshvim alai ra'ah, m'heirah hafer atzatam v'kalkeil machashavtam. Asei l'ma'an sh'mecha. Asei l'ma'an y'minecha. Asei l'ma'an kedushatecha. Asei l'ma'an toratecha. L'ma'an yeichaltzun y'didecha hoshi'ah y'mincha va'aneini. Yihyu l'ratzon imrei fi, v'hegyon libi l'fanecha, Adonai tzuri v'goali. Oseh shalom bimromav, hu ya'aseh shalom aleinu, v'al kol Yisrael, v'al kol yoshvei teiveil. V'imru amein.

Dear God, protect my tongue from evil, and my lips from telling lies. May I turn away from evil and do what is good in Your sight. Let me be counted among those who seek peace. May my words of prayer and my heart's meditation be seen favorably, Beloved One, my rock and my redeemer. May the one who creates harmony above make peace for us and for all Israel, and for all who dwell on earth. And say: Amen.

El Nora Alilah

Moses Ibn Ezra

אֵל נוֹרָא עֲלִילָה, אֵל נוֹרָא עֲלִילָה, הַמְצִיא לָנוּ מְחִילָה, בִּשְׁעַת הַנְּעִילָה. מְתֵי מִסְפָּר קְרוּאִים, לְךּ עֵין נוֹשְׂאִים, וּמְסַלְּדִים בְּחִילָה, בִּשְׁעַת הַנְּעִילָה. שׁוֹפְכִים לְךּ נַפְשָׁם, מְחֵה פִּשְׁעָם וְכַחְשַׁם, וְהַמְצִיאֵם מְחִילָה, בִּשְׁעַת הַנְּעִילָה. הֶיֵה לָהֶם לְחִרָּה, וְהַצִּילֵם מִמְּאֵרָה, וְחָתְמֵם לְהוֹד וּלְגִילָה, בִּשְׁעַת הַנְּעִילָה.

Eil nora alilah

Hamtzi lanu mechilah bisha'at hane'ilah M'tei mispar keru'im, lecha ayin nos'im Umsaldim bechilah, bisha'at hane'ilah Shofchim lecha nafsham, m'chei fish'am vechachasham Ham'tzi'eim mechilah, bisha'at hane'ilah Heyei lahem lesitra vechaletzeim mime'eirah Vechotmeim lehod ulegilah, b'sha'at hane'ilah

Final Vidui

יְהֹנָה יְהֹנָה אֵל רַחוּם וְחַנּוּן אֶרֶךְ אַפַּיִם וְרַב חֶסֶד נֶאֱמֶת. נֹצֵר חֶסֶד לָאֲלָפִים נֹשֵׂא עָוֹן נָפֵשַׁע וְחַטָּאָה וְנַקֵּה:

Adonai, Adonai, Eil rachum v'chanun, erech apayim, v'rav chesed v'emet. Notzer chesed la'alafim, nosei avon vafesha, v'chata'ah v'nakeih.

Yud-Hey-Vav-Hey, Compassion and Tenderness, Kindness, Awareness, Patience, Forbearance, Bearing love from age to age, forgiving guilt and mistakes and renewing us again...

(Adonai, Adonai...)

S'lach Lanu

S'lach lanu Avinu ki chatanu M'chal lanu Malkeinu ki fashanu Ki attah Adonai tov v'sallach v'rav chesed l'chol kor'echa

Ki Anu Amecha - Because We are Your People

The *piyut "Ki anu amecha -* for we are Your people" exemplifies the long Jewish tradition of revelling in the variety of possible metaphors for our relationship with the divine...Metaphors cannot capture the fullness of the Divine, but through them we revel in its many manifestations.
Rabbi Jeremy A. Schwartz

כִּי אָנוּ עַמֶּדּ וְאַתָּה אֱלֹהֵינוּ. אָנוּ בָנֶידּ וְאַתָּה אָבִינוּ. אָנוּ עֲבָדֶידּ וְאַתָּה אֲדוֹנֵנוּ. אָנוּ קְהָלֶדּ וְאַתָּה הְלְקֵנוּ אָנוּ נַחֲלָתֶדּ וְאַתָּה גוֹרָלֵנוּ. אָנוּ צְאַלֶּדְ וְאַתָּה רוֹעֵנוּ. אָנוּ כַרְמֶדּ וְאַתָּה נוֹטְרֵנוּ. אָנוּ פְאַלֶּתֶדּ וְאַתָּה יוֹצְרֵנוּ. אָנוּ רַעְיָתֶדְּ וְאַתָּה דוֹדֵנוּ. אָנוּ סְגֻלֶּתֶדְ וְאַתָּה מְאְמִירֵנוּ. אָנוּ עַמֶּדְ וְאַתָּה מַלְכֵּנוּ. אָנוּ מַאֲמִירֶידּ וְאַתָּה מַאֲמִירֵנוּ.

Ki anu amecha v'atah Eloheinu, anu vanecha v'atah avinu Anu avadecha v'atah adoneinu, anu k'halecha v'atah chelkeinu Anu nachalatecha v'atah goraleinu, anu tzonecha v'atah ro'einu Anu charmecha v'atah notreinu, anu f'ulatecha v'atah yotzreinu Anu rayatecha v'atah dodeinu, anu s'gulatecha v'atah k'roveinu Anu amecha v'atah malkeinu, anu ma'amirecha v'atah ma'amireinu We are Your people and You are our God. We are Your children and You give us life. We are Your servants and You are our master. We are Your congregation and You are our only One.

We are Your heritage and You are our destiny. We are Your flock and You are our shepherd. We are Your vineyard and You are our protector. We are Your creatures and You are our Creator. We are Your companions and You are our beloved. We are Your treasure and You delight in us. We are Your people, You are our sovereign. We solely acknowledge You and You bestow favor upon us.

Ashamnu

On Yom Kippur each person is bidden to raise a fist in protest against all that is wrong in the world; however, the first of protest is not raised against the world or any of its suffering inhabitants, be they good or evil. Rather, the fist of protest is lowered to one's own heart in the realization that the mending of the world - tikkun olam - begins there.

Temple Chai

אָשַׁמְנוּ. בָּגַדְנוּ. גָּזַלְנוּ. דְבַּרְנוּ דֹפִי: הֶעֶוִינוּ. וְהִרְשַׁעְנוּ. זַדְנוּ. חָמַסְנוּ. טָפַלְנוּ שֶׁקֶר: יָעַצְנוּ רַע. כָּזַּבְנוּ. לַצְנוּ. מָרַדְנוּ. נִאַצְנוּ. סָרַרְנוּ. עָוִינוּ. פָּשַׁעְנוּ. צָרַרְנוּ. קשִׁינוּ עֹרֶף: רָשַׁעְנוּ. שִׁחַתְנוּ. תִּעַבְנוּ. תָּעִינוּ. תִּעְתָּעְנוּ:

Ashamnu. Bagadnu. Gazalnu. Dibarnu dofi. He'evinu. V'hirshanu. Zadnu. Chamasnu. Tafalnu sheker. Ya'atznu ra. Kizavnu. Latznu. Maradnu. Ni'atznu. Sararnu. Avinu. Pashanu. Tzararnu. Kishinu oref. Rashanu. Shichatnu. Ti'avnu. Ta'inu. Titanu.

We have acted wrongly, We have been untrue, And we have gained unlawfully And have defamed We have harmed others, We have wrought injustice, We have zealously transgressed, And we have hurt And have told lies. We have improperly advised, and we have covered up the truth, and we have laughed in scorn. We have misused responsibility And have neglected others And have stubbornly rebelled. We have offended.

We have perverted justice, We have stirred up enmity, And we have kept ourselves from change. We have reached out to evil. We have shamelessly corrupted And we have treated others with disdain. Yes, we have thrown ourselves off course, And we have tempted and misled.

-Translation from Siddur Kol Haneshamah

V-ahl Kulam

V-ahl kulam, Eloah slichot, s'lach lanu, m'chal lanu, kapehr lanu

May all we do this day, return us to the way; forgiving and healing, releasing us anew

Avinu Malkeinu

אַבִינוּ מַלְכֵּנוּ חַנֵּנוּ וַעַנֵנוּ כִּי אֵין בָּנוּ מַעַשִים עַשָּה עִמָּנוּ צִדָּקָה וַחֱסֶד וְהוֹשִּיעַנוּ:

Avinu malkeinu, chaneinu va'aneinu, ki ein banu ma-asim. Asei imanu tzedaka vachesed, v'hoshi'einu.

Our source, our sovereign, be gracious with us and respond to us, for we have no deeds to justify us; deal with us in righteousness and love, and save us now.

אַבִינוּ מַלְכֵּנוּ, חַטֵּאנוּ לְפַנֵיךּ:

Avinu malkeinu, chatanu lefanecha.

Source of life, sovereign of the universe, we have done wrong in Your presence.

אָבִינוּ מַלְכָּנוּ, אֵין לָנוּ מֶלֶדְ אֶלָּא אָתָה:

Avinu malkeinu, ein lanu melech eileh atah.

Our source, our sovereign, we have no one to rule over us but You.

ּאָבְינוּ מַלְכָּנוּ, עֲשֵׂה עִמֶּנוּ לְמַעַן שְׁמֶּף:

Avinu malkeinu, aseih imanu lema'an shemecha.

Our source, our sovereign, help us for the honor of Your name.

אָבִינוּ מַלְכֵּנוּ, חַדֵּשׁ עָלִינוּ שָׁנָה טוֹבָה:

Avinu malkeinu, chadesh aleinu shanah tovah.

Our source, our sovereign, renew for us a good year.

אַבִינוּ מַלְכֵּנוּ, הַפֶּר עֲצַת אוֹיְבֵינוּ:

Avinu malkeinu, hafer atzat oy'veinu.

Our source, our sovereign, nullify the plans of any who may seek to do us harm.

Avinu malkeinu, s'lach umechal l'chol avonoteinu.

Our source, our sovereign, grant forgiveness and atonement for all of our transgressions.

Avinu malkeinu, hachazireinu bit'shuvah shleimah l'fanecha.

Our source, our sovereign, help us to return wholeheartedly into Your presence.

Avinu malkeinu, sh'lach refuah shleimah l'cholim.

Our source, our sovereign, send complete healing to all those who ail.

Avinu malkeinu, kotveinu b'seifer chayim tovim.

Our source, our sovereign, inscribe us for good fortune in the Book of Life.

Avinu malkeinu, kotveinu b'seifer ge'ulah vishuah.

Our source, our sovereign, inscribe us in the Book of Redemption and Salvation.

Avinu malkeinu, kotveinu b'seifer parnasah v'chalkalah.

Our source, our sovereign, inscribe us in the Book of Sustenance and Livelihood.

Avinu malkeinu, kotveinu b'seifer z'chuyot.

Our source, our sovereign, inscribe us in the book of Merit.

Avinu malkeinu, kotveinu b'seifer s'lichah um'chilah.

Our source, our sovereign, inscribe us in the Book of Forgiveness and Atonement.

Avinu malkeinu, hatzmach lanu y'shu'ah b'karov.

Our source, our sovereign, let grow for us the tree of imminent redemption.

Avinu malkeinu, zachor ki afar anachnu.

Our source, our sovereign, remember us, though we are made of dust.

Avinu malkeinu, chamol aleinu v'al olaleinu v'tapeinu.

Our source, our sovereign, be merciful to us and to all our offspring.

Avinu malkeinu, aseih l'ma'an harugim al sheim kodshecha.

Our source, our sovereign, act in memory of all those who have been killed while honoring Your name.

Avinu malkeinu, aseih l'ma'an shimcha hagadol hagibor v'hanora shenikra aleinu.

Our source, our sovereign, act in honor of Your great and mighty, awe-inspiring name, which has been called out over us for our protection.

(All sing):

אָבִינוּ מַלְכֵּנוּ חָנָנוּ וַעֲנָנוּ כִּי אֵין בָּנוּ מַעֲשִׂים עֲשֵׂה עִמְּנוּ צְדָקָה וָחֶסֶד וְהוֹשִׁיעֵנוּ:

Avinu Malkeynu, cho-neynu va-aneynu, Avinu Malkeynu, cho-neynu va-aneynu, ki eyn banu ma-asim. Aseh imanu tzedakah va-chesed, aseh imanu tzedakah va-chesed v'hoshieynu.

Oh, Mother and Father of Life,
please hear us and give us Your grace,
our Guide deep within us, please hear us and give us
compassion and mercy and peace.
O guide us through Your grace, justice and mercy to all,
O guide us and teach us, grant justice and mercy,
we shall be free once again.

Avinu malkeynu...

Shnirele Perele

Shnirele perele gilderne fon meshiekh ben dovid zist oybn on halt a beckher in der rekhter hant makht a brockhe afn gantsn land. Oi, omeyn veomen dos iz vor meshiekh vet kumen hayntiks yor.

Vet er kumen tsu forn veln zayn gute yorn vet er kumen tsu raytn veln zayn gute tsaytn vet er kumen tsu geyn veln di yidn in Eretz Yisroyl aynshteyn.

Ribbons, pearls, flag of gold, Mashiach ben David sits on high, Raises a wine-cup in his right hand And gives his blessing upon *every* land. Ameyn, ameyn, this is true and clear --The Mashiach will come this very year.

שְׁמַע יִשְׂרָאֵל, יְהֹנָה אֱלֹהֵינוּ, יְהֹנָה אֶחָד.

(Once): Shema Yisrael, Adonai Eloheinu, Adonai echad.

Listen, Israel - the Eternal is God, the Eternal is one.

בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד.

(3x): Baruch sheim k'vod malchuto le'olam va'ed.

Blessed is the name and glory of God's realm, forever.

יָהנָה הוּא הָאֱלֹהִים!

(7x): Adonai hu HaElohim!

The Eternal is God!

תִקִיעָה גְדוֹלָה

(Final Shofar blowing): Tekiah gedolah

Havdalah

Baruch atah Adonai Eloheinu melech ha'olam borei pri hagafen Blessed are You, Eternal, Sovereign of the Universe, who creates the fruit of the vine.

Baruch atah Adonai Eloheinu melech ha'olam borei minei v'samim Blessed are You, Eternal, Sovereign of the Universe, who creates all kinds of spices.

בַּרוּדְ אַתָּה יִהֹוָה אֱלֹהֵינוּ מֶלֶדְ הָעוֹלֶם, בּוֹרֵא מְאוֹרֵי הָאֵשׁ

Baruch atah Adonai Eloheinu melech ha'olam borei me'orei ha'eish Blessed are You, Eternal, Sovereign of the Universe, who creates the light of the flame.

בָּרוּדְ אַתָּה יְהֹוָה אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם, הַמַּבְדִּיל בֵּין קֹדֶשׁ לְחוֹל

Baruch atah Adonai Eloheinu melech ha'olam hamavdil ben kodesh l'chol. Blessed are You, God, Sovereign of the Universe, who separates the sacred from the ordinary.

שַנַה טוֹבַה!

Shanah tovah!

A good year, a year of peace, may gladness reign and joy increase.

Eliyahu hanavi, Eliyahu hatishbi, Eliyahu hagiladi. Bimheirah v'yameinu, yavo eileinu, im mashiach ben David.

May the Prophet Elijah come soon!

HaMotzi

בָּרוּדְ אַתָּה יְהֹוָה אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם, הַמּוֹצִיא לֶחֶם מִן הָאָרֶץ

Baruch atah Adonai Eloheinu melech ha'olam, hamotzi lechem min ha'aretz. Blessed are You, our God, sovereign of the universe, who brings forth bread from the earth.

Alternative Readings

for the Amidah or other Inspiration for prayer

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Modim Anachnu Lach from Mishkan T'filah

For the expanding grandeur of Creation,

Worlds known and unknown, galaxies beyond galaxies,

Filling us with awe and challenging our imaginations,

Modim anachnu lach.

For this fragile planet earth, its times and tides, its sunsets and seasons,

Modim anachnu lach.

For the joy of human life, its wonders and surprises, its hopes and achievements,

Modim anachnu lach.

For human community, our common past and future hope,

Our oneness transcending all separation, our capacity to work

For peace and justice in the midst of hostility and oppression,

Modim anachnu lach.

For high hopes and noble causes, for faith without fanaticism,

For understanding of views not shared,

Modim anachnu lach.

For all who have labored and suffered for a fairer world,

Who have lived so that others might live in dignity and freedom,

Modim anachnu lach.

For human liberties and sacred rites:

For opportunities to change and grow, to affirm and choose,

Modim anachnu lach.

We pray that we may live not by our fears but by our hopes,

Not by our words but by our deeds.

Blessed are You, Eternal One: Your name is Goodness, and You are worthy of

thanksgiving.

Baruch atah, Adonai, hatov shimcha ul'cha na'eh l'hodot.

A Kavannah for Amidah by Rabbi Sheila Peltz Weinberg

The introductory words (Psalms 51:17) of the Amidah contain paradox of divine and human power. Our ability to be whole, upright, free, and fully alive grows as we acknowledge and appreciate an infinitely higher source of power in the universe. This allows us to be receptive. By acknowledging our human vulnerability, we open our hearts to the support, compassion and faithfulness available around us.

All Wickedness will disappear: A story from Babylonian Talmud Brachot

There were once some lawless men who caused Rabbi Meir a great deal of trouble. Rabbi Meir accordingly prayed that they should die. His wife, Beruriah, said to him, "how can you think that such a prayer is permitted?... When sin ceases there shall be no more wicked people. Therefor pray for them that they turn from their ways, and there will be no more wicked people." Then he prayed on their behalf.

A Contemplation for Those Who Do Not Define Their Belief As a Belief in God

I know that the world is a place of contradiction. If I did not, why would I, one who does not define myself as a believer in God, come here today to pray with my fellow-people? It is to be with them that I have come, it is because I believe in them, in us, and in what we can create and in what we can destroy that I am driven here out of a feeling of need to be with and worship with them. If it were merely out of habit or out of guilt, I should quickly abandon this practice.

Although every day is a day for appreciating the wonder of the world, although every day is a day for fighting the good fight to perfect the world, although every day is a day to meditate and to struggle, we also need times set aside to come together as a community and to pause and celebrate our struggles and meditations.

At this moment, I am gathered here with others saying prayers apparently addressed to a transcendent God. Every day of my life I employ traditions of speech which at the same time reflect and yet do not reflect the reality I understand before me. In the morning I say, "the sun rises," and at evening I say, "the sun sets." knowing very well that the sun neither sets nor rises, and that it is the earth which is rotating. I use these words nevertheless, because they describe the feelings of dawn and dusk.

In the same way, I can still pray to the Eternal Power of our parents in the Amidah, because no matter how mistaken (from my particular point of view) was the content of Abraham and Sarah's belief, I yet appreciate the power of their belief and what it accomplished through time.

And I cannot consider myself superior to those who call their belief a belief in God just because they believe m something without proof. Even though I do not define my belief as they do, that does not mean that what I do believe in is any more probable and requires any less a leap of faith.

That is because I may be making an even greater leap of faith than they are. After all, I believe in people, and I act as if we have a hope for the future; and during a time of possible nuclear annihilation, such a belief may have even less foundation than a belief in God.

And so this day I will allow myself to say that the sun sets and rises and allow myself to say "YAH" and "Shehinah" not because they are the real things of the universe, but because they are real symbols of eternal powers in which the universe is one, and because these names reflect the feelings of awe generated by the contemplation of the infinite and of the infinitesimal, feelings generated in contemplation of the infinite and of the interaction with the cosmos, with people, with art, and with history which is yet ours to make or to end.

Rabbi David J. Cooper

Amidah: On Our Feet We Speak to You by Marge Piercy

We rise to speak a web of bodies aligned like notes of music.

Bless what brought us through the sea and the fire; we are caught in history like whales in polar ice. Yet you have taught us to push against the walls,

to reach out and pull each other along, to strive to find the way through if there is no way around, to go on. To utter ourselves with every breath

against the constriction of fear, to know ourselves as the body born from Abraham and Sarah, born out of rock and desert. We reach back though two hundred arches of hips

long dust, carrying their memories inside us to live again in our life, Isaac and Rebecca, Rachel, Jacob, and Leah. We say words shaped by ancient use like steps worn into rock.

Bless the quiet of sleep easing over the ravaged body, who quiets the troubled waters of the mind to a pool in which shines the placid broad face of the moon.

Bless the teaching of how to open in love so all the doors and windows of the body swing wide on their rusty hinges and we give ourselves with both hands.

Bless what stirs us in compassion for the hunger of the chickadee in the storm starving for seeds we can carry out, the wounded cat wailing in the alley,

what shows us our face in a stranger, who teaches us what we clutch shrivels but what we give goes off in the world carrying bread to people not yet born.

Bless the gift of memory that breaks unbidden, released from a flower or a cup of tea so the dead move like rain through the room.

Bless what forces us to invent goodness every morning and what never frees us from the cost of knowledge, which is to act on what we know again and again. All living are one and holy, let us remember As we eat, as we work, as we walk and drive. All living are one and holy, we must make ourselves worthy. We must act out justice and mercy and healing as the sun rises and as the sun sets, as the moon rises and the stars wheel above us, we must repair goodness.

We will try to be holy,
We will try to repair the world given us to hand on.
Precious is this treasure of words and knowledge and deeds that moves inside us,
Holy is the hand that works for peace and for justice,
Holy is the mouth that speaks for goodness holy is the foot that walks towards mercy.

Let us lift each other on our shoulders and carry each other along. Let holiness move in us.

Let us pay attention to its small voice,

Let us see the light in others and honor that light.

Remember the dead who paid our way here dearly, dearly and remember the unborn for whom we build our houses.

Praise the light that shines before us, through us, after us. Amein

Autumn by Yevgeny Yevtushenko

Inside me the season is autumn
The chill is in me, you can see through me,
And I am sad, but not altogether cheerless
And filled with humility and goodness.

But if I rage sometimes then I am the one whose rage is shedding my leaves, and the simple thought comes sadly to me that raging isn't really what is needed.

The main need is that I should be able to see myself and the struggling, shocked world in autumnal nakedness, when even you, and the world, can be seen right through.

Flashes of insight are the children of silence. It doesn't matter, if we don't rage aloud. We must calmly cast off all mere noise In the name of the new foliage.

Something has apparently happened to me, And I am relying on nothing but silence, When the leaves laying themselves on on another Inaudibly become the earth.

And you can see it all, as if from a height, When you can shed your leaves at the right time When without passion inner autumn Lays its airy fingers on your forehead...

How to Pray While the World Burns by Hila Ratzabi

Go outside.

Find a patch of grass, sand, dirt. Sit, kneel, place a hand or just A finger to the soft earth. Feel it pulse back.

Open your palms and divine
The words creased between.
Rub the specks of dirt
Between your fingers,
See how they cling to skin,
How they listen in their soft-rough way.

The earth will hold you better Than God can.
God could not stop the bullets
Or the sale of weapons.
God could not block the open
Synagogue doors.

But we keep saying, Shema,

Listen.

Israel.

Our God is One.

Singular.

Invisible.

Hiding in plain sight.

But listen, Israel, our God is beneath

Our feet, between

Our fingers, coursing

Through our veins.

Our God is trapped

In the poisoned grass,

Where the blood of our brothers cries out,

Where the ants heave centuries on their backs.

Pray to the God who sharpened the tiger's teeth, Who stored the roar in its throat.
Pray to the God who gave you lungs and tongue To sing and groan and hum.

I swear to you

When the leaf shivers in the wind

You have given it chills From all its listening.

The earth hears your prayer.
There is nowhere for God to hide.
Get down on your knees and let
This precious earth soften for the weight of you.

You are held.
You are heard.
The wind pulls its blanket over your back,
Smooths the hair from your face,
Touches your cheek
With its cool, trembling hands.

A Sewn Amidah by Lisa Lynn Vendeland

Each stitch is a name, a voice, a memory, a mitzvah of old;

Each stitch connects them with me and me with mine,

Each stitch securing us in the fabric of life.

Each stitch, Holy, Holy, Holy;

Each stitch calling the Angels, who call to more,

"Come see the Holy One praised in the stitches."

Each stitch piecing together a picture of where the next stitch will lead.

Each stitch turning back and forth; stopping where it is meant to be.

Each stitch no matter how small, how loosened, can be repaired.

Each stitch releasing stitches that have bound, separating instead of joining.

Each stitch repairing the body, the heart, the spirit; finding holes needing repair.

Each stitch placed in its proper time and place; sustaining the woven web.

Each stitch drawing the scattered fabrics in to the whole.

Each stitch loyal to the ones before it, judging its place in relationship to the pattern,

Each stitch making humble those that would damage the weave.

Each stitch connecting to the East, free of oppression and fear.

Each stitch counts, as if it were the only one; the finished piece depending only on it.

Each stitch a prayer, a call; connecting all other stitches to the hand of the tailor.

Each stitch placed with joy to serve the Holy One.

Each stitch placed in thanksgiving for the miracle of its existence in the construction,

Each stitch a moment in a time of peace, a time of beauty, a time that touches,

Each stitch.

Amen

Aug 21- by adrienne marie brown

laying in the dark counting heroes and saviors

praying up farmers
pray up prisoners
who fight fires when healthy
but caught the virus

pray up the teachers forced to watch their dear students for symptoms and signs

pray up the nurses and doctors who toil, tired no respite in sight

pray up the parents meditating thru kid-screams loving thru danger

pray up the artists creating for us laughter, dreams, threading forward

bless organizers beaming light and direction from here to justice

this is how I sleep counting gratitude and hearts beating, surviving

aren't we a wonder harnessing a tomorrow we won't surrender

Night and the River by Mary Oliver

I have seen the great feet

leaping

into the river

and I have seen moonlight

milky

along the long muzzle

and I have seen the body

of something

scaled and wonderful

slumped in the sudden fire of its mouth,

and I could not tell

which fit me

more comfortably, the power,

or the powerlessness;

neither would have me

entirely; I was divided,

consumed,

by sympathy,

pity, admiration.

After a while

it was done.

the fish had vanished, the bear

lumped away

to the green shore

and into the trees. And then there was only

this story.

It followed me home

and entered my house-

a difficult guest

with a single tune

which it hums all day and through the night-

slowly or briskly,

it doesn't matter,

it sounds like a river leaping and falling;

it sounds like a body

falling apart.

A Queer Amidah by Andrew Ramer (excerpts)

Standing before You

God of all that is

we remember

that before You created the heavens and the earth

You were One and all was one.

Before you separated light from dark,

making day and night

You were One

And time was one.

Before You divided the waters above from the waters beneath,

You were One

and space was one.

And we remember

that before You created male and female in your image

You were One

and we were one.

God of Oneness

infinite, eternal

How queer of You to have created anything at all.

God of queerness

in whom are united all separations

we stand before You now

queer ourselves,

made of heaven and earth,

day and night

female and male,

together

all of us

within Your awesome holy Oneness.

One person you made, God in Your image, female and male

undivided

as male and female

are undivided in You

blended, united.

And together

in our many different ways

we express our innate fruitfulness

varied as the colors of Your rainbow

refractions of one sacred light

we join together in community

united in heartfelt prayer

in awe of your creation

and its manifest paradoxes.

For you have said to us through one of Your ancient prophets: My house Shall be a house of prayer For all peoples ISAIAH 56:7

And so we stand together in this earthly house moving into silence awesome and holy hoping to find You.

Amen.

Amidah for Peace, Justice, and Immigration

Rabbi Elliott Tepperman

Avot

God of our ancestors. God of immigrants. God of refugees. We are border crossers. We tie our fate with You who cannot be contained by customs offices. You who requires no passport

Gevurot

You are the power that nurtures, You support the fallen, You free the captive, You give faith to those who sleep in the dust.

Kedushah

We call out to each other, We turn in every direction, Your holy image is the face of every human

Binah

Help us to act with understanding

Teshuvah

Return us again and again to your service

Selikhah

Forgive us for retreating to our own comfort, Forgive us for not taking responsibility, Forgive us for letting little fears stop us from helping with compassion.

Ge′ulah

Release us from captivity, Release us from persecution, Release us from misfortune, Help us to heal when rational arguments are insufficient.

Refuah

Heal the suffering that causes people to flee their homes.

Birkat Ha-shanim

All Bountiful one let every person live with abundance.

Kibutz Galuyot

Blast the great shofar for freedom Gather in all those in exile!

Din

Restore justice with love and compassion.

Birkat Haminim

Let all wickedness be lost.

Tzadikim

Protect all the righteous people fleeing war and fleeing poverty. Be with those seeking safety and seeking security.

Binyan Yerushalayim

Build everlasting peace in Jerusalem.

Yeshu'ahYeshu'ah

Plant your help in every land.

Kabbalat Tefillah

Hear our voice! Hear the voice of refugees Hear the voice of immigrants Help us hear your voice

Avodah

Take pleasure YHVH in our work. Lovingly accept our prayer.

Hoda'ah

Modim anakhnu lach We give thanks to you

Birkat Shalom

Sing Oseh Shalom

These words introduce the current legislative agenda of the Movement for Black Lives. You can find the full proposal at breatheact.org.

WHAT IS THE BREATHE ACT?

Imagine schools free of police and full of trained counselors and restorative-justice programs, where all our children are kept safe and their needs are met.

Imagine easy access to trained, trauma-informed interventionists who can be called on in domestic-violence situations and who are equipped to facilitate long-term safety, healing, and prevention.

Imagine **911** operators dispatching unarmed mental-health experts instead of police in situations involving behavioral health crises, and callers being allowed to request responders that connect to the gender identity of the person in crisis.